

WHITEHORSE COMMUNITY HOUSES

COMBINED LISTING TERM 1, 2019



Whitehorse Community Houses
Courses and Activities Term 1, 2019

COURSE	DAY	TIME	DURATION	VENUE
Active and Fit	Tuesdays	2.00pm -3.00pm	9 weeks	Avenue
Adult Literacy - Basic Reading & Writing	Thursdays	6.15pm - 8.45pm	ongoing	Avenue
A.C.E. Program	Tuesdays	10.00am - 3.00pm	ongoing	Avenue
Android tablet class	Wednesdays	10.30am - 12 noon	6 weeks	Avenue
Avenue Writers' Group	Fridays	10.00am - 12.00 noon	ongoing	Avenue
Bingo	Thursdays	1.00pm - 2.30pm	ongoing	Avenue
Card & gift tag making	Friday 31st May	10am - 12noon	2 hours	Avenue
Card Games - 500	Fridays	1.00pm - 3.00pm	10 weeks	Avenue
Card Games - Hand & Foot	Fridays	12.30pm - 3.00pm	10 weeks	Avenue
Certificates in General Education	Monday - Thursday	Contact the House	9808 2000	Avenue
Certificates in Transition Education	Monday - Thursday	Contact the House	9808 2000	Avenue
Chat & Chew	Tuesdays	9.30am - 12.30pm	ongoing	Avenue
Childcare (Early Learning - Pre Kinder Gr	Monday	Contact the House	9808 2000	Avenue
Childcare (Occasional)	Tuesday to Friday	9.00am - 3.00pm	ongoing	Avenue
Collage	Friday 17th May	10am - 12noon	2 hours	Avenue
Computer Courses - Intermediate	Fridays	1.00pm - 3.30pm	9 weeks	Avenue
Computer Courses - Programming for Yo	Saturdays	Contact the House	9808 2000	Avenue
Computer Lessons - iPads, Smartphones	lessons	Contact the House	9808 2000	Avenue
Create a Life You Love - Workshop	Sun 31 March	10.00am - 4.00pm	6 hours	Avenue
Eley Park Artists	Wednesdays	9.30am - 12.30pm	10 weeks	Avenue
Enabling Art (for people with a disability)	Mon, Wed	Contact the House	9808 2000	Avenue
Flash Photography (an introduction)	Monday 20 & 27 May 2019	7.30pm - 8.30pm	2 weeks	Avenue
Flower Arranging	Sunday 5th May	11am - 12noon	1 hour	Avenue
Garden Show Excursion	Friday 29th March 2019	Contact the House	9808 2000	Avenue
Gunna Club (Senior Citizens Social Group)	Wednesdays	1.00pm - 3.00pm	10 weeks	Avenue
Ikebana Flower Arranging	Sunday 5th May	11am - 12noon	1 hour	Avenue
Indoor Bowls	Mondays	12.30pm - 3.30pm	ongoing	Avenue
Introduction to Flash Photography	Monday 20 & 27 May 2019	7.30pm - 8.30pm	2 weeks	Avenue
iPad class	Wednesdays	10.30am - 12 noon	6 weeks	Avenue
iPad Skills (for people with a disability)	Tuesdays	Contact the House	9808 2000	Avenue
Italian (Ongoing)	Tuesdays	1.00pm - 3.00pm	9 weeks	Avenue
Italian for Travellers	30 March 2019	12.30 - 4.30pm	8 hours	Avenue
Let's Cook (Monday Lunch Cooking Group)	Mondays	10.30am - 1.00pm	8 weeks	Avenue
Let's Cook (Wednesday Lunch Cooking Group)	Wednesdays	10.30am - 1.00pm	9 weeks	Avenue
Life Skills Program	Mondays, Wednesdays, Thursdays	10.00am - 2.30pm	ongoing	Avenue
Line Dancing (Beginners & Intermediate)	Thursday Evening	7.00pm - 9.00pm	ongoing	Avenue
Mahjong - Western Style	Tuesdays	12.30pm -3.30pm	9 weeks	Avenue
Managing Your Photos on Your iPad, iPhone	Wednesdays	10.30am - 12 noon	6 weeks	Avenue
Master your smart phone, iPad and Android	Wednesdays	10.30am - 12 noon	6 weeks	Avenue
Meditation - A Way of Peace	Thursdays	6.30pm - 7.30pm	9808 2000	Avenue
Meditation - Don't Worry be Happy	Fridays	12.45pm - 1.45 pm	10 weeks	Avenue
Mediterranean Cooking	Expressions of Interest	Contact the House	9808 2000	Avenue
NDIS and NDIA Suitable Programs - Various	Monday to Friday	Contact the House	9808 2000	Avenue
Origami	Friday 3rd May	10am - 12noon	2 hours	Avenue
Paper craft - Card & gift tag making	Friday 31st May	10am - 12noon	2 hours	Avenue
Paper craft - Collage	Friday 17th May	10am - 12noon	2 hours	Avenue
Paper craft - Origami	Friday 3rd May	10am - 12noon	2 hours	Avenue
Pilates (Evening Class)	Wednesdays	6.45pm - 7.45pm	10 weeks	Avenue
Poets Corner	Thursdays	11.30am - 1.30pm	8 weeks	Avenue
Quilting - Introduction	Wednesdays	7.30pm - 9.30pm	6 weeks	Avenue
Refresh - Youth Learning	ondays to Thursda	9.30am - 2.30pm	ongoing	Avenue

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Reloved Boro Quilting - Introduction	Wednesdays	7.30pm - 9.30pm	6 weeks	Avenue
Scrabble	Fridays	12.30pm - 3.30pm	10 weeks	Avenue
COURSE	DAY	TIME	DURATION	VENUE
Sketching With Realism	Fridays	9.30am - 12.00 noon	10 weeks	Avenue
Smart phone class	Wednesdays	10.30am - 12 noon	6 weeks	Avenue
Strong People Stay Young	Fridays	9.15am -10.15am	10 weeks	Avenue
Strong People Stay Young	Mondays	3.00pm - 4.00pm	8 weeks	Avenue
TAPfit Exercise Class	Fridays	2.00pm - 3.00pm	9 weeks	Avenue
Textile Craft - Creating jewellery & soft to	Expressions of Interest	Contact the House	9808 2000	Avenue
Travel Photography - Tips & Tricks	Monday 18 & 25 March 2019	7.30pm - 8.30pm	2 weeks	Avenue
Ukulele (Beginners)	Thursdays	2.45pm - 3.45pm	10 weeks	Avenue
Ukulele (Continuing)	Thursdays	1.30pm - 2.30pm	10 weeks	Avenue
What Are You Eating ? - Local Supermar	Expressions of	Contact the House	9808 2000	Avenue
Yoga Friday Morning	Fridays	9.30am - 10.30am	10 weeks	Avenue
Yoga Friday Morning	Fridays	11.00am - 12.00 noon	10 weeks	Avenue
Yoga Saturday Morning	Saturdays	9.30am - 10.30am	10 weeks	Avenue
Yoga Tuesday Evening	Tuesdays	6.45pm - 7.45pm	9 weeks	Avenue
Yoga with Mandarin/Cantonese Speaking	Thursdays	10.30am - 11.30am	6 weeks	Avenue
Zumba	Wednesdays	7.00pm - 8.00pm	10 weeks	Avenue
Children's Writers' Group	Mondays	7.30pm - 9.30pm	monthly	Avenue
Crochet, Knitting & Fancy Work	Tuesdays	9.45am - 11.45am	9 weeks	Avenue
Eley Park Café - Hospitality skills for peo	Fridays	10.00am - 1.30pm	10 weeks	Avenue
Merry Melodies (Sing-A-Long)	Thursdays	10.30am - 11.30am	fortnightly	Avenue
Strong People Stay Young	Fridays	10.30am - 11.30am	10 weeks	Avenue
Abbey Girls of Victoria	Sat	11.00am - 5.00pm	2/2, 6/4	Bennettswood
Art Classes - Drawing & Watercolour Pai	Wed	1.30pm - 3.30pm	Term	Bennettswood
Asian Cooking	Fri	11.30am - 1.30pm	1/3, 22/3	Bennettswood
Balloon Art	Thurs	Various	Bookings by arrangement	Bennettswood
Balloonology - Advanced	Thurs	1.00 - 3.00pm	28th February	Bennettswood
Balloonology - Advanced	Thurs	7.00pm - 9.00pm	28th February	Bennettswood
Balloonology - Beginners	Thurs	1.00 - 3.00pm	21st February	Bennettswood
Balloonology - Beginners	Thurs	7.00pm - 9.00pm	21st February	Bennettswood
Bollywood Indian Dancing	By arrangement	5.30 - 6.30pm	Ongoing	Bennettswood
Books - Read & Borrow	Mon-Fri	9.15am - 2.15pm	Term	Bennettswood
Community Craft Group	Tues	10.00am - 12 noon	Term	Bennettswood
Community Lunches	Fri	12.30pm - 2.00pm	Term	Bennettswood
Computer & Internet One-on-one (individual)	Various	Phone to book	Term	Bennettswood
Computers - Apple MacBook	Wed	Phone to book	Term	Bennettswood
Computers - Computer & Internet	Wed	Phone to book	Term	Bennettswood
Computers - Individual Tuition	Wed	Phone to book	Term	Bennettswood
Computers - iPad & Mobile Devices	Wed	Phone to book	Term	Bennettswood
Computers - Microsoft Office	Wed	Phone to book	Term	Bennettswood
Computers - WordPress (website develop	Wed	Phone to book	Term	Bennettswood
Cooking - Asian Cooking Demonstration	Fri	11.30am - 1.30pm	1/3, 22/3	Bennettswood
Cooking - Turkish Cooking	Fri	7-9pm	22nd Feb	Bennettswood
Craft - Community Craft (Knitting for the I	Tues	10.00am - 12 noon	Term	Bennettswood
Crochet (Community Craft)	Tues	10.00am - 12pm	Term	Bennettswood
Dad's Group	By arrangement	Phone for information	Term	Bennettswood
Dancing - English Country	Tues	8.00pm - 10.30pm	Ongoing	Bennettswood
Dancing - Indian (Classical & Bollywood)	By arrangement	5.30 - 6.30pm	Ongoing	Bennettswood
Drawing & Watercolour Painting	Wed	1.30pm - 3.30pm	Term	Bennettswood
Dressmaking & Sewing	Tues	1:00 pm - 4:00 pm	Term	Bennettswood
English Country Dancing	Tues	8.00pm - 10.30pm	Ongoing	Bennettswood
Exercise to Music (for Older Adults)	Thurs	1 - 2pm	Term	Bennettswood
Facebook Ads	Wed	Phone to book	Term	Bennettswood
Facebook for Beginners	Wed	Phone to book	Term	Bennettswood
Fathers Group	By arrangement	Phone for information	Term	Bennettswood
Felting - Felted Scarf or Shawl/Wrap	Sat	9.30am - 4.30pm	2nd March	Bennettswood
Gentle Exercises to Music for Older Adult	Thurs	1 - 2pm	Term	Bennettswood
Guitar for Grown Ups (Over 19)	By arrangement	Phone for information	Term	Bennettswood

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Guitar for Tweens (8 - 12 year olds)	Thurs	4 - 5pm	Term	Bennettswood
Harp Group	2nd Wednesday	7.30-9.30pm	Ongoing	Bennettswood
COURSE	DAY	TIME	DURATION	VENUE
Indian Dancing (Classical & Bollywood)	By arrangement	5.30 - 6.30pm	Ongoing	Bennettswood
Instrumental Music Session	1st Wed	7.30 - 9.30pm	1st Wed in month (not January)	Bennettswood
iPad / Tablet Basics - one-on-one tuition	Wed	Phone to book	Term	Bennettswood
Knitting (Community Craft)	Tues	10.00am - 12pm	Term	Bennettswood
Knitting for the Needy (Community Craft)	Tues	10am - 12pm	Term	Bennettswood
Language - Chinese (Children)	Thu	4 - 6pm	Term	Bennettswood
Lunch - Community Lunch	Fri	12.30pm - 2.00pm	Term	Bennettswood
Lunch Club - Community Lunch	Fri	12.30pm - 2.00pm	Term	Bennettswood
Mah-jong	Wed	1 - 3.30pm	Ongoing	Bennettswood
Meeting rooms	Wed	@bennettswoodnh.org	Term	Bennettswood
Mobile Computing - IOS & Android devices	Wed	Phone to book	Term	Bennettswood
Mobile Phone Basics	Wed	Phone to book	Term	Bennettswood
Mothers' Groups	By arrangement	@bennettswoodnh.org	Term	Bennettswood
Mums Biz Club (Motivating Mum)	1st Thursday	@bennettswoodnh.org	Term	Bennettswood
Music - BAMS Bennettswood Acoustic Music	1st Wed	7.30 - 9.30pm	1st Wed in month (not January)	Bennettswood
Music - Harp lessons	By arrangement	@bennettswoodnh.org	Term	Bennettswood
Music - Singing & Ukulele	Mon	11.30am - 12.45pm	Term	Bennettswood
Music- Ukulele	Tues	7 - 8pm	Term	Bennettswood
Painting - Drawing & Watercolour Painting	Wed	1.30 - 3.30pm	Term	Bennettswood
Parent & Child Groups	By arrangement	@bennettswoodnh.org	Term	Bennettswood
Party Hire (rooms)	By arrangement	@bennettswoodnh.org	Ongoing	Bennettswood
Playgroup - parent run	By arrangement	@bennettswoodnh.org	Term	Bennettswood
Room hire	By arrangement	@bennettswoodnh.org	Ongoing	Bennettswood
Scarf/Shawl/Wrap Making - Felting	Sat	9.30am - 4.30pm	2nd March	Bennettswood
Sewing - Teddy Bear Making (3 sessions)	By arrangement	@bennettswoodnh.org	Monday	Bennettswood
Sewing & Dressmaking	Tues	1 - 4pm	Term	Bennettswood
Singing Group	Mon	11.30am - 12.45pm	Term	Bennettswood
Strength Training	Mon	9.00am - 10.00am	Term	Bennettswood
Strength Training	Tue	4.30 - 5.30pm	Term	Bennettswood
Stretch class	Tues	6:15 - 7:15pm	Term	Bennettswood
Tai Chi - Yang-style	By arrangement	Phone for information	Term	Bennettswood
Tai Chi for Arthritis	Wed	9.30am - 10.30am	Term	Bennettswood
Technology Training (One-on-one)	Wed	Phone to book	Term	Bennettswood
Teddy Bear Making (3 sessions)	By arrangement	@bennettswoodnh.org	Monday	Bennettswood
Turkish Cooking	Fri	7-9pm	22nd Feb	Bennettswood
Ukulele	Tues	7 - 8pm	Term	Bennettswood
Ukulele & Singing	Mon	11.30am - 12.45pm	Term	Bennettswood
Ukulele (Beginners)	Wed	11.30am - 12.30pm	Term	Bennettswood
Venue Hire	By arrangement	@bennettswoodnh.org	Ongoing	Bennettswood
Watercolour Painting	Wed	1.30 - 3.30pm	Term	Bennettswood
Website Training (WordPress)	By arrangement	@bennettswoodnh.org	Term	Bennettswood
WordPress (website development)	By arrangement	@bennettswoodnh.org	Term	Bennettswood
Activity Group for 3-4 year olds	Mon	9.15am -12.15pm	Ongoing	Box Hill South
Bollywood Dancing	Thurs	6:00pm to 7:00pm	21/2 x 4 wks	Box Hill South
Book Club	Tues	7.30pm - 9.15pm	monthly	Box Hill South
Botanical Drawing	Wed	10.00am - 12.00pm	13/2 x 8 wks	Box Hill South
Broadband for Seniors	Various	Phone the House for details		Box Hill South
Childcare for 2 to 5 year olds	Tues & Wed	9.15 - 12.15pm	starts 5th & 6th Feb	Box Hill South
Childcare for 2 to 5 year olds	Mon	9:15 - 12:15	Starts 4th Feb	Box Hill South
Community Lunch - Soup and Sandwiches	Mon	12:30pm - 1:30pm	4/2 & 4/3	Box Hill South
Computers - Individual Lessons	Various	Phone the House for details		Box Hill South
Continuation Italian	Tues	6pm-7.30pm	on request	Box Hill South
Ebay and Gumtree workshops	Wed	7:00pm - 8:30pm	20 & 27 Mar	Box Hill South
Exercise - Strength Training (Weights)	Mon	9.00am - 10.15am	Ongoing	Box Hill South
Exercise - Strength Training (Weights)	Thurs	9.00am - 10.15am	Ongoing	Box Hill South
Exercise - Strength Training (Weights)	Thurs	10.30am - 11.45pm	Ongoing	Box Hill South
Free Public Talk - Plants that absorb pollutants	Thurs	7:00pm - 8:00pm	14-Mar	Box Hill South
French - beginners	Thurs	6.00pm - 7.30pm	14/2 x 8 wks	Box Hill South
French Continuation	Thurs	7.45pm - 9.15pm	14/2 x 8 wks	Box Hill South

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Friday Craft group	Fri	12.30pm - 3.00pm	Starts 8th Feb	Box Hill South
Garden Group Outings	Various	Phone the House for details		Box Hill South
COURSE	DAY	TIME	DURATION	VENUE
Gentle Exercise	Fri	10.15am -11.15am	Ongoing	Box Hill South
German Playgroup	Mon	10:30am - 12:00pm	Ongoing	Box Hill South
Italian Beginners	Tues	7:45pm - 9:15pm	on request	Box Hill South
Learn to Knit and Crochet	Mon	1:00pm - 2:30pm	Starts 4th Feb	Box Hill South
Lego Family Day	Sat	1:00pm - 3:00pm	16-Mar	Box Hill South
Managing your photos on your iPad/iPho	Wed	7:00pm - 8:30pm	27-Feb	Box Hill South
Meditation	Mon	1.00pm - 2.30pm	Ongoing	Box Hill South
Night Knitting/crochet/craft circle	Thurs	7:00pm - 9:00pm	14-Feb	Box Hill South
Pilates	Tues	6:15pm - 7:30pm	5/2 x 9 wks	Box Hill South
Pilates	Sat	9:00am - 10:00am	9/2 x 9 wks	Box Hill South
Protective Behaviours for Women	Thurs	1:30pm - 3:00pm	7/3 x 4 wks	Box Hill South
Spanish beginners	Thurs	11:45am - 1:15pm	on request	Box Hill South
Spanish going further	Thurs	10:00am - 11:30am	on request	Box Hill South
Tai Chi -Yang style	Thurs	11.45am-1.15pm	8/2 x 9 wks	Box Hill South
Tea in a Turkish Home	Wed	7:00pm - 9:00pm	6-Mar	Box Hill South
Ukrainian Playgroup	Tues	10.30am -12.30pm	Ongoing	Box Hill South
Urban Harvest	Sat	11:00am - 1:00pm	Monthly (3rd Saturday)	Box Hill South
Walk and Talk	Wed	2:00pm - 3:00pm	Ongoing	Box Hill South
Watercolour Painting	Mon	10:00am - 12:00pm	4/2 x 9 wks	Box Hill South
Watercolour Painting	Mon	7:30 pm - 9:30 pm	4/2 x 9 wks	Box Hill South
Watercolour Painting	Tues	7.30pm - 9.30pm	5/2 x 9 wks	Box Hill South
Writers Group	Sun	2:00pm - 4:30pm	Monthly (3rd Sunday)	Box Hill South
Yoga	Mon	7:20pm - 8:20pm	4/2 x 8 wks	Box Hill South
Yoga	Wed	6:15pm- 7:15 pm	6/2 x 8 wks	Box Hill South
Yoga - Gentle Yoga	Mon	6:15pm - 7:15pm	4/2 x8 wks	Box Hill South
Acoustics Get Together	Sat		Register your Interest	Burwood
Adult Chess Club	Thurs	10.00am-11.30am	7 Feb-4th April	Burwood
Apple Mac - Individual lessons (BYO laptop)			Bookings Essenital	Burwood
Art - Confident Drawing	Mon	1:00pm - 3:00pm	Book early	Burwood
Art Classes - Canvas	Fri		3rd Friday of Month	Burwood
ATC Tutor Education Simplified			Register your Interest	Burwood
Balance and Flexibility	Tuesdays	2.00 - 3.00pm	29th Jan - 2ne April	Burwood
Balance for Seniors			Register your Interest	Burwood
Bhangra Punjabi Dance (Bollywood)	Fri	7:30pm - 8:30pm	29 Jan -5 April	Burwood
Book club	1st Mon		Register your Interest	Burwood
Boroondara Toastmasters	1st & 3rd Thurs	7.30pm	Ongoing	Burwood
Boxing for Fitness	Tues	1.00 - 2.00pm	Register your Interest	Burwood
Burwood Bulletin Group	Meets at the House twice a term		Ongoing	Burwood
Buying & Selling			Booking Essential	Burwood
Calligraphy	Tue		Ring for details	Burwood
Card Making			Register your Interest	Burwood
Cards Social Group	Fri (f	1.00pm - 3.00pm	Register your Interest	Burwood
Coffee and Quiz	Tues	11.30am - 1.00pm	Register your Interest	Burwood
Colour, Chat & Chew		11.30am - 1.00pm	Booking Essential	Burwood
Come & Try - Social Scrabble	Wed	10.00am - 1.00pm	30-Jan	Burwood
Come & Try - Falls Prevention	Tues	2.00pm- 3.00pm	29-Jan	Burwood
Come & Try - Strength Training	Thurs	10.00am - 11.00am	31-Jan	Burwood
Come & Try - Tai Chi	Thurs	11.30am - 12.30pm	31-Jan	Burwood
Come & Try - Zumba over 40's	Fri	9.30am - 10:30am	1-Feb	Burwood
Come & Try Meditation	Mon	10:15am-11:15am	4-Feb	Burwood
Come & Try Yoga	Mon	9.05am-10.05am	4-Feb	Burwood
Community Bus Trip -	3rd Thurs of the Month	10am - approx. 3pm	Ongoing Booking Essential	Burwood
Computers - Beginners	Mon	10.00am - 12.00pm	Ring for time & dates?	Burwood
Computers - Broadband kiosk for Seniors	Mon - Fri	10.00am - 3.00pm	Booking Essential	Burwood
Computers - Intermediate MYOB	min 2hrs	Individual sessions	Booking Essential	Burwood
Computers - Intro to Computers			Booking Essential	Burwood
Computers - Intro to Excel	Fri	10.00am - 12.00pm	Ring for time & dates?	Burwood

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Computers - Intro to Internet / Email			Booking Essential	Burwood

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COURSE	DAY	TIME	DURATION	VENUE
Computers - Intro to MYOB		7.00pm - 9.00pm	Individual sessions by appointment	Burwood
Computers - Intro to Word		10.00am - 12.00pm	Individual sessions by appointment	Burwood
Computers - QuickBooks		7.00pm - 9.00pm	Individual sessions by appointment	Burwood
Cooking From Around The World Thi	Thurs		Register your interest	Burwood
Core & Flexibility			Register your Interest	Burwood
CPR &Level 2	TBA		Register your Interest	Burwood
Craftworkers Social Club / Craft Social G	Mon	11.30am - 2.00pm	1st & 3rd Thursday of Month	Burwood
Crochet			Register your Interest	Burwood
Cross Stitch Workshop	Wed	1:30pm-3:00pm	?	Burwood
eBay & Gum Tree Workshop	Thurs		Ring for time and dates	Burwood
Edit your digital photos with FOTOR	Wed	10.00am-12.00pm	27 Feb-6 March	Burwood
ESL			Phone for Details	Burwood
Excel - Introduction	Tues	10.00am - 12.00pm	Phone for Details	Burwood
Facebook			Booking Essential	Burwood
Falls Prevention	Tues	2.00pm- 3.00pm	29 Jan -5 April	Burwood
Fridends of Burwood Cemetry	Mon - Fri	variable	Ring for details	Burwood
Gardening Club	Fri	10:00am-12:00pm	Register your interest	Burwood
Getting the best from Gmail	Fri	10.00am-12.00pm	22 Feb-1 March	Burwood
Indian Vegetarian Cooking	Fri		Register your interest	Burwood
Internet Access - Free for Seniors	Weekdays	by appointment	Ongoing	Burwood
Introduction to Word	Tues	10:00am - 12:00pm	Ring for time & dates?	Burwood
iPod/ipad/ Android Training	Weekdays	Min 2hr sessions	Ring for appointment	Burwood
Italian for Beginners/Travellers	Weekdays	by appointment	8 weeks	Burwood
Jewellery/Beading	Mon		Register your interest	Burwood
Junior Scrabble	Tues	4.00pm - 5.30 pm	Register your interest	Burwood
Kettlebells			Register your interest	Burwood
Kids Chess	Thurs	5.30pm-7.30pm	5 Feb-4 April	Burwood
Knit and Chat			Ring for Details	Burwood
Knitted Knockers Australia	Mon - Fri	10.00am - 3.00pm	Drop in and support us	Burwood
Knitted Knockers Australia - craft group	Mon	11.30am - 2.00pm	1st, 3rd & 5th Mon of Month	Burwood
Knitting - beginners	Thurs		Ring for time and dates?	Burwood
Ladies Social Group	Mon	12.30pm 2.00pm	1st Monday of every Month	Burwood
Laptops/Notebooks *Bookings required	Day or Night	Min 2hr session	Ring for Details	Burwood
Learn on your own Laptop	Day & Even.	Individual sessions	Ongoing by appointment	Burwood
Lego Club	Sat	10.00am - 12.00pm	Register your Interest	Burwood
Line Dancing	Mon	2.00pm - 3.00pm	Register your Interest	Burwood
Living with Cancer Support Group	1st Fri	11.00am - 1.00pm	Monthly	Burwood
Lone Parents Social Group	4th Wed in Month	10.00am -12.00pm	Ongoing	Burwood
Lone Parents Support Group	4th Sat	1.00pm - 3.00pm	Monthly	Burwood
Low Impact Exercise	Tues		Register your Interest	Burwood
Mahjong			Register your Interest	Burwood
Mandarin for Beginners	Mon		Register your Interest	Burwood
Meditation	Mon	10:15am-11:15am	29 Jan -5 April	Burwood
Meditation	Tues	7.30pm - 8.30pm	29 Jan -5 April	Burwood
Mens Shed			Register your Interest	Burwood
Men's Social Group (card games, chess etc)	Thurs		Register your Interest	Burwood
Mixed Social Group	Thurs	12.30pm - 1.30pm	Register your Interest	Burwood
Mosaics	Mon	10.30am - 12.30pm	Register your Interest	Burwood
Mother's Group	Mon-Fri	2 Hour sessions	Ongoing	Burwood
Movie Club	Mon	12.00am-2.30pm	29 Jan -5 April	Burwood
MYOB Intro	Wed	7.00pm - 9.00pm	Ring for Details	Burwood
Neighbourhood Watch	Thurs	Every 3 to 6 Months	Ring for Details	Burwood
One-on Tuiton			Ring for Details	Burwood
Party Hire / Room or House Hire	Sat, Sun, Wed-evenings		Booking Essential	Burwood

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COURSE	DAY	TIME	DURATION	VENUE
Pilates - All Levels (Mat)	Mon	6:30pm-7:30pm	29 Jan -5 April	Burwood
Playgroup	Mon - Fri	2 Hour sessions	Ring for Details	Burwood
Playgroup - Open	Mon & Wed	10.00am - 12.00pm	Booking Essential	Burwood
Playgroup - Saturday	Sat	10.00am - 12.00pm	Ring for Details	Burwood
Public Internet Access	Mon - Fri	10.00 am - 3.00 pm	Booking Essential	Burwood
Quick Books - Computer Accounting Package			Booking Essential	Burwood
Reflexology workshops	Tues	1.00pm - 2.30pm	Booking Essential	Burwood
Ribbon Embroidery Workshop	Wed	11:30am-1:00pm	?	Burwood
Scrabble Social	Wed	10.00am - 1.00pm	29 Jan -5 April	Burwood
Seated Zumba	Fri	10.45am-11.45am	1 Feb-5 April	Burwood
Self defence	Mon - Fri		Register your int	Burwood
Seniors Internet Kiosk-	Mon - Fri	10.00am - 3pm	Booking Essential	Burwood
Small Steps Recovery Rehab Program	Mon - Fri		Register your Interest	Burwood
Smartphone Tips and Tricks	Thurs		Ring for dates/time?	Burwood
Social Walking	Wed	10.30am - 11.30am	29 Jan -5 April	Burwood
Strength Training	Thurs	10.00am - 11.00am	29 Jan -5 April	Burwood
Strength Training	Tues		Register your interest	Burwood
Structured Playgroup	Fri	10:00am-12:00pm	29 Jan -5 April	Burwood
Support Group - Breast Cancer survivors	1st Fri in month	11.00am - 1.00pm	Ongoing	Burwood
Support Group - Women starting again			Ring for Details	Burwood
Swap, Shuffle & Share (gardening)	1st Sat in month	10:00am	Ongoing	Burwood
Swing Basics			Ring for Details	Burwood
Tabata			Register your Interest	Burwood
Tablet Tips and Tricks	Thurs		Register your Interest	Burwood
Tai Chi	Thurs	11.30am - 12.30pm	29 Jan -5 April	Burwood
Tai Chi for Arthritis (chair based)	Thurs		Register your Interest	Burwood
Taking good photos with your smartphon	Wed	10.00am-12.00pm	13th-20th Feb	Burwood
Tao Source Healing	Wed	7.00pm - 9.00pm	Booking Essential	Burwood
Toastmasters Group	Thurs	7.30pm - 9.30pm	1st & 3rd Thurs of Month	Burwood
Vegetarian Cooking Workshop			Register your interest	Burwood
Welcome Dinner Project	Last Mon of Month	7.00pm-9.00pm	Booking Essential	Burwood
What google can do for you	Fri	10.00am-12.00pm	15-Feb	Burwood
Workshop - Digital Cameras/Photos	Thurs		Register your Interest	Burwood
Workshop - Mosaics		10.30am - 12.30pm	Register your Interest	Burwood
Yoga	Mon	9.05am - 10.05am	29 Jan -5 April	Burwood
Zumba for Over 40s	Fri	9:30am - 10:30am	29 Jan -5 April	Burwood
Child care				Clota Cottage
Chinese Meditation Group	Wednesdays	7.30-8.30		Clota Cottage
Computer trouble shooting	Fridays	10.30-11.30		Clota Cottage
Cuppa and a chat	Wednesdays	9.30-10.30am		Clota Cottage
Finnish Language Class	Wednesdays	7.30-8.30		Clota Cottage
Gentle Exercise	Thursdays	12.05-1.05pm		Clota Cottage
Intro to Practical Gardening	Wednedays	9.30-12.3pm		Clota Cottage
Lunch and Learn Thursdays	Thursdays	1-3.00pm	21 Feb, 21 March	Clota Cottage
Morning Tea	Thursdays	11.30-12noon		Clota Cottage
Next Step computers	Wednesdays	1.00-3.00pm		Clota Cottage
Office Skills	Wednesdays	9.30-12.30pm		Clota Cottage
Refresh your computer skills	Tuesdays	12.30-3.30pm		Clota Cottage
Social Cards and Board Games	Mondays	1-3.00pm		Clota Cottage
Tai chi for arthritis	Thursdays	10.30-11.30		Clota Cottage
Art - Watercolour		9.30am - 11.30am		Kerrimuir
Book Club	Wed	11.00am - 12.00pm		Kerrimuir
Brunch Club	Wed	10.00am - 11.00am		Kerrimuir
Cards Social Group	Wed	1.00pm - 2.30pm	TBA	Kerrimuir
Community Light Lunches	Thurs	12.00pm - 1.00pm	ongoing	Kerrimuir
Community Outing	Wed	10.00am - 2.00pm	TBA	Kerrimuir
Community Outing	Wed	TBA	TBA	Kerrimuir
Community Shed	Fri	10.30am - 2.30pm	ongoing	Kerrimuir
Computers - Individual Lessons	Thurs	by appointment	ongoing	Kerrimuir

Whitehorse Community Houses
Courses and Activities Term 1, 2019

COURSE	DAY	TIME	DURATION	VENUE
Creative Writing (Novel Writing)	Wed	1.00pm - 3.00pm	14/2 - 7/3	Kerrimuir
Crochet & Knitting	Wed	11.00am- 12.00pm	TBA	Kerrimuir
Drawing Workshop -The Colour Wheel	Tues	12.30pm - 3.00pm	20-Mar	Kerrimuir
ESL - Conversational English	Thurs	1.00pm - 2.00pm	TBA	Kerrimuir
iPad Workshop	Thurs	1.00pm - 3.00pm	24-Mar	Kerrimuir
Light Lunches	Thurs	12.00pm - 1.00pm	ongoing	Kerrimuir
Oil & Acrylic Painting				Kerrimuir
Room and Venue Hire	by appointment	by appointment	by appointment	Kerrimuir
Strength Training	Wed am	9.00am - 10.00am	ongoing	Kerrimuir
Strength Training	Thurs am	10.45am - 11.45am	ongoing	Kerrimuir
Strength Training - Chair based gentle	Thurs am	9.15am - 10.15am	ongoing	Kerrimuir
The Aged-Old Art of Preserving	Wed	6.30-9.00	1-Mar	Kerrimuir
Alcoholics Anonymous	Wed	7.30 - 8.30pm	weekly	Koonung
Book Group	Fri-1st Month	1.00 - 3.00pm	Ongoing	Koonung
Book Group - Evening	Thurs -2nd Month	7.30-9.00pm	Ongoing	Koonung
Botanical Art for Beginners	Monday	1.30-3.00	Ongoing	Koonung
Card Art 101	Fridays	4.00-5.30pm	Mar-08	Koonung
Child Care	Tues	9.00am - 12noon	school term	Koonung
Child Care	Thurs	9.00am - 2pm	school term	Koonung
Child Care	Fri	9.00am - 12noon	school term	Koonung
Craft	Tues	10.00-12.00	Ongoing	Koonung
Crochet	Wednesdays	1-2.30pm		Koonung
Exercise to Music	Thurs	9.30 - 10.30am	Ongoing	Koonung
Learn to Turn	Saturdays	1.00-3.00pm		Koonung
Mahjong	Thurs	1.00 - 3.30pm	Ongoing	Koonung
Meditation for Beginners	Saturday	9.30-11.00am	Mar-30	Koonung
Midlife Passage	Tuedays	7.30-9.30pm	Term 2	Koonung
Mind your own beeswax	Wednesdays	4.00-5.30pm	Feb-20	Koonung
Mindfulness Meditation	Tues	12.45-1.45pm	Ongoing	Koonung
Movie Group	Tuesday	10am	Second of month	Koonung
Paint Night	Thursdays	7.00-9.00pm	Mar-28	Koonung
Painting - Oil/Acrylic	Tues	2.00-4.00pm	Ongoing	Koonung
Patchwork	1st Wed	1.00 - 3.00pm	monthly	Koonung
Pencil Sketching	Thurs	9.45 - 11.45am	Ongoing	Koonung
Playgroup - Grandparents	Wednesday	10.00-12.00am	school term	Koonung
Social Sewing	Tuesdays	1.00-3.00pm		Koonung
Spinning	Thurs	10.00am-12noon	Ongoing	Koonung
Street Library - books for borrowing	anytime	anytime	Ongoing	Koonung
Strength Training	Mon	10.15 - 11.10am	Ongoing	Koonung
Strength Training	Mon	9.15 - 10.10am	Ongoing	Koonung
Strength Training	Wed	10.15 - 11.10am	Ongoing	Koonung
Strength Training	Wed	9.15 - 10.10am	Ongoing	Koonung
Strength Training	Fri	10.15 - 11.10am	Ongoing	Koonung
Strength Training	Fri	9.15 - 10.10am	Ongoing	Koonung
Tai Chi	Mon		Ongoing	Koonung
Umbrella Dementia Café	Wednesdays	1.00-3.00pm	Third of month	Koonung
Walking group	Thursdays	9.30-10.30am	Ongoing	Koonung
Watercolour Painting	Fri	12.30 - 2.30pm	Ongoing	Koonung
Woodturning	Sat	9.00 - 1.00pm	4th monthly	Koonung
Woodturning - beginners	Thurs	1.00 - 3.00pm	Ongoing	Koonung
Woodturning - experienced	Wed	1.00 - 3.00pm	Ongoing	Koonung
Yoga	Mon	7.00 - 8.00pm	Ongoing	Koonung
Yoga	Mon	9.30 - 10.30am	Ongoing	Koonung
Zumba Gold	Mon	9.30-10.30am	Ongoing	Koonung
Art & Craft (knitting, crochet)	Fri	1pm - 2pm	TBA	Louise MCC
Australian Culture Course	Wed	12.30pm - 2.30pm	TBA	Louise MCC
Beijing Opera	Sat and Sun	12noon -6pm	On going	Louise MCC
Cantonese Karaoke Opera Group	Mon, Wed, Thurs	12 - 5pm	On going	Louise MCC
Chinese and Korean Calligraphy	Thurs	12.30pm - 2.30pm	TBA	Louise MCC
Chinese Dance Group	Fri	1pm - 4pm	On going	Louise MCC
Computer - Internet & Email (Beginners i	Fri	10pm - 12noon	TBA	Louise MCC

Whitehorse Community Houses
Courses and Activities Term 1, 2019

COURSE	DAY	TIME	DURATION	VENUE
Computer - Internet & Email (Intermediate)	Thurs	12.30pm - 2.30pm	TBA	Louise MCC
Computer in Bilingual (English/Chinese)	Tues	10pm - 12noon	On going	Louise MCC
Computer in Cantonese (Beginners)	Wed	10pm - 12noon	On going	Louise MCC
Conversation Buddies Program	Mon - Fri	10am - 3pm	On going	Louise MCC
Cultural Exchange Program	Mon - Fri	10am - 12noon	On going	Louise MCC
English as a Second language - Advanced	Mon - Fri	10am - 12noon	On going	Louise MCC
English as a Second language - Beginner	Mon - Fri	10am - 12noon	On going	Louise MCC
English as a Second language - Intermediate	Mon - Fri	10am - 12noon	On going	Louise MCC
English Class - Outreach	Tues	9 - 10.30am	On going	Louise MCC
English Conversation Café	Mon - Fri	10am - 3pm	On going	Louise MCC
English Conversation Group (AM)	Mon - Fri	9 - 10am	On going	Louise MCC
English Conversation Group (PM)	Thurs	12.30pm - 2.30pm	On going	Louise MCC
English One on One Program	Mon - Fri	10am - 3pm	On going	Louise MCC
Korean Drumming	Sat	5pm - 8pm	On going	Louise MCC
Language Exchange Program	Mon - Sun	between 9am - 4pm	On going	Louise MCC
Laughter Yoga	Tues	10.30-11.30am	On going	Louise MCC
Line-dancing Class	Tues	12.30pm - 2pm	On going	Louise MCC
Mandarin Beginners class For Locals	Mon	10.30am - 12.30pm	Ongoing	Louise MCC
Mandarin class - Advanced	Wed	12.30pm - 2.30pm	On going	Louise MCC
Mandarin class - Intermediate	Tues	12.30pm - 2.30pm	On going	Louise MCC
Mandarin Conversation Group	Mon & Thurs	10-11am, 12-1pm	On going	Louise MCC
Metoring and leadership program	Mon - Fri	10am - 12noon	On going	Louise MCC
Multicultural Friendship Group	Mon - Fri	10am - 12noon	On going	Louise MCC
One on one computer course in Chinese	Tues	12pm - 1pm	TBA	Louise MCC
Tech Help - (ipad, tablet, smartphone)	Wed	12.30pm - 2.30pm	TBA	Louise MCC
Vocational Workplace Training	Thurs	12 - 3pm	On going	Louise MCC
Walking Group	Thurs	9am - 9.30am	TBA	Louise MCC
Work Experience Program	Mon - Fri	10am - 3pm	On going	Louise MCC
Afternoon Talks	Tuesday	1.30 to 3.00pm	Monthly	Mitcham
Art Your Style	Wednesday	1.00 to 3.00 pm	9 weeks	Mitcham
Art Your Style	Thursday	9.30 am to 11.30 am	9 weeks	Mitcham
Auslan Intermediate	Thursday	7.00 to 9.00 pm	16 weeks	Mitcham
Beeswax Wraps	Saturday	12.30 to 3.30 pm	Single workshop	Mitcham
Book Club	Monday	10.00 to 11.30 am	Monthly	Mitcham
Book Club	Monday	7.30 to 9.00 pm	Monthly	Mitcham
Business Skills- using digital tools	Tuesday	1.00 to 3.00 pm	3 weeks	Mitcham
Business Skills- using digital tools	Tuesday	7.00 to 9.00 pm	3 weeks	Mitcham
Cake Decorating	Tuesday	7.00 to 9.30 pm	6 weeks	Mitcham
Calligraphy Self-directed Group	Wednesday	10.00 am to 12 noon	Weekly during the term	Mitcham
Card Making for Special and Other Occasions	Tuesday	9.30 am to 12.30 pm	Monthly workshops	Mitcham
Chair Yoga	Monday	10.30 to 11.30 am	8 weeks	Mitcham
Chair Yoga	Wednesday	2.10 to 3.10 pm	9 weeks	Mitcham
Chair-based Exercises	Wednesday	1.00 to 2.00 pm	9 weeks	Mitcham
Childcare- Occasional or Regular Bookings	Tuesday and Thurs	9.30 am to 2.30 pm	All term	Mitcham
Childcare- Occasional or Regular Bookings	Friday	9.30 am to 12.30 pm-TBA	All term	Mitcham
Computers- Android Phones and Tablets	Thursday	10.00 am to 12 noon	6 weeks	Mitcham
Computers- Apple iPhones and iPads	Thursday	10.00 am to 12.00 pm	6 weeks	Mitcham
Computers- Create Photobooks Online	Tuesday	1.00 to 2.30 pm	1 session	Mitcham
Computers- Digital Business Tools	Tuesday	1.00 to 3.00 pm	3 weeks	Mitcham
Computers- Digital Business Tools	Tuesday	7.00 to 9.00 pm	3 weeks	Mitcham
Computers- how to book an event online	Tuesday	10.00 am to 12.30 pm	1 session	Mitcham
Computers- Live Streaming and more	Tuesday	10.00 am to 12.30 pm	2 weeks	Mitcham
Computers- Security Essentials	Tuesday	10.00 am to 12.30 pm	2 weeks	Mitcham
Computers- taking photos with your device	Saturday	12.30 to 4.30 pm	Single workshop	Mitcham
Computers-Essential Apps how to access	Tuesday	10.00 am to 12.30 pm	2 weeks	Mitcham
Computers-Laptops (Windows 7, 8 and 10)	Thursday	10.00 am to 12 noon	6 weeks	Mitcham
Cooking- Indian Style	Saturday	10.00 am to 1.00 pm	1 session	Mitcham
Cooking-Korean Style	Saturday	10.00 am to 1.00 pm	1 session	Mitcham
Cooking-Sri Lankan Finger Food	Saturday	10.00 am to 1.00 pm	1 session	Mitcham
Craft- Knitting for Charity	Monday	1.00 to 3.00 pm	Weekly during the term	Mitcham
Craft- Soap Making	Saturday	12.30 to 3.30 pm	Single workshop	Mitcham

Whitehorse Community Houses
Courses and Activities Term 1, 2019

COURSE	DAY	TIME	DURATION	VENUE
Crochet for Beginners	Monday	9.30 am to 11.30 am	5 weeks	Mitcham
Drawing and Painting- mixed media	Thursday	9.30 to 11.30 am	9 weeks	Mitcham
Drawing and Painting- mixed media	Wednesday	1.00 to 3.00 pm	9 weeks	Mitcham
Drum Healing	Saturday	11.30 am to 1.00 pm	Single workshop	Mitcham
Employment and Study Pathways for EA	Thursday	12.30 to 3.30 pm	9 weeks	Mitcham
English as an Additional Language -Low	Thursday	9.00 am to 12.00pm	9 weeks	Mitcham
English as an Additional Language -Low	Friday	9.00 am to 2.30 pm	9 weeks	Mitcham
French Advanced	Friday	10.00 am to 12.00 pm	8 weeks	Mitcham
French Beginners	Wednesday	6.30 to 8.30 pm	8 weeks	Mitcham
French Beyond Beginners	Tuesday	6.30 to 8.30 pm	8 weeks	Mitcham
French Intermediate Plus	Tuesday	9.30 am to 11.30 am	9 weeks	Mitcham
Furniture Restoration Self-directed Group	Monday	7.30 to 9.30 pm	8 weeks	Mitcham
Games Afternoon	Tuesday	1.30 to 3.00 pm	Monthly	Mitcham
Health Talks- Osteoarthritis and Joint He	Tuesday	1.30 to 3.00 pm	1 session	Mitcham
iPads and iPhones	Thursday	10.00 am to 12.00 pm	6 weeks	Mitcham
Italian Beginners Plus	Wednesday	6.30 to 8.30 pm	8 weeks	Mitcham
Italian- Essentials for Travellers	Saturday	12.30 to 4.30 pm	2 weeks	Mitcham
Knitting for Charity	Monday	1.00 to 3.00 pm	Weekly during the term	Mitcham
Meditation and Relaxation	Monday	8.15 to 9.15 pm	8 weeks	Mitcham
Meditation Mini-Retreat	Saturday	1.00 to 3.00 pm	1 per term	Mitcham
Occasional Child Care	Wed and Thurs	9.30 am to 2.30 pm	During school terms	Mitcham
Occasional Child Care	Friday	9.30 to 12.30-TBC	During school terms	Mitcham
Osteoarthritis and Joint Health	Tuesday	1.30 to 3.00 pm	1 session	Mitcham
Park Rambles	Monday	10 am to 12.00 pm	Weekly during the term	Mitcham
Patchwork Self-Help Group	Monday	10 am to 12 noon	Weekly during the term	Mitcham
Pet Selection and the First Weeks at Hor	Saturday	10.00 am to 2.30 pm	Single workshop	Mitcham
Photobooks- how to create online	Tuesday	1.00 to 2.30 pm	1 session	Mitcham
Photography using your phone or tablet	Saturday	12.30 to 4.30 pm	Single workshop	Mitcham
Pilates	Monday	6.30 to 7.30 pm	8 weeks	Mitcham
Pilates	Thursday	6.15 to 7.15 pm	9 weeks	Mitcham
Playgroup Facilitated	Mon.Tues and We	9.30 am to 11.30 am	Weekly during the term	Mitcham
Playgroup- non-Facilitated	Monday	9.30 am to 11.30 am	Weekly during the term	Mitcham
Playgroups- Private rental	Monday to Fiday	Varies according to day	Weekly during the term	Mitcham
Preschooler Party Room Hire	Weekends	12.30 to 4.30 pm	Bookings required	Mitcham
Publishing-Self Masterclass	Thursday	7.00 to 8.30 pm	4 weeks	Mitcham
Qi Gong - Wild Goose (Part 1)	Monday	11.45 am to 12.45 pm	8 weeks	Mitcham
Qi Gong- Short Forms	Monday	2.15 to 3.15 pm	8 weeks	Mitcham
Relaxation and Meditation	Monday	8.15 to 9.15 pm	8 weeks	Mitcham
ReNew - Youth Re-engagement program	ys, Wednesdays,	9.30am -12.30pm	ongoing	Mitcham
Self Publishing Masterclass	Thursday	7.00 to 8.30 pm	4 weeks	Mitcham
Soap Making Cold Process	Saturday	12.30 to 3.30 pm	Single workshop	Mitcham
Social Afternoon- travel talks or games	Monday	1.30 to 3.00 pm	Fortnightly	Mitcham
Strength Training	Monday	9.00 to 10.15 am	8 weeks	Mitcham
Strength Training	Monday	5.15 to 6.30 pm	8 weeks	Mitcham
Strength Training	Tuesday	10.15 to 11.30 am	9 weeks	Mitcham
Strength Training	Wednesday	12.45 to 2.00 pm	9 weeks	Mitcham
Strength Training	Friday	9.30 to 10.45 am	9 weeks	Mitcham
Strength Training	Friday	11 am to 12.15 pm	10 weeks	Mitcham
Tai Chi Advanced	Monday	1.00 to 2.00 pm	8 weeks	Mitcham
Time Out For Dinner	Monday	6.30 to 8.30 pm	Once per term	Mitcham
Travel Talks	Tuesdays	1.30 to 3.00 pm	Monthly	Mitcham
Uke 'n' Groove Self-Directed Group	Wednesday	7.00 to 8.30 pm	8 weeks	Mitcham
Ukulele for Beginners	Wednesday	6.00 to 7.00 pm	6 weeks	Mitcham
Walk 'n' Talk	Wednesday	9.30 to 10.30 am	Weekly during the term	Mitcham
Wiser Driver Course - Free	Monday	1.00 to 3.00 pm	4 weeks	Mitcham
Womens' Support Group	nesday and Thurs	Contact the office	Weekly during the term	Mitcham
Yoga Gentle	Wednesday	10.00 am to 11.00 am	6 weeks	Mitcham
Yoga Hatha	Monday	7.00 to 8.00 pm	8 weeks	Mitcham
Yoga Hatha	Tuesday	9.00 to 10.00 am	9 weeks	Mitcham
Yoga Hatha	Tuesday	7.00 to 8.00 pm	9 weeks	Mitcham
Yoga Hatha	Tuesday	8.15 to 9.15 pm	9 weeks	Mitcham

Whitehorse Community Houses
Courses and Activities Term 1, 2019

COURSE	DAY	TIME	DURATION	VENUE
Yoga Hatha	Wednesday	5.50 to 6.50 pm	9 weeks	Mitcham
Yoga Hatha	Wednesday	7.00 to 8.00 pm	9 weeks	Mitcham
Yoga Hatha	Wednesday	8.15 to 9.15 pm	9 weeks	Mitcham
Yoga Hatha	Thursday	1.00 to 2.00 pm	10 weeks	Mitcham
Yoga Hatha	Thursday	2.10 to 3.10 pm	10 weeks	Mitcham
Yoga in a chair	Monday	10.30 am to 11.30 am	10 weeks	Mitcham
Yoga in a chair	Wednesday	2.10 to 3.10 pm	10 weeks	Mitcham
Zumba	Wednesday	6.30 to 7.30 pm	8 weeks	Mitcham
Zumba Gold	Saturday	9.00 to 10.00 am	8 weeks	Mitcham
Art as Therapy	Tue	12.30pm-3.00pm	8 weeks	Vermont South
Art Classes	Thurs	10.00am-12.00pm	9 weeks	Vermont South
Art Classes	Thurs	1.00pm-3.00pm	9 weeks	Vermont South
Basic Digital Photography	Wed	9.30am-12.00pm	6 weeks	Vermont South
Choosing the Right NBN Plan	Fri	1.00pm-3.00pm	1 session	Vermont South
Community Cafe	Mon-Fri	10.00am-3.00pm	Term	Vermont South
Computer Basics-An Introduction to Com	Thurs	6.30pm-9.30pm	8 weeks	Vermont South
Computer-Intermediate	Fri	9.30am-12.00pm	8 weeks	Vermont South
Creative Art for Children (8-12 year olds)	Mon	4.00pm-5.30pm	8 weeks	Vermont South
Drawing & Painting	Thurs	7.30pm-9.30pm	9 weeks	Vermont South
eBay & Gumtree Workshop	Fri	1.00pm-3.30pm	2 weeks	Vermont South
ESL Beginners	Mon	9.30am-12.30pm	7 weeks	Vermont South
ESL Conversation	Mon	1.00pm-4.00pm	7 weeks	Vermont South
ESL Conversation	Wed	1.00pm-4.00pm	8 weeks	Vermont South
Excel Basics for the Workplace	Wed	6.30pm - 9.00pm	8 weeks	Vermont South
French Advanced Beginners	Thurs	1.00pm-3.00pm	9 weeks	Vermont South
French Beginners	Fri	1.00pm-3.00pm	9 weeks	Vermont South
French Intermediate	Fri	10.00am-12.00pm	9 weeks	Vermont South
Intermediate Photography Workshop - Series 2	Wed	12.30pm-3.00pm	6 weeks	Vermont South
iPad & iPhone Beginners Workshop	Fri	1.00pm-3.30pm	3 weeks	Vermont South
iPad & iPhone Intermediate Workshop	Fri	1.00pm-3.30pm	3 weeks	Vermont South
Knitting Group - Social Group	Mon	1.00pm-3.00pm	Term	Vermont South
Literacy and Numeracy for Adults	Tue	9.30am-12.00pm	8 weeks	Vermont South
Mosaics-Self Directed Group	Fri	10.00am-3.00pm	9 weeks	Vermont South
Office Administration-Short Course	Tue	1.00pm-3.30pm	8 weeks	Vermont South
Painting & Illustrating	Tue	7.30pm-9.30pm	9 weeks	Vermont South
Patchwork & Applique	Wed	9.30am-12.00pm	9 weeks	Vermont South
Playgroups-Chinese Playgroup	Thurs	10.00am-12.00pm	Term	Vermont South
Playgroups-Japanese Learning Program	Tue	10.00am-1.00pm	Term	Vermont South
Playgroups-St Andrews Greek Playgroup	Thurs	9.30am-11.30am	Term	Vermont South
Playgroups-Vermont South Playgroup	Wed	9.30am-11.30am	Term	Vermont South
Sketching for Children (8-12 year olds)	Thurs	4.00pm-5.30pm	9 weeks	Vermont South
Social Art Time	Sat	10.00am-12.00pm	9 weeks	Vermont South
Strength Training	Mon	1.00pm-2.00pm	8 weeks	Vermont South
Strength Training	Mon	2.00pm-3.00pm	8 weeks	Vermont South
Strength Training	Wed	12.00pm-1.00pm	9 weeks	Vermont South
Strength Training	Wed	1.00pm-2.00pm	9 weeks	Vermont South
SYOB (Start Your Own Business)	Tue	9.30am-12.00pm	8 weeks	Vermont South
Teen Art (13 year olds)	Mon	6.00pm-8.00pm	8 weeks	Vermont South
Together We Do Better-Social Group	Mon	10.00am-12.00pm	Term	Vermont South
Toy Library	Mon	9.30am-11.30am	Term	Vermont South
Toy Library	Sat	9.30am-11.30am	Term	Vermont South
Web Design for Home Business	Thurs	12.30pm-3.00pm	8 weeks	Vermont South
Working Together for Better Mental Health	Mon	1.00pm-3.00pm	Term	Vermont South
XERO for Beginners	Tue	6.30pm-9.00pm	8 weeks	Vermont South
Yoga and Relaxation	Mon	6.30pm-7.45pm	8 weeks	Vermont South
Yoga and Relaxation	Wed	8.00pm-9.15pm	9 weeks	Vermont South
Yoga and Relaxation	Mon	8.00pm-9.15pm	8 weeks	Vermont South
Yoga and Relaxation	Wed	5.30pm-6.45pm	9 weeks	Vermont South
Youth Program (17-24 year olds)-Art as Therapy	Wed	12.30pm-3.00pm	8 weeks	Vermont South

Whitehorse Community Houses
Courses and Activities Term 1, 2019

COURSE	DAY	TIME	DURATION	VENUE
Youth Program (17-24 year olds)- Hospitality-Basic Work Skills	Tue	9.30am-12.00pm	8 weeks	Vermont South
Youth Program (17-24 year olds)- Literacy & Numeracy	Wed	9.30am-12.00pm	8 weeks	Vermont South
Youth Program (17-24 year olds)-Office Administration	Thurs	9.30am-12.00pm	8 weeks	Vermont South
Avenue Neighbourhood House @ Eley		Ph: 9808 2000		
87 Eley Rd				
Blackburn South				
www.theavenue.org.au				
Bennettswood Neighbourhood House		Ph: 9888 0234		
7 Greenwood St				
Burwood				
www.bennettswoodnh.org.au				
Box Hill South Neighbourhood House		Ph: 9898 8270		
47 Kitchener St				
Box Hill South				
www.bhsnh.org.au				
Burwood Neighbourhood House		Ph: 9808 6292		
1 Church St				
Burwood				
www.burwoodneighbourhoodhouse.org.au				
Clota Cottage Neighbourhood House		Ph: 9899 0062		
31 Clota Ave				
Box Hill				
www.clotacottage.org.au				
Kerrimuir Neighbourhood House		Ph: 9899 7660		
57 Linda Avenue				
Box Hill North				
www.kerrimuirhouse.org.au				
Koonung Cottage Community House		Ph: 9878 6632		
109 Koonung Road				
Blackburn North				
www.koonungcottage.org.au				
Louise Multicultural Centre		Ph: 9285 4852		
Suite 8, Town Hall Hub, 27 Bank Street				
Box Hill				
www.louise.org.au				
Mitcham Community House		Ph: 9873 4587		
19 Brunswick Rd				
Mitcham				
www.mitchamcommunityhouse.org.au				
Vermont South Learning Centre		Ph: 9803 2335		
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