



16 Days, 16 Safe Spaces

Visit: <https://www.whitehorse.vic.gov.au/16-days-of-activism>

Responding to Disclosures

The three most important things you can do when responding to disclosure:

1. Listen without interruption or judgement
2. Believe and validate their experience
3. Provide information about referral pathways

Examples of things you could say

These are some ideas. It is important you only say what you believe and use your own words:

- What has happened is not okay and is not your fault
- I'm glad you've told me
- No one should have to experience what you've been through
- Do you feel safe at the moment?
- I don't have specialist knowledge in helping people with experiences like yours, but I can give you the contact details of a specialist you could talk to, if you want?
- It's up to you to choose what to do with this information, but I can give you the contact details of a specialist whom you can talk to if you need.

If you believe someone is in immediate danger, call 000 and ask for the police. If you or someone you know is experiencing family violence, help is available.

ORANGE DOOR 1800 354 322
(Open 9am-5pm Mon-Fri)
30-32 Prospect Street, Box Hill
Online: www.orangedoor.vic.gov.au
Email: IEMA@orangedoor.vic.gov.au



SAFE STEPS 1800 015 188
A confidential and supportive family violence response line for Victoria.
Phone services available 24/7.
safesteps.org.au



Information from Respect Women: 'Call It Out' 16 Days toolkit produced by Safe and Equal, Victoria 2022.
<https://safeandequal.org.au/16-days-of-activism/>

Other enquiries please contact: Community Engagement and Development Department, Whitehorse City Council.
CDEnquiries@whitehorse.vic.gov.au

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