

CITY OF



WHITEHORSE

GET INVOLVED

Local Volunteering Opportunities



2015/16

More than six million Australians volunteer each year, contributing more than 700 million hours of community service. Volunteers are the lifeblood of local communities.

The City of Whitehorse is fortunate to have a vibrant volunteer community. Many of the organisations that operate in Whitehorse could not do so without the support and commitment of volunteers. Council recognises and values the enormous contribution that volunteers make to our local community and the vital role that these volunteers play by strengthening and enhancing community connectedness.

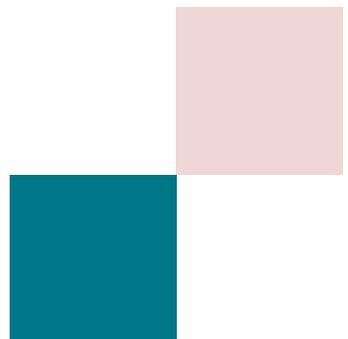
Whitehorse City Council and Eastern Volunteers have produced this booklet to profile local community organisations and their volunteering opportunities.

Almost 100 organisations and groups are included in the 2015 edition of the *Get Involved* booklet, highlighting a myriad of volunteering roles including working with the elderly, animals, young people, children and recently arrived migrants. There is something for any interest – history, the environment, craft, health, technology and many more areas.

We hope that this booklet will be a valuable tool for anyone who is thinking about getting involved in their local community through volunteering. We also hope it will be a vehicle for spreading the word about the hugely varied and invaluable contributions local volunteer-involving organisations make to the local community.

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Uniting AgeWell – Strathdon Community
17 Jolimont Rd Forest Hill
Contact: Simone Cosgriff
Ph: 9845 3104
scosgriff@unitingagewell.org
www.unitingagewell.org

Uniting AgeWell – Box Hill Community
75 Thames St Box Hill
Contact: Angelica Oyarzun
Ph: 9843 2269
aoyarzun@unitingagewell.org
www.unitingagewell.org

Vincenpaul Hostel
13-25 Strabane Avenue
Mont Albert North
Contact: Lucy Chapman
Ph: 9898 7404
lucy.chapman@vincentcare.org.au

SVDP Nursing Home
110 Albion Road, Box Hill
Contact: Robyn Hahn
Ph: 9899 0167
robyn.hahn@vincentcare.org.au
www.vincentcare.org.au/home

Uniting AgeWell

Uniting AgeWell has a long history of providing residential and community services for older Australians. We provide a full range of aged care services that includes 269 residential and Day Therapy services to 500 clients in our Strathdon Community, and 118 residential and day therapy services from the Kangerong Centre.

How You Can Help

Our volunteers assist with the following activities:

- Driving to appointments and outings.
- Social Support – offering companionship and assistance for visits, shopping outings and activities.
- Entertainment – sharing your talent, talking about your travels, teaching others your hobby or skills.
- Services – assisting in our café, fundraising, organising events or in the garden.

VincentCare Victoria

The St Vincent de Paul Nursing Home is a 31-bed aged care home in Box Hill, providing a full range of care and therapy/rehabilitation services. Set in a parkland environment, the Nursing Home is close to main roads and public transport.

The Vincenpaul Hostel is a 53-bed aged care home located in a calm and tranquil setting in Mont Albert North. It provides a home-like environment with progressive levels of care for the aged.

How You Can Help

Volunteers can help in a number of ways including: sitting and talking to residents, working one-on-one with residents on tasks matched to their skills and interests, reading aloud, painting resident's nails or assisting a visiting family. Support and guidance are available from a qualified activities coordinator.

Animal Aid

Animals

The Victorian Animal Aid Trust (Animal Aid) is a not-for-profit organisation dedicated to the care of domestic animals in need. Each year around 7000 dogs, cats, livestock and pocket pets come through our doors. As an open door shelter, we never turn away an animal in need.

35 Killara Road, Coldstream
Contact: Human Resources Manager
Ph: 9739 0300
enquires@animalaid.org.au
www.animalaid.org.au

How You Can Help

A variety of opportunities are available for volunteers including: dog walking, kennel attendant, socialising, cattery attendant, veterinary nursing assistant, grooming, reception/administration, pick-ups and deliveries, maintenance, opportunity shops, promotions, lure coursing and fostering.

Positions in some areas may be subject to availability and an interview process. Volunteer hours are generally between the hours of 9am and 4.30pm on days of opening.



**PO Box 429, Blackburn
(meetings held at
Bucatini Restaurant)
Contact: Marina Shah
Ph: 9877 3912
rabbmar@gmail.com**

Blackburn Evening View

View clubs, which are an arm of the Smith Family, bring people together to socialise and raise money and awareness for good causes within the community. The Blackburn Evening View club has dinner at Bucatini Restaurant, 454 Whitehorse Road, Mitcham. Meetings are the second Thursday of the month at 7pm, with an activity or guest speaker planned for each meeting. Funds raised support Smith Family projects and programs such as 'Learning for life'.

How You Can Help

Volunteers can help with the organisation and running of social events and activities that raise money for Smith Family projects and programs.

**1 Church Street, Burwood
Contact: Raine Biancali
Ph: 9877 5120
volunteer@burwoodbulletin.org
www.burwoodbulletin.org**

Burwood Bulletin Inc.

The Burwood Bulletin, a full-colour free community magazine, distributes 6000 copies quarterly in the Borondara, Monash and Whitehorse areas.

It is a non-profit publication, staffed entirely by volunteers for the benefit of the community. It features local news stories about people or groups making a contribution to the community, historical articles, community notices for not-for-profit organisations and business profiles of local businesses.

How You Can Help

Volunteers can assist the Burwood Bulletin by distributing magazines in the local area (a commitment of 1-2 hours per quarter) or becoming a writer, as new writers are always welcome. Volunteer vacancies are listed in the magazine and website.

Doncare is a not-for-profit, community services organisation which provides services to the aged, youth and disadvantaged in the City of Manningham and surrounds. Our programs include information and emergency relief, social support for seniors, family services and counselling. Our various opportunity shops provide a substantial proportion of the funding for the day-to-day operation of these programs.

**Shop 45, Brentford Square,
Canterbury Road, Forest Hill
Shop 38, 66-104 Springfield
Road, North Blackburn
Contact: Manager,
Opportunity Shops
Ph: 9856 1500
opshops@doncare.org.au
www.doncare.org.au**

How You Can Help

Volunteer duties include assisting customers with selecting goods, selling merchandise, tidying clothes racks and shelves, sorting of donations, stock display and store presentation.

Skills and abilities:

- Punctuality and reliability
- Good communication skills
- Self motivated
- Friendly manner
- Enjoy being part of a team.



PO Box 245, Nunawading
Contact: Shirley Jones
Ph: 9877 2514
lacwhitehorse@bigpond.com
<http://life.org.au/the-clubs/whitehorse>

Life Activities Club Whitehorse

The Life Activities Club (LAC) runs 60 different activities to stimulate and challenge its members in body and mind. Activities include cards, tennis and badminton, indoor bowls and four types of dance. All events are run by volunteers.

How You Can Help

Volunteers can help by attending and helping to run activities for the benefit of fellow volunteers.

Neighbourhood Watch Whitehorse

Laburnum LPO,
PO Box 5005, Laburnum
Contact: Ray Summers
Ph: 0418 596 831
whitehorse@nhw.com.au
www.nhw.com.au/eastern-region/whitehorse

Neighbourhood Watch is a community based crime prevention program which aims to improve the quality of life within a neighbourhood by minimising preventable crime and promoting close community ties.

Neighbourhood Watch is a proven program between Victoria Police and the community, working in partnership to fight against crime.

How You Can Help

Neighbourhood Watch Whitehorse seeks volunteers to become involved as Zone Representatives in established areas, assist in setting up new areas, attend crime prevention activities, and/or to join a local committee.

Volunteers also work with the local police on some crime prevention activities. These activities will target local priorities, such as reducing the incidence of thefts from parked cars, re-fixing number plates with antitheft screws and identifying and reporting safety issues.

To hear more, email Neighbourhood Watch Whitehorse and ask for your copy of Whitehorse eNews.

Whitehorse-Boroondara FM Community Radio Inc. (3WBC 94.1FM)

Community

Whitehorse-Boroondara Community Radio Inc. (3WBC 94.1FM) is operated by volunteers and broadcasts 24/7. Programs are streamed via the website (www.3wbc.org.au), so they can be heard around the world at any time.

3WBC 94.1FM began full-time transmission in September 2001 and has been in its current location in the Box Hill Town Hall Hub since October 2007.

How You Can Help

3WBC 94.1FM welcomes anyone who has an interest in radio and volunteering. Becoming a member of the station enables you to participate in the committee of management, working groups, special events and fundraisers and producing/presenting programs.

**Box Hill Town Hall, Suite 6,
1022 Whitehorse Road, Box Hill**
Contact: John Farmer
Ph: 9285 4846
stationmanager@3wbc.org.au
www.3wbc.org.au

Whitehorse Community Chest Inc.

The Whitehorse Community Chest commenced in March 1962 with the purpose to form a 'Chest' from which money collected could be distributed to approved charities and groups. A donation to the Chest helps us support a wide range of local charities and groups, as well as other needy organisations. By supporting the Whitehorse Community Chest you are assisting at least fifty other charities and welfare agencies in the City of Whitehorse.

How You Can Help

The Chest is managed by local volunteers for local residents. Every year up to 1000 volunteer collectors are required to door knock, deliver pamphlets, tin shake and assist at BBQs and information stalls on behalf of the Chest throughout the City of Whitehorse.

**Level 1, 79 Mahoneys Road,
Forest Hill**
Contact: Anna Gordon
Ph: 9894 4744
info@whitehorsecommunitychest.org.au
www.whitehorsecommunitychest.org.au

Whitehorse City Council

**379–397 Whitehorse Road,
Nunawading
Contact: Michelle Wright
Ph: 9262 6116
michelle.wright@whitehorse.
vic.gov.au
www.whitehorse.vic.gov.au/
Volunteering.html**

Whitehorse City Council engages more than 400 volunteers in many different roles and programs including Meals on Wheels, Parkland Advisory Committees, homework and study group programs and more.

How You Can Help

Council is currently seeking people interested in becoming part of our Meals on Wheels program. Volunteers are needed to pick up meals from our Food Services premises at either our Box Hill or Nunawading Centres and deliver them to older people and people with disabilities living in their own homes.

Council also need tutors for Cruzin' Study, a multicultural youth homework support program that aims to provide culturally and linguistically diverse young people aged 12 to 25 years with access to additional language and study support. If you are a professional who has worked in the educational field, this role may suit you.

Young people aged 12-25 can get involved in the FReeZa Committee, a group that meet fortnightly to plan and run safe events for other young people in Whitehorse. It is a great opportunity to learn and develop event management skills and create positive opportunities for young local performers.

If you are a young person aged 12–25 years in Whitehorse and are passionate about being a young leader in your local community then the Whitehorse Youth Representative Committee (WYRC) may be for you. Commitment to the WYRC is 12 months and a new committee is recruited each year.



Whitehorse Manningham Libraries

Community

Whitehorse Manningham Libraries provide library services to the Cities of Whitehorse and Manningham. Our libraries provide services and programs that offer opportunities for community members to access and share learning and information. WML operates through eight branch locations, via the internet at www.wml.vic.gov.au and through the home library service, providing services to residents in their homes who are unable to visit a branch.

1040 Whitehorse Road, Box Hill
Contact: Home Library Service
Ph: Whitehorse: 9872 8658
Manningham: 9877 8514
homelibrary@wml.vic.gov.au
www.wml.vic.gov.au

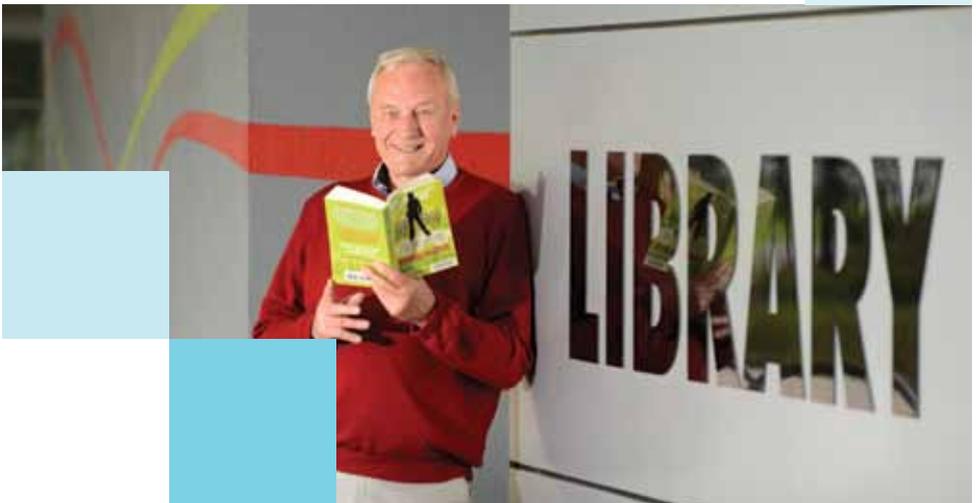
How You Can Help

Home Library Service

Volunteer positions are available to select and/or deliver library material to home library service clients. A current Victorian Driver's Licence is required and a police check will be undertaken.

Book Buddy

This program matches adult English learners with members of the community who are able to assist students with their reading and comprehension. The program is run both at the Box Hill Library and the Louise Multicultural Community Centre on a weekly basis during the school term.



Whitehorse Community Houses

Neighbourhood and Community Houses are not-for-profit, community run organisations. They are welcoming and friendly places that provide a wide range of social, educational and recreational activities for all members of the community. They offer places where people can meet, talk, make new friends, develop and share ideas, skills and knowledge and learn something new.

How You Can Help

Volunteers are a vital resource for Neighbourhood and Community Houses. Opportunities vary from house to house, but include tasks in administration and reception, gardening, computer work, tutoring and assisting with group activities, fundraising, community lunches, childcare and Committee of Governance. Support and training is provided. The rewards are endless. Contact the individual houses for further details.



Bennettswood Neighbourhood House

7 Greenwood Street, Burwood

Ph: 9888 0234

be24584@bigpond.net.au

www.bennettswood.org.au

Box Hill South Neighbourhood House

47 Kitchener Street, Box Hill South

Ph: 9898 8270

bhsnh@netspace.net.au

www.bhsnh.org.au

Burwood Neighbourhood House

1 Church Street, Burwood

Ph: 9808 6292

burwoodn@bigpond.net.au

Clota Cottage Neighbourhood House

31 Clota Avenue, Box Hill

Ph: 9899 0062

manager@clotacottage.org.au

www.clotacottage.org.au

Kerrimuir Neighbourhood House

57 Linda Avenue, Kerrimuir

Ph: 9899 7660

info@kerrimuirhouse.com.au

www.kerrimuirhouse.org.au

Koonung Cottage Community House

109 Koonung Road, Blackburn North

Ph: 9878 6632

koonungc@bigpond.net.au

www.koonungcottage.org.au

Louise Multicultural Community Centre

Suite 8, Town Hall Hub

27 Bank Street, Box Hill

Ph: 9285 4850

louisemcc@aonet.com.au

www.louise.org.au

Mitcham Community House

19 Brunswick Road, Mitcham

Ph: 9873 4587

mitcham@connexus.net.au

www.mitchamcommunityhouse.org

The Avenue Neighbourhood House

P.O. Box 2213,

Blackburn South 3130

info@theavenue.org.au

www.theavenue.org.au

Vermont South Community House

1 Karobran Drive, Vermont South

Ph: 9803 2335

vsch@bigpond.net.au

www.vsch.org.au

Whitehorse Relay For Life Organising Committee – Cancer Council Victoria

**Bill Sewart Athletics Track,
Burwood Highway,
East Burwood
Contact: Michael McKenzie
Ph: 0427 801 858
whitehorse@relayforlife.org.au
www.relayforlife.org.au/
participate**

Relay For Life is an overnight event that is an opportunity for all to get together with the community and celebrate cancer survivors, remember loved ones lost, and fight back against a disease that takes too much.

It is a unique event where teams of 10 or more challenge themselves to take turns to keep a baton moving in a relay style walk or run overnight.

How You Can Help

All Relay For Life events are organised by a volunteer committee – both in the lead up to, and on the day of the event.

Our committees comprise people from a broad cross section of the local community – from business, health, media, tertiary students, parents, and more.

Committees are supported by Cancer Council to stage their event while they organise all elements of the event to make it their own. This includes promoting the Relay, coordinating ceremonies, sourcing entertainment and much more.



Mind Australia – PALS Program

Companionship

Mind Australia is a community-managed mental health service, and one of the largest non-government providers of mental health services in the state. Underpinning the service's work is a belief that it is possible for everyone to have a full and meaningful life, including people with severe and persistent mental health issues.

Across metropolitan Melbourne
Contact: PALS Volunteer Program
Ph: 9455 7900
volunteering@mindaustralia.org.au
www.mindaustralia.org.au

How You Can Help

PALS is a social/recreational program where volunteers are matched one-on-one with a person living with a serious mental illness. They meet once a fortnight for two hours, and the focus of the program is on social connectedness and developing social and recreational opportunities, as well as building a relationship to combat social isolation. PALS volunteers need to commit to the program for 12 months, and are provided with training and ongoing support throughout that time.

Multiple Sclerosis (MS)

MS supports people, their families and carers living with multiple sclerosis. As an organisation we provide services, education, community groups and online and group peer support programs.

54 Railway Road, Blackburn
Contact: Kerry Reiter-Lynch
Ph: 9845 2907
kerry.reiterlynch@msaustralia.org.au
www.msaustralia.org.au

MS also has a Community Visitors Scheme that visits isolated elderly people in their homes or supported accommodation.

How You Can Help

Volunteers can undertake a variety of roles, including visiting isolated people, people with MS, gain retail experience in nearby Kew or Waverley at a MS community shop. Other roles may include administration or support at our many fundraising events.

43 Prospect St, Box Hill
Contact: Elizabeth Cromb
Ph: 9895 5886
compeer@svdp-vic.org.au
www.vinnies.org.au

St Vincent de Paul Society, Compeer Program

St Vincent de Paul Society, Compeer Program aims to improve the quality of life of people living with mental illness by matching them with a friendly volunteer. Compeer volunteers are supported by experienced mental health workers in the program and in the service supporting the companion. Compeer provides regular information sessions throughout the year for people to learn about the volunteer role.

How You Can Help

Volunteers form a friendship through engaging in social and recreational activities once a week for an hour. The program needs resilient, friendly, reliable, non-judgmental adults to support the inclusion of a person living with the effects of a mental illness. There may also be a position available on our Advisory Group which provides advice and support to the program. Skills and interests can be varied. This role requires attendance at four evening meetings a year.

Wesley Do Care East

1/168 Boronia Road, Boronia
Contact: Hannah Landray
Ph: 8706 1700
docareeast@wesley.org.au
**www.wesley.org.au/supportus/
volunteer.html**

Wesley Mission Victoria addresses social isolation through Do Care, a social support program. Do Care was developed to help socially isolated and frail older people or those with a disability reconnect with the community. Do Care is seeking volunteers who can commit two hours a week or fortnight to visit an older or frail person or person with a disability for outings and companionship.

How You Can Help

Volunteers can help provide companionship and social support (one to one, or as part of a group). They can also facilitate group outings and activities to include older people from a culturally and linguistically diverse background, take part in the Wesley Telelink phone-based friendship group, or take part in the Pet Pals program.

Alkira

Disability

Alkira supports people with an intellectual disability to live with dignity, fulfillment and independence. It operates four learning and activity campuses and six residential facilities, servicing a clientele of roughly 150 people.

3 Thurston Street, Box Hill
Contact: Simon Nette
Ph: 9890 1365
s.nette@alkira.org.au
www.ames.net.au

How You Can Help

Opportunities range from providing assistance to instructors in group activities, giving one-to-one assistance to clients as they pursue their interests out in the community. Helpers are always welcome in the Op Shop and to assist with gardening and in the after-hours leisure activities program which occurs on weeknights and weekends.

All volunteers have an initial interview, receive induction training, as well as on-job orientation. Volunteers must also have a police check and complete a probationary period.

Burke and Beyond

Burke and Beyond is an organisation that supports people with intellectual and physical disabilities from the ages of 18 to 65 to live the life they want. We operate from four sites in the eastern suburbs; located in Canterbury, Blackburn, Blackburn South and Bayswater. We operate Monday to Friday from 9am to 3pm.

114 Fulton Road,
Blackburn South
Contact: Burke and Beyond
Ph: 9886 1111
admin@burkeandbeyond.org.au
www.burkeandbeyond.org.au

How You Can Help

Volunteers are vital to assist our dedicated staff who work together to make a difference to the participants' lives. We offer a wide range of activities including; numeracy, literacy, life skills, swimming, horse riding, craft, art, cooking, Tai Chi, walking, ten pin bowling and tennis. New programs are always being developed.

Disability

56 Rutland Road, Box Hill
Contact: Sue Reid or
Elizabeth Churchward
Ph: 1800 678 069
volunteering@cbm.org.au
www.cbm.org.au

CBM

CBM is a non-profit Christian organisation devoted to improving the lives of people with disabilities in the poorest places in the world through helping to deliver better health care, education and training, rehabilitation, and livelihood opportunities. CBM believes that they are called to reach out to the poorest men, women and children in need to bring hope and healing.

How You Can Help

Volunteers at CBM have the opportunity to assist with administration in the form of mailings, hospitality, data entry, transcription, library work and helping with community education events.

67 Sutherland Road, Armadale
Contact: Tess Lynch
Ph: 9509 4266
volunteer@im.org.au
www.inclusionmelbourne.org.au

Inclusion Melbourne

Inclusion Melbourne provides personalised, person-centred support to adults with an intellectual disability. The organisation is guided by the fundamental belief in the worth and value of every person, and that it is everyone's right to live in, contribute to, and be recognised by their community as an equal.

How You Can Help

Inclusion Melbourne has opportunities for volunteers of all ages and abilities – community connectors, leisure buddies, art mentors, tutors, drivers, counsellors, fundraisers and friendly visitors. All volunteers are fully trained and supported.

Interchange Inner East

Disability

Interchange Inner East provides families of a child with a disability, choices and options for recreation and community activities, respite and support.

Host Program Volunteering

As a host volunteer you will be matched to a child with a disability and provide care for the child on a regular basis.

Recreation Program Volunteering

Recreation volunteers attend camps and activities with groups of young people with disabilities to support their participation within the community. Volunteers are supported by trained staff.

2 Kendall Street, Canterbury
Contact: Belinda Ventrella
Ph: 9836 9811
enquiries@iie.org.au
www.iie.org.au

QR code:



Melbourne East Disability Advocacy (MEDA)

MEDA provides individual and volunteer citizen advocacy, information and support to people with an intellectual disability.

How You Can Help

A volunteer citizen advocate provides spokespersonship, practical advocacy, community inclusion and friendship to a person with an intellectual disability.

Volunteer citizen advocates enter a relationship with a person with an intellectual disability to represent their interests, and offer new experiences and opportunities.

1059 Riversdale Road,
Surrey Hills
Contact: Program Manager
Ph: 9808 8633
office@meda.org.au
www.meda.org.au

Disability

830 Whitehorse Road, Box Hill
Contact: Mike McDermott
Ph: 0419 755 142
mmcdermott@scopevic.org.au
www.scopevic.org.au

Scope (Victoria)

Scope provides services to more than 4000 people with a disability from 97 service locations across Victoria.

Scope's services include therapy, supported living, lifestyle options and individual support, respite, individual support package facilitation, Scope Business Enterprises and the Communication and Inclusion Resource Centre.

How You Can Help

Corporate volunteers can assist with various projects to help people with a disability, including visits to Supported Employment.

Volunteers help people with a disability learn new skills; gardening, photography, drama, exercise, technology and more.

Solve Disability Solutions

c/o Royal Talbot Rehab. Centre,
1 Yarra Boulevard, Kew
Contact: Solve Disability
Solutions
Ph: 9853 8655
volunteer@solve.org.au
www.solve.org.au

Solve Disability Solutions solves equipment related problems faced by people with disabilities through the design, construction or modification of equipment where the need cannot be met commercially.

How You Can Help

Technical

People with engineering, trades or handyman skills and knowledge. Access to tools and a workshop required.

Freedom Wheels Assembly

In a small team you will assemble customized bikes for clients. Basic knowledge of bike mechanics required.

Freedom Wheels Clinics

Assist our occupational therapist at bike assessment clinics by adjusting bikes to clients' needs.

Special Olympics Melbourne Inner East

Disability

Special Olympics provides year-round sports training and opportunities for competition for children and adults with an intellectual disability, enabling them to reach their personal best.

Sports include aquatics, athletics, basketball, bocce, cricket, equestrian, golf, gymnastics, soccer, sailing, softball, tennis, tenpin bowling and winter sports.

How You Can Help

Volunteers can contribute to a weekly program in one of the above sports, coordinate events, participate in committee work within a local region or coach sport (accreditation required).

**PO Box 181
Surrey Hills 3127
melbourneie@
specialolympicsregion.com.au
www.specialolympics.com.
au/vic**

Yooralla Family Based Respite Program

The Yooralla Family Based Respite Program offers recreation, day and overnight respite care for children aged 6 -12 with a disability, in a family environment.

The program's goal is to provide families with a planned respite option, where the children can have fun, develop new friendships and participate in activities or experiences that both the child and volunteer carer can enjoy.

How You Can Help

Volunteer carers provide respite in the community or the carer's home. Carers support the child to have fun, develop their skills and provide their family with a break from their caring role. A variety of people become carers and experience is not necessary.

**Suite 1, 587 Canterbury Road,
Surrey Hills
Contact: Family Based Respite
Program Coordinator
Ph: 9831 5600
familyoptions@yooralla.com.au
www.yooralla.com.au/services/
respite/family-based-respite**

**Corner Mahoneys and
Hawthorn Roads, Burwood East**
Contact: Nicki Whitfield
**whitfield.nicolette.s@edumail.
vic.gov.au**
www.burwoodhps.vic.edu.au

Burwood Heights Primary School

Burwood Heights Primary School provides a unique outdoor learning program to nurture students of all abilities and support the academic program. It aims to ensure that all students experience success and happiness at school through opportunities in cooking, gardening, science and innovative play.

How You Can Help

Volunteers interact with children in activities and conversation. They help students and staff in the kitchen, working with a group of about five students to cook a recipe for everyone to share. Programs run on Tuesdays and Wednesdays from 9.30am-11.30am or 11.30am-1.30pm. Volunteers are required to have a "Working With Children" check.

RoadSafe Eastern Metro

**c/o Secretariat Office, Suite 5,
250 Gore Street, Fitzroy**
**Contact: RoadSafe Eastern
Metro Public Officer**
Ph: 9416 3833
roadsafe@clems.com.au
**www.roadsafeeasternmetro.
org.au**

RoadSafe Eastern Metro (REM) is a community organisation consisting of residents, local government representatives and officers from Victoria Police that work towards engaging the community in addressing road safety issues.

How You Can Help

Volunteers assist with developing and implementing community road safety programs including Bike It, Fit to Drive, Looking After Our Mates, Wiser Driver and child restraint fittings.

U3A Box Hill Inc.

Education

U3A Box Hill is a not-for-profit organisation catering for the widely varying interests and educational needs of members, who expand their skills and knowledge by learning from the talents and experience of other members.

No qualifications are required to join, and no qualifications are awarded. U3A is about making friends and contributing to the local community at the same time.

How You Can Help

Volunteers can offer their time, skills and talents in a wide variety of interest areas, either as a participant or organiser. Volunteers can get involved with clerical or publicity activities and/or running classes (in topics such as languages, history, music, card games and exercise).

**29 Strabane Avenue,
Mont Albert North
Contact: The Secretary,
U3A Box Hill
Ph: 9898 3336
info@u3aboxhill.com.au
www.u3aboxhill.com.au**

QR code:



U3A Nunawading Inc.

U3A Nunawading is a not-for-profit organisation for retirees and semi-retirees, run entirely by volunteers for the benefit of its almost 2,000 members. It offers around 150 different classes ranging from academic subjects such as languages, philosophy and current affairs to computer training, music, dance, exercise, arts and crafts. U3A Nunawading also has a strong social program and is heavily involved in local community events and activities.

**16-20 Silver Grove, Nunawading
Contact: The Secretary
Ph: 9878 3898
u3anuna@bigpond.com
www.u3anunawading.com.au**

How You Can Help

You can volunteer by sharing your specialist knowledge as a Class Leader. You do not have to be a trained teacher, just have a passion for your particular area of interest. All administrative roles within U3A Nunawading are carried out by volunteers. If you would like to join this great organisation as a volunteer, give us a call.

Weeden Heights Primary School

Weeden Drive, Vermont South
Contact: Jenny Watts
Ph: 9802 0663
watts.jenny.je@edumail.vic.gov.au
www.weedenheightsps.vic.edu.au

Weeden Heights Primary School provides children with enhanced opportunities for learning through a rich and diverse array of extra curricula activities including the Stephanie Alexander Kitchen Garden Program.

How You Can Help

Students in Year 3 and 4 participate in weekly kitchen and garden classes in the Stephanie Alexander Kitchen Garden program.

Specialist teachers guide students through the philosophy of growing, harvesting, preparing and sharing. Activities include seed propagation, worm farming, chook husbandry and general principles of permaculture. Classes cook four different recipes each week to share, based on the harvest from the garden. Classes run on Wednesday (garden and kitchen) and Thursday (kitchen only).



The Field Naturalists Club of Victoria Inc.

Environment

The Field Naturalists Club of Victoria aims to stimulate interest in our natural environment and to preserve and protect Australian flora and fauna. Special interest groups focus on botany, fauna, fungi, geology, marine research, microscopy, terrestrial invertebrates and a group especially for the juniors. Membership is open to any person interested in natural history and includes beginners as well as experienced naturalists.

How You Can Help

Volunteers can meet with others who have a passion for our natural environment and attend weekly meetings with leading speakers in all areas of natural history. We also have training/workshops, regular excursions and field surveys and access to our extensive natural history library.

**1 Gardenia Street
(PO Box 13), Blackburn
Contact: Administration Officer
Ph: 9877 9860
admin@fncv.org.au
www.fncv.org.au**

QR code:



Greenlink Nursery

Greenlink Nursery is a community nursery which works in conjunction with Whitehorse City Council's ParksWide staff to restore and manage local flora. The nursery propagates thousands of indigenous plants for planting by domestic and professional gardeners, landscapers, and for re-vegetation by local schools, Landcare, and other groups. The nursery is open for volunteering and sales on Tuesday and Wednesday, 9am till 12pm and on five Saturday mornings per year.

How You Can Help

Volunteers can help with nursery tasks such as: propagating plants from cuttings, pricking out seedlings, collecting and sowing seeds, weeding and doing general maintenance tasks and field work. Full training is provided, so no prior gardening experience is necessary.

**41 Wimmera Street,
Box Hill North
Contact: Suzette Hosken
(President) or
Nicky Mayer (Secretary)
Ph: 0479 121 653
greenlinkboxhill@gmail.com
<http://sites.google.com/site/greenlinkboxhill>**

Parkland Advisory Committees



Parkland Advisory Committees assist Whitehorse City Council in caring for many parks in the City of Whitehorse. The committees organise working bees, planting days, weed removal, revegetation and community education.

How You Can Help

Volunteers can be involved in activities such as weed removal, tree planting, bird surveying, water quality testing, litter removal, staffing visitor centres at Blackburn Lake and Yarran Dheran, development of promotional material and having a say on future plans for the park. Graphic design, desktop publishing and website design skills are much in demand.

At Blackburn Lake Sanctuary, volunteers are needed for an education program which provides a wide range of environmental topics for school groups, holiday programs and adult groups.

Antonio Park Advisory Committee

Contact: Diane Baxter
diane.ken@optusnet.com.au

Bellbird Dell Advisory Committee

Contact: Anne Makhijani
makhijaniaj@optusnet.com.au
www.bellbirddell.org

Blackburn Creeklands Advisory Committee

Contact: Megan Short
blackburncreeklands@gmail.com
<http://blackburncreeklands.wordpress.com>

Blackburn Lake Sanctuary Advisory Committee

Contact: Anne Payne
annepayne@optusnet.com.au
www.blackburnlakesanctuary.org

Buckanbe Park Advisory Committee

Contact: Vivien Ibbott
vivien@newscan.com.au

Campbells Croft / Abbey Walk

Contact: Adrienne or Val
campbellscroft@yahoo.com.au
www.ccaw.org.au

Cootamundra Walk Advisory Committee

Contact: Margaret Witherspoon
wwwm@bigpond.com

Halliday Park Advisory Committee

Contact: Elizabeth De Maria
liz.demaria@gmail.com
www.hallidaypark.webs.com

Harding Street Reserve Advisory Committee

Contact: Diana Foster
dianaf@netspace.net.au

Ronald E Gray Reserve Advisory Committee

Contact: Brian Duvoisin
9878 9043

Simpson Park/Somers Trail Advisory Committee

Contact: Val Turnbull
vturnbull@optusnet.com.au

Wandinong Sanctuary Advisory Committee

Contact: Graham Bell
graham@intherm.com.au

Wurundjeri Walk Advisory Committee

Contact: Marianne Woodford
mwoodford@inet.net.au
<http://wurundjeriwalk.wordpress.com>

Yarran Dheran Advisory Committee

Contact: Gay Gallagher
gay.gallagher@bigpond.com
<http://yarrandherannaturereserve.wordpress.com>

Whitehorse Community Indigenous Plant Project (Bungalook Nursery)

Environment

**63-107 Fulton Road,
Blackburn South
Contact: Secretary
wcipp@yahoo.com.au
www.wcipp.org.au**

WCIPP Inc. is composed of representatives from Bushland Parks Advisory Committees and from the wider community. As well as the many opportunities at the nursery, volunteers participate in guided walks through the city's bushland parks and go on excursions to sites of interest outside Whitehorse.

How You Can Help

Volunteers collect seed and vegetative material; propagate plants indigenous to the Whitehorse region for planting into Whitehorse City's bushland parks and/or other Council and community purposes such as schools, community centres, and housing and commercial projects; as well as private gardens.

Skills learned include: plant identification and propagation; maintaining records of production; and general nursery maintenance and upgrading.



PANDA (Post and Antenatal Depression Association)

Family Support

PANDA supports families affected by perinatal depression and anxiety, providing confidential support, information and referral services through a national telephone helpline, staffed partly by trained volunteers, many of whom have experienced perinatal depression or anxiety themselves. PANDA also offers a home visiting service to support families.

**810 Nicholson Street,
North Fitzroy
Contact: Volunteer Coordinator
Ph: 9481 3377
volcoord@panda.org.au
www.panda.org.au**

How You Can Help

Volunteers can train to become a telephone support worker, working a rostered shift to provide support, information and referrals, or visit families with pre-school children through the HomeStart program.

Anglicare Victoria's Eastern Foster Care Program

Anglicare Victoria's Eastern Foster Care program provides temporary alternative home based care for children and young people aged 0–18 who can no longer remain with their families. The Foster Care program offers a variety of placement options including planned respite, emergency, short-term and long-term placements. Volunteers Friends are also required to provide additional support.

**7-11 Shipley Street,
Box Hill, VIC 3128
Contact: Volunteer
Recruitment, Training and
Retention team
1300 889 335
fostercare.eastern@
anglicarevic.org.au
www.anglicarevic.org.au**

How You Can Help

Volunteers in the 'Friends' program contribute their time on a weekly, fortnightly or monthly basis to provide support to children, young people and/or foster families. Opportunities include occasional child minding, mentoring, tutoring or transport assistance. Foster care families provide short or long-term overnight care.

PO Box 348, Nunawading
Contact: President
Ph: 0414 368 121
president@eamba.amba.org.au
www.eamba.amba.org.au
www.facebook.com/
EasternAreaMBA

Eastern Area Multiple Birth Association

EAMBA supports families of multiples living in Maroondah, Whitehorse, Manningham and the Shire of Yarra Ranges. Our members include families of twins, triplets and quads – from expectant parents to families with school-aged multiples. We provide events, playgroup, support, education, discounts and information on multiples.

We are a self-help group that aims to increase awareness of the special needs of multiple birth families and improve resources available.

How You Can Help

Volunteers can play a vital role in assisting families in many different ways. They can facilitate playgroups, cook meals for new parents, assist families with triplets (or more) around the home as part of a roster, educate members on topics that families with multiple births are at high risk of experiencing; complicated pregnancies, premature birth, antenatal and postnatal depression, children with disabilities, social isolation, financial hardship and relationship breakdown. There are also committee roles available for EAMBA members.

Eastern Palliative Care

Family Support

Eastern Palliative Care is a home-based service providing support programs that improve the quality of life of individuals, carers and families of those suffering terminal illnesses. Clients are referred by themselves, their family or friends, by a treating doctor, local hospitals, treating specialists or allied health professionals. EPC has a large and vibrant community of volunteers who say it is “the most rewarding work you will ever engage in.”

**Level 1, Building 2,
630 Mitcham Road, Mitcham**
**Contact: Krystal Wallis,
Penelope Di Sario or
Anna Taylor**
Ph: 1300 130 813
epccip@epc.asn.au
www.epc.asn.au

How You Can Help

You can support Eastern Palliative Care through volunteer roles such as providing companionship or transport for clients or by providing respite for the carers through your presence in the home (no personal care or home duties). You could even help a client write their own biography. All roles are supporting people in their last months of life.

Extended Families Australia

Extended Families Australia provides support, respite, significant social relationships and community participation for children with disabilities and their families. We seek to widen social networks, empower individuals, promote inclusion and strengthen the bonds people have within their local area.

**Suite 15, Box Hill Town Hall
Hub, 27 Bank Street, Box Hill**
Contact: Rosemary Nicholls
Ph: 9275 6953
rosemary@extendedfamilies.org.au
www.extendedfamilies.org.au

How You Can Help

Volunteers provide long term companionship and flexible respite support to a child/young person and their family through regular visits and/or community outings. Volunteers may spend regular time with a child, and sometimes the family, either at the family’s home, a community setting or the volunteer’s home at a time and interval based on family needs and volunteer availability.

Programs include the Family Match and Live Your Community programs.

Box Hill Hospital, Eastern Health

**PO Box 94, Box Hill
Hospital, Box Hill
Contact: Eastern Health
Volunteer Services
Ph: 9895 4658
volunteers@easternhealth.
org.au
www.easternhealth.org.
au/site/item/23-volunteer-
programs**

Established in 1956, Box Hill Hospital is the largest of our acute hospitals admitting more than 48,000 patients each year. We provide a wide range of healthcare services including: emergency care, general and specialist medicine, intensive care, mental health services for children, adolescents and adults, maternity services, post-acute care programs, surgery, teaching and research.

We are a university teaching hospital affiliated with Monash, La Trobe and Deakin Universities.

How You Can Help

Volunteers can become involved in many areas of the organisation. Roles include: Kiosk, Patient Library, Spiritual Care, Welcome Ambassadors and EDcare Program (volunteers in the emergency departments), Transport Driver or Transport Coordinator.



Carrington Health

Carrington Health delivers effective, efficient and innovative health programs and partnerships that make a difference to those at risk and the broader community.

We offer both individual and group programs for children and adults. We have allied health, children's and family health, counselling and dental services. There are also diabetes services, help to learn to live with a chronic illness, social support and prevention programs.

How You Can Help

Volunteering at CH offers an opportunity to become involved in the local community, meet other people and to make a positive contribution. It's also a means of enhancing specific skills and talents, personal development and self-esteem.

St John Ambulance Australia (VIC) Inc.

St John Ambulance Australia is a self-funded volunteer based charity. Our vision is to aim for "At least one person educated, equipped and prepared to provide First Aid in every home, workplace and public gathering".

How You Can Help

St John offers opportunities for members of the public to volunteer at a range of fantastic events. All members are trained, prepared and equipped to provide first aid to the community at local & major events. We're always looking for more volunteer members. For more information on to apply, follow this link: www.stjohnvic.com.au/volunteers

**Level 2, 43 Carrington Road,
Box Hill
Contact: Volunteer Manager
Ph: 9890 2220
info@carringtonhealth.org.au
www.carringtonhealth.org.au**

**Corner Elgar and Belmore
Roads, Box Hill North
Contact: St John Ambulance
Australia (VIC)
Ph: 1300 360 455
info@stjohnvic.com.au
[www.stjohnvic.com.au/
volunteers](http://www.stjohnvic.com.au/volunteers)**

Old Monbulk Road, Belgrave
Contact: Susan Ham
Ph: 9757 0715
volunteering @pbr.org.au
www.puffingbilly.com.au/
volunteering

Puffing Billy Railway

Puffing Billy is a genuine relic of a more leisurely time. An historic steam train operating in the Dandenong Ranges, it was built at the turn of the century to serve both tourism and commerce.

We encourage volunteers from all walks of life, embracing those from other countries as well as locally. The railway relies on the support and dedication of the volunteers, to maintain a famous Australian icon into the future.

How You Can Help

Opportunities are in abundance at Puffing Billy – from cleaning an engine, tour guiding, environmental restoration, administration, building works, retail experience – we have it all. Please give us a go.

Whitehorse Historical Society Inc.

Local History Room, Schwerkolt
Cottage and Museum Complex,
Deep Creek Road, Mitcham
Contact: Secretary
Ph: 9873 4946
whitehorsehistory@hotmail.com
http://home.vicnet.net.
au/~ndhsinc

The Whitehorse Historical Society provides museum displays and research assistance to the local community, schools and other visitors, focusing on the history of the Whitehorse area. The Complex is accredited by Museums Australia (Vic). The Society runs Wednesday working groups (10am – 3pm) and working bees (4 Saturdays a year) in addition to scheduled open days and festivals. Training is provided. Computer skills and a passion for history are desirable.

How You Can Help

Volunteers can help the working groups maintain and research the collection and assist with displays, or provide cataloguing, administration, website and digital media project assistance. Volunteers can come along to a working bee to help maintain the cottage and museum, or assist at an event or festival.

Eastern Community Legal Centre

Legal

Eastern Community Legal Centre seeks equality and social justice within the legal system for disadvantaged members of the community. They accomplish this by providing direct legal services and community education provided by professional staff, volunteers and community partners. The service covers six local government areas in Melbourne's east, including the City of Whitehorse, and has been operating as an independent nonprofit community agency since 1974.

**Suite 3, Box Hill Town Hall Hub,
27 Bank Street, Box Hill
Contact: Kelsey Smith
Ph: 9285 4822
kelseys@eclc.org.au
<http://eclc.org.au>**

How You Can Help

Eastern Community Legal Centre welcomes expressions of interest from prospective volunteers to ensure vacancies within its many programs are quickly filled and services are continuously available to members of the Whitehorse community. Volunteers contribute to the Centre in many ways, including administration, project support, legal advice and legal support. Information on volunteering and the application process is available at www.eclc.org.au/volunteering



**34-36 Prospect Street,
Box Hill 3128
Contact: Gitta Clayton
Ph: 9847 0405
claytong@ames.net.au
www.ames.net.au**

AMES Volunteer Tutor Program

For 60 years AMES has helped new and recently arrived refugees and migrants to settle in to Victoria. AMES offers much more than just teaching English; we not only work with new arrivals but also with the community, business and Government to develop sustainable and effective settlement solutions for the whole Victorian community. Our vision is 'Full Participation for all in a cohesive and diverse society'.

How You Can Help

Volunteering with AMES provides opportunities to work with newly arrived migrants and refugees. Volunteers receive training and are gender matched with an adult migrant or refugee who they visit in their own home or in a community setting once per week for one to two hours assisting with English and settlement skills.

Chinese Health Foundation of Australia

**Suite 12, 27 Bank Street,
Box Hill Town Hall Hub, Box Hill
Contact: Mei Yu
Ph: 9285 4812
info.chfa@gmail.com
www.chinesehealthfoundation.
com**

The Chinese Health Foundation of Australia promotes health amongst the Chinese-Australia community. Through collaboration with the community we identify community health problems and aim to empower individuals with knowledge so that they can make informed decisions about their own health. We also organise appropriate activities to improve mental, social and physical well-being of participants. We help other health organisations to produce health messages relevant to Chinese people, and develop and conduct community interventions.

How You Can Help

We train and engage volunteers to support our activities, such as the Elderly Club, clerical duties or taking part in activities related to health promotion. Volunteers are also referred and encouraged to get involved and assist in other organisations.

Migrant Information Centre – Eastern Melbourne (MIC)

Migrants And Refugees

The MIC supports migrants and refugees in the Eastern Region of Melbourne, including the City of Whitehorse. We assist refugees and family stream migrants to successfully settle through a range of services and programs including case work, family support, migration advice, information sessions, homework support and playgroups, as well as sporting and recreational programs. We also have programs to assist older people to access HACC services, as well as to better understand aged care services.

**Address: Suite 2, Box Hill
Town Hall Hub, 27 Bank Street,
Box Hill**
Contact: Mervat Dahdoule
Ph: 9285 4888
**mdahdoule@miceastmelb.
com.au**
www.miceastmelb.com.au

How You Can Help

Volunteers can help with homework support programs (assisting primary and secondary school students to study effectively), driving mentor program, refugee settlement program, children’s holiday program, community events, providing transport to appointments and office administration. Volunteers can also help socially isolated older people from a culturally and linguistically diverse background by offering friendship and companionship through regular visits.



Service Clubs

Rotary Club of Box Hill

Contact: Trevor Donegan

Ph: 0438 599 285

secretary@boxhillrotary.com.au

http://boxhillrotary.com.au

Dinner meeting

(Tuesdays 6.15 for 6.30pm)

Rotary Club of Box Hill Central

Contact: Don Sweeney

Ph: 0411 149 459

www.rotaryboxhillcentral.org.au

Breakfast meeting

Rotary Club of Forest Hill

Contact: Bill Marsh

Ph: 0417 369 343

foresthillrotary@hotmail.com

www.foresthillrotary.com

Rotary Club of Mitcham

www.rotarymitcham.com

Rotary Club of Mont Albert and Surrey Hills

Contact: Nigel Cooper

Ph: 0411 557 338

info@rotarymash.org.au

www.rotarymash.org.au

Evening meeting

(6.50pm for 7pm)

Rotary Club of Nunawading

Contact Sue Warmington

Ph: 9874 8006

nunawadingrotary@gmail.com

Website: rotarynunawading.com.au

Whitehorse Rotaract Club

Contact: John Warren

Ph: 0421 716 982

whitehorse_rotaract@

hotmail.com

www.whitehorserotaract.org.au

Rotary Clubs

The main objective of Rotary is service — in the community, in the workplace, and throughout the world. Rotarians develop community service projects that address many of today's most critical issues, such as children at risk, poverty and hunger, the environment, illiteracy, and violence. They also support programs for youth, international exchanges for students and vocational and career development.

The six Rotary Clubs and Rotaract Club in the City of Whitehorse are not only about community service and making a difference in the world; they are also about personal development, friendship and fun for the members.

How You Can Help

Opportunities vary from club to club, but include:

- Running markets including Whitehorse Farmers' Market
- Community service including working in a Food Kitchen or visiting elderly people in hostels
- Growing seedlings for native vegetation belts in rural Victoria
- Regular club meetings
- Mentoring and mock Job Interviewing secondary students
- Running major fundraising events such as Art Show and Antiques Fair
- Working in a Rotary Op Shop – one of several 3 hour shifts.
- Picking up furniture for Eastern Emergency Relief
- Assisting in community events
- Participating in Cancer Council's Relay For Life
- Learning about other vocations
- Participating in District and International conferences
- Fundraising activities such as assisting with a sausage sizzle, raffles to raise money for polio eradication, selling mince pies and hot cross buns.

Lions Clubs

Service Clubs

Lions are members of Lions Clubs International, the largest service organisation in the world, with nearly 1.35 million members. Lions Club members are men and women who strive to make a difference in their local community as well as in communities worldwide by providing hands-on assistance to enhance their communities. While doing so they acquire new skills, new friends for life and have an enormous amount of fun.

How You Can Help

Opportunities vary from club to club, and range from organising and running fund raising activities, programs aimed at youth (Youth of the Year, Peace Posters), assistance to the aged or disadvantaged and projects for community and the environment.

There are also state and national initiatives that harness the collective resources of clubs. For example, Lions were involved with the development of the bionic ear and the cervical cancer vaccine. We also inspired a young Fred Hollows and continue to fund other research initiatives involving diabetes and autism.



Lions Club of Blackburn North
Ph: 0419 549 224
blackburnnorth@
lionsclubs201v5.org
<http://blackburnnorth.vic.lions.org.au>

Lions Club of Box Hill
Ph: 0408 753 266
boxhill@lionsclubs201v5.org
www.boxhillions.org

Lions Club of Forest Hill
Ph: 9725 1393
foresthill@lionsclubs201v5.org
secretary@
lionsclubofforesthill.org.au
www.lionsclubofforesthill.org.au

Lions Club of Mitcham
Ph: 9729 5705
mitcham@lionsclubs201v5.org
<http://mitcham.vic.lions.org.au>

Lions Club of Nunawading
Ph: 9873 2297
nunawading@lionsclubs201v5.org,
nunalions@optusnet.com.au
<http://nunawading.vic.lions.org.au>

Lions Club of Vermont
Ph: 9720 5298
vermont@lionsclubs201v5.org
www.vermont.vic.lions.org.au

Lions Club of South Vermont
Ph: 9800 4292
southvermont@
lionsclubs201v5.org
<http://southvermont.vic.lions.org.au>

Eastern Volunteers

**Head Office: 1/36 New Street,
Ringwood**
**Box Hill Office: Suite 14,
Box Hill Town Hall Hub,
27 Bank Street, Box Hill**
Contact: Reception
Ph: 9870 7822
info@easternvolunteers.org.au
www.easternvolunteers.org.au

QR code:



Eastern Volunteers is a volunteer resource centre that interviews, assists or places more than 2700 individuals each year who seek volunteer roles within our community. Established in 1976, Eastern Volunteers also supports over 400 not for profit organisations and volunteer managers across Whitehorse, Maroondah and Yarra Ranges with volunteer services; recruitment, training and placement.

Eastern Volunteers also provides volunteer assisted transport supporting frail aged and people with disabilities to attend medical, community and social appointments.

How You Can Help

Eastern Volunteers has approximately 235 volunteers in a variety of roles including volunteer driver, office administration, event support, gift wrappers, web and graphic design, interviewers and board members.

In addition, Eastern Volunteers can link volunteers to other opportunities in the community such as environment conservation, aged care, disability support, fundraising, newly arrived migrants, catering, and retail.



Boroondara Volunteer Resource Centre

Volunteer
Resource Centres

The Boroondara Volunteer Resource Centre promotes, supports and resources volunteering within the City of Boroondara and surrounding areas. The centre offers a comprehensive range of free services including training, advice and support, a volunteer referral service and promotional opportunities including the annual Boroondara Volunteer Expo held in March each year.

8 Inglesby Road, Camberwell
Contact: Boroondara Volunteer Resource Centre
Ph: 9278 4550
bvrc@boroondara.vic.gov.au
www.boroondara.vic.gov.au

How You Can Help

The Boroondara Volunteer Resource Centre works to link volunteers with diverse opportunities which support a range of community-based organisations. Roles include administration, tutoring, aged care, child care, disability services, youth work, op shops, gardening and environmental work, meals on wheels and driving.

South East Volunteers

South East Volunteers provides an extensive volunteer referral service as well as programs for the aged, people with disabilities and people from culturally and linguistically diverse backgrounds. The organisation provides training for volunteers and volunteer managers.

5 Myrtle St, Glen Waverley 3150
Contact: Volunteer Services
Ph: 9562 0414
info@sev.org.au
www.sev.org.au

How You Can Help

South East Volunteers offers general and specific training for all volunteers which can be of great advantage to you if you decide to volunteer in one of our smaller organisations that may not have the resources to offer training.

When you wish to register as a volunteer you will be interviewed and efforts will be made to ensure that a correct 'match' is made.

Volunteering in Manningham

**Suite 4, Level 1,
687 Doncaster Road, Doncaster**
Contact: Meredith Bubner
Ph: 9856 1546
vim@doncare.org.au
www.vim.org.au/

Volunteering in Manningham (ViM) is a program of Doncare Community Services and is a first contact point to find volunteering opportunities in the Manningham area. ViM helps organisations fill volunteer positions, supports volunteers and agencies and promotes volunteering within Manningham.

ViM runs monthly Introduction to Volunteering sessions and provides confidential and friendly interviews to help people identify suitable volunteering opportunities in Manningham and surrounds.

How You Can Help

There are many different ways that you can volunteer and there is a wide range of volunteering opportunities available in Manningham. The most common are: fund raising, including op shops; preparing and serving food; teaching and tutoring; office and administration work; being involved in sport and recreation; caring for the environment; helping older people; social visiting and companionship; working with young people; helping people with a disability; providing emergency services; and driving people and transporting things.



Box Hill Citizens' Advice Bureau

Welfare

The Box Hill Citizens' Advice Bureau provides support services, information, referrals and emergency relief for individuals and families in need.

We are staffed by trained volunteers who respect the privacy and confidentiality of all requests with due regard to language and cultural needs.

How You Can Help

Volunteer community support workers need to complete a six-week accreditation course with the support of a mentor.

Other volunteer work available – administration, data input, food collection/packing and handling and general office duties.

**Suite 1, Box Hill Town Hall Hub,
27 Bank Street, Box Hill
Contact: Di Lucas
Ph: 9285 4801
boxhillcab@optusnet.com.au**

Box Hill RSL Sub-branch Inc.

The Box Hill RSL provides a range of welfare services and supports for veterans, ex-servicemen, ex-servicewomen, their families, widows and widowers. The Welfare Department provides information, advocacy and support with service, war widow and disability pensions, aged care issues, community and government organisations. It also provides counselling, visitation, support groups, special interest groups and other services that help maintain the health, independence and dignity of our members.

How You Can Help

You can help by visiting the sick or isolated in hospital, aged care facilities or private homes; helping with funeral rituals and welfare activities; providing pension advice; helping in the library or office or tutoring in computer skills

**26 Nelson Rd, Box Hill 3128
Contact: Faye Clark, Welfare
Coordinator
Ph: 9894 2044
welfmgr@boxhillrsl.com.au
www.boxhillrsl.com.au**

**14 Livingstone Close, Burwood
or Suite 11, Professional Suites,
Central Box Hill, 17 Market
Street, Box Hill
Contact: Lydia Chan
Ph: 9888 8671 or 9888 8493
lydia.chan@ccssci.com.au
www.ccssci.com.au**

Chinese Community Social Services Centre Inc.

The Chinese Community Social Services Centre Inc. (CCSSCI) represents the interests of the Chinese-Australian community in Victoria through the delivery of quality social services, education and advocacy. Its services include home and community care, home care packages and On Luck Chinese Nursing Home as well as support for new migrants and people with mental health, disability, parents with children with special needs, etc.

How You Can Help

Volunteers can assist in Planned Activity Groups, teaching classes such as handcrafts, English, tai-chi, gentle exercise and cooking demonstrations. Volunteers assist with fundraising events, administrative tasks and transport for elderly people to organised activities.

Eastern Emergency Relief Network Inc.

**Factory 1, 10-12 Thornton
Crescent, Mitcham
Contact: Ray Freeman, Secretary
Ph: 9874 8433
info@easternemergency.org.au
www.easternemergency.org.au**

The Eastern Emergency Relief Network sources, collects and holds furniture and other essential household items ready for distribution to people experiencing disadvantage in the Eastern suburbs. Items are distributed through a network of member welfare agencies. The EERN is an entirely volunteer-run organisation, operating from 9am-1pm on weekdays.

How You Can Help

Volunteers can help in the warehouse by sorting bedding and other donated items or helping clients choose items. They can also help in the office by responding to enquiries or by driving the collection van/truck (no special licence required) or assisting with the collection of goods.

LinC Whitehorse

Welfare

LinC Whitehorse is a group of more than 50 volunteers from local Christian churches who assist Whitehorse residents with practical short or medium-term needs. Services include home help, shopping assistance, friendship, garden maintenance, transport and tutoring. LinC aims to meet some of the needs not met by community welfare agencies, and offers assistance regardless of a person's beliefs or background.

**81 Doncaster East Road,
Mitcham
Ph: 9873 2293
lincwhitehorse@bigpond.com
www.lincnational.org.au**

How You Can Help

Volunteers must be members of a Christian church in the City of Whitehorse, preferably a church affiliated with the organisation. A police check is required. Training is provided for new volunteers. Male volunteers and people who can do garden work such as mowing are particularly needed.

St Vincent de Paul Society

The St Vincent de Paul Society provides services to the community, particularly those in need, the isolated, the lonely, the sick and the socially or financially disadvantaged. The Society aims to provide a first class service to clients and customers and to help people restore and maintain their dignity.

**43-45 Prospect St, Box Hill
Contact: Sue Trzcinski,
Volunteer Recruitment
Coordinator
Ph: 1300 736 933
volunteer@svdp-vic.org.au
www.vinnies.org.au**

How You Can Help

Volunteers can help by working in the Vinnies Shops which provide funds for the society to carry out its charitable works and provide those we assist with recycled clothing, furniture and other essential goods. Duties include customer service, merchandising, sorting clothing and household goods and the collection and delivery of furniture. Volunteers can also help the aged care, Compeer (see separate entry) and youth, some of which are also open to school or corporate volunteering groups.

17-23 Nelson Road, Box Hill
Contact: Tania Griffiths
Ph: 9890 2993
tania.griffiths@aus.salvationarmy.org
http://boxhill.salvationarmy.org.au

The Salvation Army Box Hill

The Salvation Army is one of the world's largest Christian social welfare organisations working in over 124 countries. Operating in Australia for over 130 years, The Salvation Army helps more than 1 million Australians each year.

The Box Hill Corps is the local presence of The Salvation Army and as such provides a range of services locally while being an open door to many others.

How You Can Help

Volunteering opportunities include:

- Assisting in the provision of emergency relief
- Wait staff at Café Salvo
- Ground Maintenance at Salvation Army site
- Fundraising at Christmas time

Uniting Care East Burwood Centre

220 Burwood Highway, Burwood East
Contact: Pamela Young
Ph: 9803 3400
ebcentre@bigpond.net.au
www.ucebc.org

Uniting Care East Burwood Centre is a welfare agency looking after many of the most needy families in the local community. This is done by providing financial assistance, food, clothing, counselling and other support services. A number of Positive Living Groups are also run through the week which aim to enhance independence and quality of life for older people, people with a mild disability or those living in a socially isolated setting.

How You Can Help

Volunteers can help in a number of ways. Following training, you could become a Community Worker who assists clients directly. You could assist staff running one of the Positive Living Groups. You could volunteer to collect food or for general fundraising activities such as Bunnings BBQs or at our Op Shop.

UnitingCare Harrison

Welfare

UnitingCare Harrison is a leading provider of Homelessness Services, Youth and Family Services, Disability Services and Housing Services in the Eastern Metropolitan area of Melbourne. Our agency's programs aim to ensure that not only are people's basic needs met, but that they feel valued and respected so that they can live in dignity and feel like a valued member of their community.

How You Can Help

With the help of 200 volunteers and 80 paid staff, UnitingCare Harrison assists or accommodates more than 450 people at any one time. Volunteers work throughout the agency in the areas of Retail Sales Assistant in our four Op Shops, Material Aid in our Knox Office, Visual Arts in the outer eastern suburbs, our Christmas "Operation Santa" Appeal, as well as Corporate Volunteering projects .

**Vermont Op Shop,
6 Boronia Road, Vermont
Nunawading Op Shop, 293
Springfield Road, Nunawading
Head office is in Wantirna
South, where we have
volunteering opportunities
as well.**

Contact: Jane Davoren

Ph: 9871 8700

**jane.davoren@harrison.org.au
www.unitingcareharrison.org.au**



6 Studley Park Road, Kew
Contact: Volunteer Recruitment
Coordinator, Volunteering
Resources
Ph: 9855 7755
volunteers@villamaria.com.au
www.villamaria.com.au

Villa Maria

Villa Maria provides quality services and life enhancing opportunities for older people, children and adults with a disability, their families and carers. Villa Maria is one of Victoria's largest and most respected providers of disability, education and senior services, with more than 60 programs supporting more than 5000 people across Victoria and southern New South Wales.

How You Can Help

Volunteering opportunities exist at a number of locations throughout Melbourne and Victoria, within specialist education, disability, residential aged care and community services. Opportunities include social visiting and excursions, gardening, administration, op shop work and other activities. Full training and support is provided.

Girl Guides Vic, Whitehorse District

Young People

Girl Guides is a global movement with more than 10 million members in 145 countries. Girl Guides in Australia are girls and young women from all cultures, faiths and traditions, aged from 5 to 17. Girls are encouraged to practise leadership and teamwork while participating in activities including caring for the environment, cooking, healthy living, and service to their community, all with the emphasis on doing their best, while having fun.

How You Can Help

Leaders may choose to work with a particular age group or to be a leader of adults handling administration. There are also opportunities for short term volunteering which may include hall maintenance, catering for large scale events, auditing and clerical work.

**Meetings are held in
Bennettswood, Blackburn
South, Box Hill, Laburnum,
Mitcham, Nunawading
and Vermont.**
Contact: Jill Livingston
Ph: 8606 3500
volunteer@guidesvic.gov.au /
jlivingston@guidesvic.org.au
www.guidesvic.org.au

Junior Chamber International (JCI) Eastern Chapter

JCI Eastern is a non-profit organisation that has a mission to provide development opportunities through grass roots community projects to empower young people (18-40) to create positive change. Find us on Facebook (JCI Eastern) or visit us at www.jcieastern.blogspot.com

How You Can Help

JCI Eastern works with the United Nations Foundation and other partners on a wide range of projects that focus on issues such as:

- Eradication of extreme poverty and diseases including malaria
- Promotion of gender equality
- Environmental sustainability
- Leadership and training in young people.

PO Box 193, Nunawading
Contact: Suzi Chen
Ph: 0422 530 688
jcieastern@gmail.com
www.jcieastern.blogspot.com

QR code:



Manningham City Council,
699 Doncaster Road, Doncaster
Contact: L2P Project Officer
Ph: 9846 0537
melanie.burgess@
manningham.vic.gov.au
www.manningham.vic.gov.au/
youth

Manningham Whitehorse L2P Learner Driver Mentor Program

The Manningham Whitehorse L2P learner driver mentor program is a community based volunteer program to help learner drivers from Manningham and Whitehorse Council areas who face significant barriers to gaining their mandatory 120 hours of supervised driving prior to gaining their license.

How You Can Help

Volunteer mentors undertake a selection and training process to become a supervising driver. Mentors develop an ongoing supportive relationship with the learner driver by meeting with them for one hour a week.

Scouts Australia – Whitehorse District

PO Box 48, Blackburn South
Contact: Bill Henley
Ph: 9802 0119 / 0408 393 438
dc.whitehorse@vicscouts.asn.au
www.vicscouts.com.au/
whitehorse-district.html

Part of a worldwide organisation involving 30 million young people, Scouts Australia's 66,000 members aged 6 to 25 develop confidence and leadership through fun and challenging adventures. There are 14 separate scout groups across the City of Whitehorse.

QR code:



How You Can Help

Scouting provides nationally accredited training for adults up to Certificate IV level for leaders working with young people as well as short and long term roles for all ages in the areas of administration, governance and maintenance.

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Acknowledgement of Country

In the spirit of reconciliation, Whitehorse City Council acknowledges the Wurundjeri people as the traditional owners of the land now known as Whitehorse and pays respect to its elders past and present.

Contacting Council

Telephone: 9262 6333

Fax: 9262 6490

Email: customer.service@whitehorse.vic.gov.au

NRS: 133 677 then quote 9262 6333

(Service for deaf or hearing impaired people)

Telephone Interpreter Service: 131 450

Service Centres

Whitehorse Civic Centre

(main Service Centre)

379-397 Whitehorse Road

Nunawading 3131

Box Hill Service Centre

Box Hill Town Hall

1022 Whitehorse Road

Box Hill 3128

Forest Hill Service Centre

Shop 130, Forest Hill Chase Shopping Centre

Canterbury Road

Forest Hill 3131

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