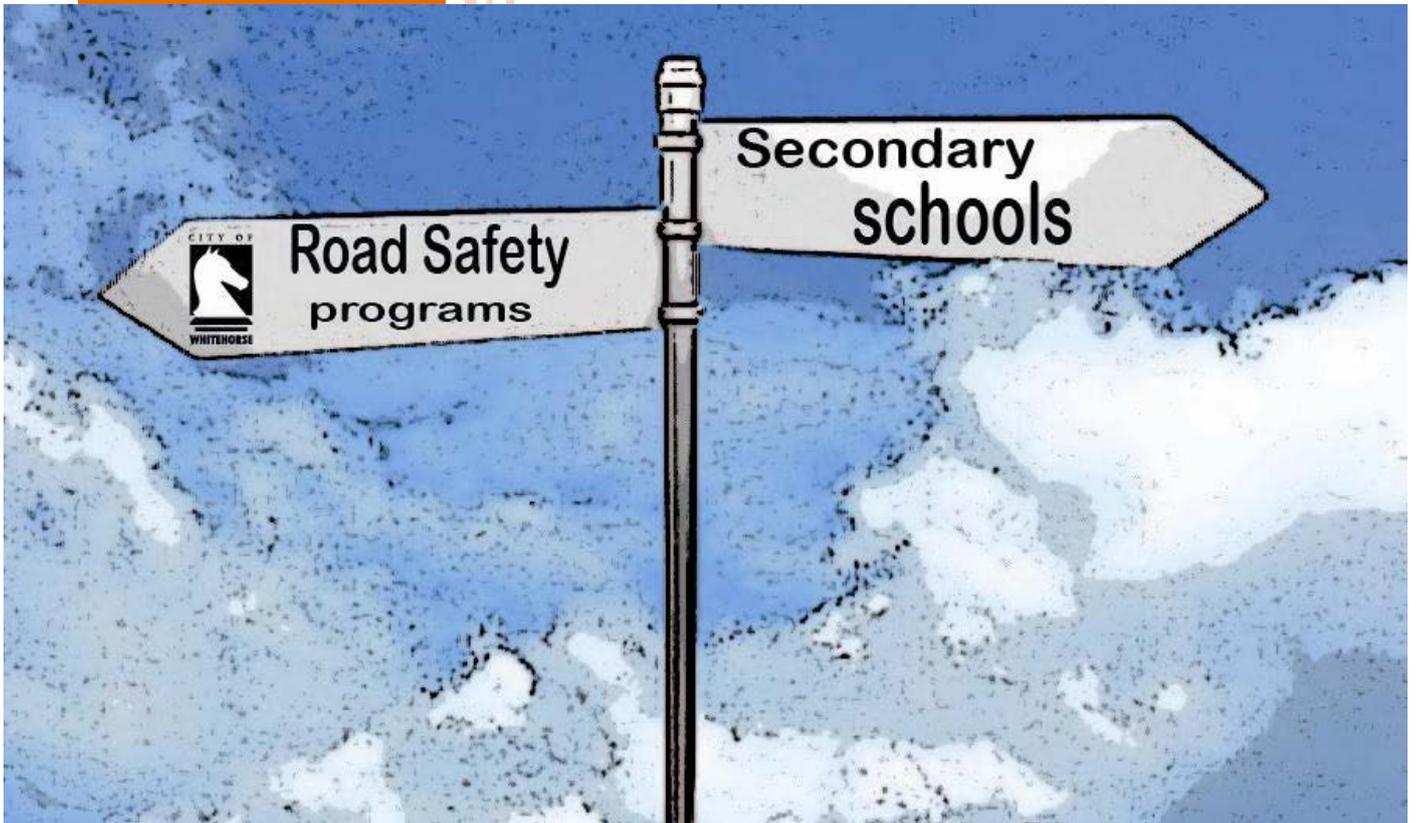




# Funding for secondary school road safety programs



**SmartTravel**

Getting around  
Whitehorse



# Introduction

*Funding is available for secondary schools to participate in a number of road safety incursions, excursions and teacher professional development **FREE OF CHARGE.***

Whitehorse City Council is committed to providing a safe and healthy community and is therefore pleased to offer a number of road safety programs free of charge to schools within the municipality. We encourage you to participate in these fun experiences that aim to decrease the number of road injuries and fatalities. All programs have been developed by experts in the fields of education and road safety.

The programs provide an opportunity for students to explore the social, health and legal aspects of:

- Vehicle licensing
- Road Rules
- Responsibilities and obligations
- Peer pressure and risk taking
- Looking after your friends

Contained in this kit is information regarding a number of road safety programs, including:

**Fit to Drive**

**Court Room Drama**

**Connecting the Dots**

**SpinChat**

**Keys Please**

**Looking After Our Mates**

**BikeEd**

All programs are provided free of charge, thanks to funding and support from Whitehorse City Council, RoadSafe Eastern Metro, the Transport Accident Commission, Victoria Police, VicRoads and RACV.



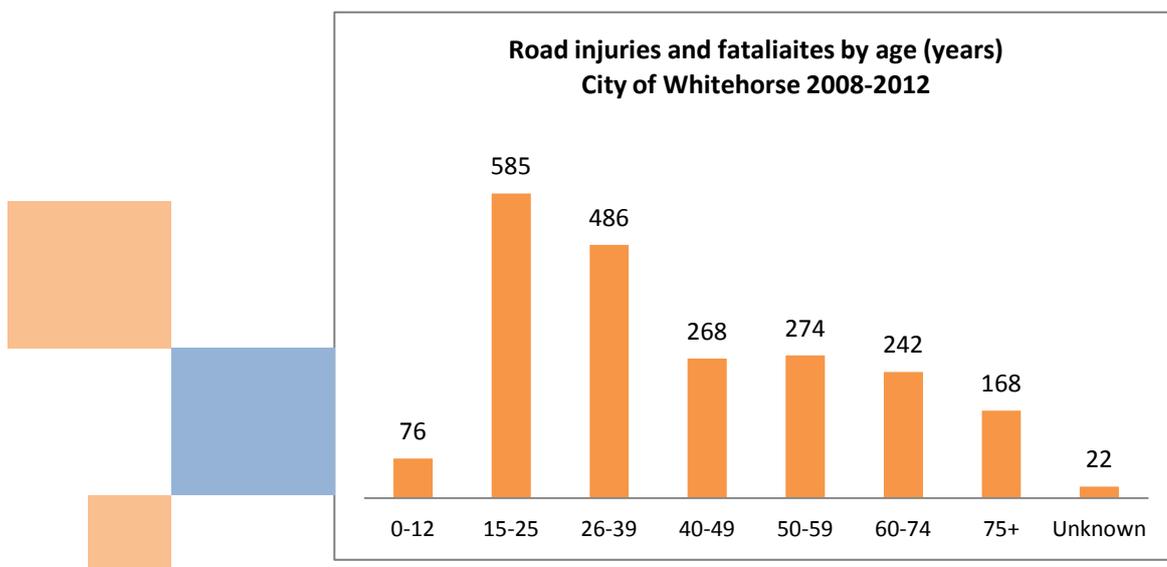
# Background

*Young road users have suffered more injuries and fatalities on roads within Whitehorse than any other age group.*

This trend is similar across Australia with the main causes of road crashes involving youth being:

- Inexperience,
- Risk taking,
- Peer pressure and
- Over confidence.

Road injuries and fatalities result in devastating emotional, physical, social and financial consequences that are felt across all sectors of our community. By implementing some of the programs outlined in this kit, schools are doing their bit to make the City of Whitehorse a safer, happier and healthier place to live and visit.



# Fit to Drive

## Incursion

*Fit to Drive is a half day workshop for Year 11 students that addresses the over representation of young road users involved in car crashes.*

Peer pressure, risk taking, over confidence, and inexperience are the major contributors to crashes involving young people. The Fit to Drive program empowers students with knowledge and skills to make safe choices to reduce their chances of being involved in a crash.

Developed by secondary schools, government agencies and community groups, Fit to Drive is delivered to Year 11 students by trained peer facilitators and representatives from Victoria Police, the Metropolitan Fire Brigade, and the Department of Education and Early Childhood Development.

Fit to Drive has been successfully running in schools across Victoria for many years and has assisted to decrease the number of young road users involved in crashes.

The Fit to Drive program is based on peer education principles and addresses the vulnerability of young road users. It affirms the ability of young people to change attitudes and supports them to take ownership and responsibility. The program includes group discussions, games and role plays that cover topics such as

- Peer pressure and risk taking
- The affects of speed, alcohol, drugs and fatigue on driving
- The laws relating to driving, vehicles and licences

## School Requirements

For the program to run smoothly, the following school resources are required:

- A room large enough to seat all participating students
- Classrooms for breakout sessions that can accommodate around 20 students each
- DVD player, data projector, lap top and screen

## Further information and bookings

Further information is available on the Fit to Drive website: [www.f2d.com.au](http://www.f2d.com.au)

For bookings, please contact Max Harris, Traffic Safety Education, Department of Education and Early Childhood Development, phone 0403 606 275, email [cmharris@alphalink.com.au](mailto:cmharris@alphalink.com.au)

## Funding

The Fit to Drive program is provided free of charge to schools within the City of Whitehorse, thanks to RoadSafe Eastern Metro and Whitehorse City Council (valued at approximately \$2,000).



# Court Room Drama

## Excursion

The *Court Room Drama* program gives Year 11 and 12 students an insight into the real-life court processes of a young male who is charged with culpable driving.

The interactive program is run by the National Trust of Australia and is held at the Old Melbourne Gaol and former Melbourne Magistrates Court.

The program presents a drama based re-enactment of a court case involving a teenager who is charged with culpable driving. The *'I killed My Best Mate'* drama engages students in the real-life court processes of a young male who has killed two of his friends when he crashed into a pole.

The program is suitable for Legal Studies students and other Year 11 or 12 students who you believe would benefit.

## School Requirements

Funding is provided to schools which have participated in the *Fit to Drive* program (see page 5).

## Funding

Funding from Whitehorse City Council is available to cover the admissions costs to the Courtroom Drama *'I Killed My Best Mate'* program.

To access the funding, please contact Whitehorse City Council before booking with the National Trust of Australia:

Leah McGuinness  
Whitehorse City Council  
Phone: 9262 6369  
Email: [leah.mcguinness@whitehorse.vic.gov.au](mailto:leah.mcguinness@whitehorse.vic.gov.au)

## Further information and bookings

Further information about the Court Room Drama program can be found on the Old Melbourne Gaol website:

<http://www.nationaltrust.org.au/vic/CourtRoomDramas>

Once funding has been obtained from Whitehorse City Council, bookings for the program can be made by contacting the Old Melbourne Gaol:

Phone: 8663 7228  
Email: [bookings@oldmelbournegaol.com.au](mailto:bookings@oldmelbournegaol.com.au)

# Connecting the Dots

## Classroom activity

*Connecting the Dots* is a classroom based activity developed by the Transport Accident Commission. The program involves VCE Legal Studies and English students watching a 20 minute documentary and completing a series of activities.

The documentary tells the story of the aftermath of a tragic car crash involving a group of young men. Curriculum resources have been developed to support the documentary. You can download and print these resources using the link <http://www.tac.vic.gov.au/road-safety/schools/school-resources/short-films>

## School Requirements

The documentary can be viewed via You Tube - [www.youtube.com](http://www.youtube.com) and search for 'Connecting the Dots, TAC Educational Resource'. Alternatively you can request a copy of the DVD from the Transport Accident Commission by phoning (03) 5225 6281.

## Funding

The program and curriculum resources have been developed by the Transport Accident Commission and are available for schools to use free of charge.

## Further information

Further information about the Connecting the Dots program can be found on the Transport Accident Commission's website <http://www.tac.vic.gov.au/road-safety/schools/school-resources/short-films>

# Keys Please

## Incursion

**Keys Please is a 70 minute session for learner drivers or soon-to-be learner drivers.**

Keys Please offers information and practical ideas for Year 10 students on how to use the learning to drive period, getting the mandatory 120 hours of driving practice and becoming safe drivers. The free information session is run by a VicRoads presenter and includes issues such as:

- Why young drivers are at risk and why driving experience is so important
- The importance of learning to drive in stages – from simple tasks on quiet roads to more difficult drives in all sorts of road, weather and traffic conditions
- The importance of developing a positive partnership between learners and their parents, including tips for managing stress
- Working with driving instructors
- Risks for new drivers

To compliment the student session, an online resource for parents has been developed. 'Lessons from the Road' is an interactive resource on the VicRoads website that contains 8 five minute videos. The videos assist supervising drivers to help learners be safer and provide tips for dealing with the learning to drive process. Visit the VicRoads website for further information regarding the Lessons from the Road program [www.vicroads.vic.gov.au](http://www.vicroads.vic.gov.au)

## School Requirements

A room large enough to seat all participating students is required for the Keys Please program.

## Funding

The Keys Please program is fully funded by VicRoads

## Further information and bookings

For further information and bookings, please call the VicRoads Keys Please Coordinator, 9881 8908 or visit [www.vicroads.vic.gov.au](http://www.vicroads.vic.gov.au)

# Looking After Our Mates

## Incursion

*Looking After Our Mates* is an alcohol education session with a simple, effective message about responsible drinking and driving and looking after our mates.

Looking After Our Mates is an interactive 45 minute presentation for Year 12 students that discusses the effects of drugs, alcohol and peer pressure on driving, and the need for young people to look after their mates. The session covers topics such as:

- The effects of alcohol on the body
- Laws relating to Blood Alcohol Concentration (BAC) and driving
- Road safety issues and strategies to avoid drinking and driving
- Looking after your friends

## School Requirements

For the session to run smoothly, the following school resources are requested:

- A room large enough to seat all participating students
- A microphone if there is a large audience
- A data projector, laptop and speakers

## Funding

The Looking After Our Mates program is funded by RoadSafe Eastern Metro and Whitehorse City Council.

## Further information and bookings

For bookings and further information, please contact

Leah McGuinness  
Whitehorse City Council  
Phone: 9262 6369  
Email: [leah.mcguinness@whitehorse.vic.gov.au](mailto:leah.mcguinness@whitehorse.vic.gov.au)

# BikeEd

## Teacher Professional Development

**Funding is available for teachers and support staff to undertake the *BikeEd* instructors training course. Up to \$700 per school is available to assist with course fees and relief teachers.**

BikeEd training is provided by Cycling Safe Wilcare Services Pty Ltd – The Department of Education and Early Childhood Development’s selected provider of Bicycle Education Instructor accreditation.

The training courses are based on the Bike Ed resource, developed by VicRoads for use in schools. The course is intended for instructors who plan to implement cycling programs in primary and secondary schools. Participants may include teachers, school support staff, parents and community volunteers.

Successful completion of this training course results in approved Department of Education and Early Childhood Development cycling instructor certification for school based bicycle programs. This accreditation is required to conduct school on-road cycling programs. Re- accreditation courses are also available for staff whose accreditation has lapsed.

### School Requirements

Participants are required to bring an approved helmet and a geared bike in good condition. It is a requirement of the funding that schools commit to implementing the BikeEd program within 12 months of completing the teacher accreditation course.

### Funding

The funding for staff to participate in this training is provided by RoadSafe Eastern Metro, a community road safety group.

The funding can be used to pay for the following (all costs include GST):

1. ‘Training for Instructors’ course (2 days) \$275
2. ‘Training for Assistants’ course (2 half days) \$99
3. ‘Re-accreditation Training for Instructors’ course (1/2 day) \$99

Any remaining funds can be used for a relief teacher, if one is required as the direct result of a teacher participating in the BikeEd course. Just make sure your total spend is no more than \$700 (inc GST). Funding for relief teachers is provided by Whitehorse City Council.

### Further information and bookings

If you are interested in receiving funding for the BikeEd course, please contact Leah McGuinness, Whitehorse City Council, phone 9262 6369, email [leah.mcguinness@whitehorse.vic.gov.au](mailto:leah.mcguinness@whitehorse.vic.gov.au)

Details of the course, dates and venues, are listed on the CyclingSafe website [www.cyclingsafe.com.au](http://www.cyclingsafe.com.au)

# SpinChat

## Incursion

**The *SpinChat* program aims to raise awareness, promote prevention and educate secondary students about spinal cord injury.**

The SpinChat program involves young people with a spinal cord injury and in wheelchairs, visiting secondary school students to talk about life before their injury, the cause of their injury, and life since. A strong focus of the presentation is on risk minimisation and the consequences of careless or high-risk activities such as dangerous driving or diving into shallow water.

Sessions last between 45-60 minutes, however it can be tailored to suit your specific timetable requirements. The program includes a short introductory DVD, the speaker sharing their personal story and experiences of spinal cord injury, and time for questions from students. Accompanying the program is a teacher's pack containing extension activities, a speaker biography and further information about spinal cord injury.

The program is aimed at year 11 students, however it can be tailored for other year levels.

SpinChat is delivered by Independence Australia, and supported by the Transport Accident Commission.

## School Requirements

A room that is wheelchair accessible and large enough for all participating students is required for this session.

## Funding

The \$150 fee for the program will be paid by Whitehorse City Council. Please contact Council to arrange the funding prior to booking the SpinChat program:

Leah McGuinness

Whitehorse City Council

Email [leah.mcguinness@whitehorse.vic.gov.au](mailto:leah.mcguinness@whitehorse.vic.gov.au)

Phone 9262 6369

## Further information and bookings

Bookings for the program can be made via the SpinChat website- [www.spinchat.org.au](http://www.spinchat.org.au)

For further information please contact Independence Australia on (03) 9418 0490, or email [spinchat@independenceaustralia.com](mailto:spinchat@independenceaustralia.com)

# Other programs and resources

Government and community groups throughout Victoria offer a number of road safety programs for secondary schools. The information listed below regarding some of these programs has been adapted from the 'Road Safety Education Victoria' website. For further information please visit [www.roadsafetyeducation.vic.gov.au](http://www.roadsafetyeducation.vic.gov.au)

## Traffic Safety Essentials

Traffic Safety Essentials is the core resource for road safety education in Victorian secondary schools with direct links to the Victorian Essential Learning Standards. The resource can be downloaded from the DEECD website: [www.eduweb.vic.gov.au/edulibrary/public/teachlearn/student/trafficsafetyessentials.pdf](http://www.eduweb.vic.gov.au/edulibrary/public/teachlearn/student/trafficsafetyessentials.pdf)

DEECD Senior Program Officers (Traffic Safety Education) are available to deliver professional development for teachers on the resource. The Senior Program Officer in this area is Max Harris, phone 0403 606 275, email [cmharris@alphalink.com.au](mailto:cmharris@alphalink.com.au)

## Make a film. Make a difference (MAFMAD)

MAFMAD is an annual film making competition run by the Transport Accident Commission and is open to people 25 years or under. [www.mafmad.com.au](http://www.mafmad.com.au)

## Muck up Day

Muck Up Day is a 35 minute documentary that draws on actual events involving a group of Year 12 students celebrating the finish of school. <http://www.tac.vic.gov.au/road-safety/schools/school-resources>

## TAC on-line school resources

Resources have been developed by the TAC that fit under the domains of English, Civics, Health and Legal Studies, and are appropriate for students at a variety of year levels. For further information visit <http://www.tac.vic.gov.au/road-safety/schools/school-resources>

## The Great Transport Race

The Great Transport Race gives Years 7 to 10 students the chance to do some real-life learning about responsible and safe travel on Melbourne's public transport network. [www.greattransportrace.com.au](http://www.greattransportrace.com.au)

## Transmission

The Transmission program gives Year 9-12 students the opportunity to research a road safety issue and design a road safety community service announcement for television. [www.racv.com.au/wps/wcm/connect/Internet/Primary/road+safety/school+programs/secondary+school+road+safety/transmission](http://www.racv.com.au/wps/wcm/connect/Internet/Primary/road+safety/school+programs/secondary+school+road+safety/transmission)

## VCAL Road Safety Units

These resources are designed for use in VCAL classes. The units focus on young driver safety issues and aim to assist young people to enter the road system as safe and responsible drivers.

[www.vicroads.vic.gov.au/Home/SafetyAndRules/RoadSafetyEducation/SecondarySchools/VCALRoadSafetyUnits.htm](http://www.vicroads.vic.gov.au/Home/SafetyAndRules/RoadSafetyEducation/SecondarySchools/VCALRoadSafetyUnits.htm)

## Ride to School Day

National Ride2School Day is held in March each year and is a fantastic opportunity to encourage active and safe travel within your school community. <https://www.bicyclenetwork.com.au/general/ride2school/43455/>

## Energy Breakthrough

The RACV Energy Breakthrough program provides opportunities for students, teachers, parents and local industry to work together to design and construct a vehicle, a machine or innovation in technology that will represent an 'energy breakthrough'. [www.racvenergybreakthrough.net](http://www.racvenergybreakthrough.net)

## Lessons from the road

Lessons from the Road is an online resource for parents and others who supervise learner drivers. It contains eight videos with tips and advice to help adults through the supervising process.

<http://www.vicroads.vic.gov.au/Home/SafetyAndRules/SaferDrivers/YoungAndNewDrivers/Lessons+from+the+Road.htm>

## Web links

Whitehorse City Council	<a href="http://www.whitehorse.vic.gov.au">www.whitehorse.vic.gov.au</a>
VicRoads	<a href="http://www.vicroads.vic.gov.au">www.vicroads.vic.gov.au</a>
Transport Accident Commission	<a href="http://www.tac.vic.gov.au">www.tac.vic.gov.au</a>
RACV	<a href="http://www.racv.com.au">www.racv.com.au</a>
Victoria Police	<a href="http://www.police.vic.gov.au">www.police.vic.gov.au</a>
Road Safety Education Victoria	<a href="http://www.roadsafetyeducation.vic.gov.au">www.roadsafetyeducation.vic.gov.au</a>
Public Transport Victoria	<a href="http://www.ptv.vic.gov.au">www.ptv.vic.gov.au</a>
SpinChat program	<a href="http://www.spinchat.org.au">www.spinchat.org.au</a>
Department of Education and Early Childhood Development	<a href="http://www.education.vic.gov.au">www.education.vic.gov.au</a>

