

Exercise differently and

BOOST

your fitness

in 10 weeks

***TenFit – a fun 45 minute,
high intensity workout that improves
your tennis and your fitness.***

***Free trial session October 4 –
BOOK NOW.***



- 🎾 Fabulous mix of tennis and cardio
- 🎵 Upbeat music to keep motivated
 - 🎾 Great outdoor workout
- 🎾 Quality coaching by TopTenn Tennis Academy
 - 🎾 Social group environment

**Available to members and non members.
Suitable for tennis beginners – all welcome!**



BOOST

your fitness

10 week program
11 October to 13 December 2018

Members \$121.50

(10 visits for price of 9)

Non members \$135.00

(10 visits for price of 9)

Thursday evenings
Two sessions to choose from
6pm-6.45pm or 7pm-7.45pm

Quality coaching
by TopTenn Tennis
Academy




Free trial session
Thursday 4 October
Bookings essential

Call Aqualink Box Hill
on 9843 2900 or visit reception.



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Find us on 

aqualink.com.au