

# **GET INVOLVED** Local Volunteering Opportunities



More than six million Australians volunteer each year, contributing more than 700 million hours of community service. Volunteers are the lifeblood of local communities.

The City of Whitehorse is fortunate to have a vibrant volunteer community. Many of the organisations that operate in Whitehorse could not do so without the support and commitment of volunteers. Council recognises and values the enormous contribution that volunteers make to our local community and the vital role that these volunteers play by strengthening and enhancing community connectedness.

Whitehorse City Council and Eastern Volunteers have produced this booklet to profile local community organisations and their volunteering opportunities.

Almost 100 organisations and groups are included in the 2018 edition of the *Get Involved* booklet, highlighting a myriad of volunteering roles including working with the elderly, animals, young people, children and recently arrived migrants. There is something for any interest – history, the environment, craft, health, technology and many more areas.

We hope that this booklet will be a valuable tool for anyone who is thinking about getting involved in their local community through volunteering. We also hope it will be a vehicle for spreading the word about the varied and invaluable contributions local volunteer-involving organisations make to the local community.

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#### National child safe principles

For young people who want to volunteer, you should check that the organisation you plan to volunteer with has Child Safe Principles in place. For more information about Child Safe Principles visit www.humanrights.gov.au/national-principles-child-safe-organisations

# The City of Whitehorse

The City of Whitehorse has a healthy and vibrant volunteering culture with volunteering being an important part of the lives of many people living in Whitehorse. Almost 40 per cent of Whitehorse residents regularly volunteer their time, skills and energy in some way.

Council recognises and values the contribution that volunteers make to our local community and the vital role that these volunteers play in community strengthening and enhancing community connectedness.

#### How You Can Help

Without our volunteers, Council would not be able to deliver to our residents the breadth and quality of services and programs that it currently does.

Opportunities range from:

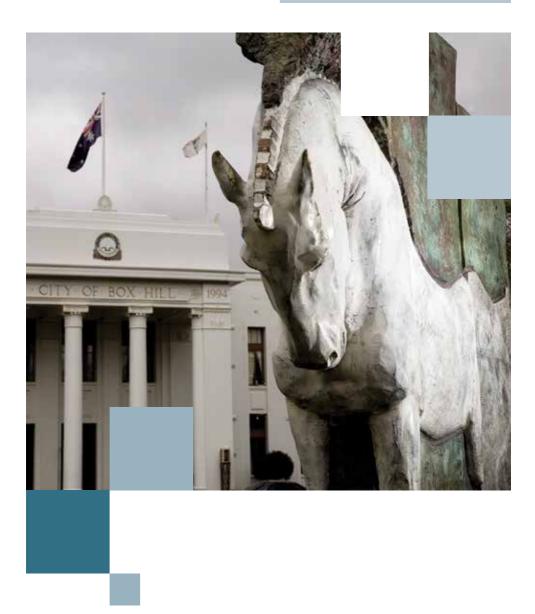
- delivering meals,
- assisting with the arts,
- participating in bushland and environment groups and education programs
- advisory committees,
- an interfaith network and tutoring opportunities for a multi-cultural youth homework program.

All volunteers are required to complete an application form, have an initial interview, receive induction training, and participate in orientation. Volunteers must also undergo a police check.

Check Council's website, under "Volunteering Opportunities" for current positions.

Young volunteers welcome.

Contact: Community Participation Officer, Community Development 9262 6116 volunteering@whitehorse.vic.gov.au www.whitehorse.vic.gov.au 379-397 Whitehorse Road, Nunawading



# **Eastern Volunteers**

Eastern Volunteers is a volunteer resource centre that interviews, assists and places prospective volunteers who seek volunteer roles within our community.

Eastern Volunteers supports over 400 not-for-profit organisations and volunteer managers with volunteer services, recruitment, training and placement.

Eastern Volunteers also provides volunteer assisted transport supporting frail aged and people with disabilities to attend medical, community and social appointments.

#### How You Can Help

Eastern Volunteers has a variety of volunteer roles available including: volunteer driver, office administration, web and graphic design, reception, interviewers and board members.

In addition, Eastern Volunteers can link volunteers to opportunities in the community such as administration, environment conservation, animal welfare, aged care, disability support, fundraising, newly arrived migrants, hospitality, and retail. Eastern Volunteers Inc. Head Office - 1/36 New Street, Ringwood Box Hill Office - Suite 14, Box Hill Town Hall Hub, 27 Bank Street, Box Hill Contact: Community Engagement Team t. 9870 7822 info@easternvolunteers.org.au www.easternvolunteers.org.au

#### Other Volunteer Support Services

Boroondara Volunteer Resource Centre 8 Inglesby Road, Camberwell t. 9278 4550 bvrc@boroondara.vic.gov.au www.boroondara.vic.gov.au

Volunteer for Knox 22 Willow Road, Upper Ferntree Gully Contact: Sally Dusting-Laird or Janet Myers-Creed t. 0429 968 822 office@volunteerforknox.com.au www.volunteerforknox.com.au

South East Volunteers 5 Myrtle Street, Glen Waverley t. 9562 0414 info@sev.org.au www.sev.org.au

Volunteering in Manningham Suite 4, Level 1, 687 Doncaster Road Contact: Meredith Bubner t. 9856 1546 vim@doncare.org.au www.doncare.org.au

# Uniting AgeWell (UA) – Box Hill

Uniting AgeWell's focus is on supporting older people to experience a sense of wellbeing, choice and independence in their lives, to feel valued members of their community and to have easy access to the community or residential services they need to live the life they want.

UA highly values its volunteers and the contribution they make to the wellbeing of our clients and residents.

#### How You Can Help

The volunteers at Box Hill are involved many activities like

- Driving Drive people to appointments and outings.
- Social Support Offer companionship and assistance for visits, shopping outings and activities
- Entertainment Share your talent
- Services Assist in our café, gardening
- Helping with arts and craft
- Escorting walks Go on walks with our residents
- Visiting Visit and chat with our residents

Contact: Nayla Enayeth 9843 2269 NEnayeth@unitingagewell.org 75 Thames St, Box Hill

### Mecwacare Simon Price Centre

Set in the tranquil suburb of Mont Albert North, Simon Price Centre provides a homelike environment and offers accommodation for 53 residents. The centre provides easy access to public transport and is in close proximity to Doncaster shopping town and Box Hill Central.

#### How You Can Help

Volunteers can help in a number of ways including sitting and talking to residents, working one on one with residents on tasks to match their skills and interests, playing a musical instrument, reading aloud and painting residents' nails. Support and guidance are available from a qualified activities coordinator.

Young volunteers welcome.

Contact: Lucy Chapman 9898 7404 Lucy.Chapman@mecwacare.org.au www.mecwacare.org.au 13-25 Strabane Ave, Mont Albert North

# **Animal Aid**

The Victorian Animal Aid Trust (Animal Aid) is a not-for-profit organisation dedicated to the care of domestic animals in need. Each year around 7,000 dogs, cats, livestock and pocket pets come through our doors. As an open door shelter, we never turn away an animal in need.

Animal Aid's welfare work is supported by revenue producing businesses including a vet clinic, boarding services, opportunity shops and grooming salon.

#### How You Can Help

A variety of opportunities are available for volunteers including: kennel attendants, cattery attendants, grooming, reception/administration, pick-ups and deliveries, maintenance, opportunity shops, promotions and fostering. Positions in some areas may be subject to availability and an interview process. Volunteer hours are either 9am to 1pm, 1pm to 5pm or 9am to 5pm.

Young volunteers welcome.

Contact: Human Resources Department 9739 0300 Email: volunteering@animalaid.org.au Website: www.animalaid.org.au

### Box Hill Community Information and Support

Box Hill Community Information and Support provides advocacy, emergency relief, information and referrals to families in need who live in the Whitehorse municipality (north of Canterbury Road). The emergency relief includes food parcels; food and petrol vouchers; MYKI, pharmacy, utility and telephone account assistance.

#### How You Can Help

Volunteering opportunities include:

- Food Bank Worker receiving deliveries; storing of dry, refrigerated and frozen goods; and making up food parcels.
- Community Support Worker interviewing and assessing the needs of the client, as well as their eligibility for emergency relief; advocacy and providing information and referrals.
- Administrative Worker data entry, accounting or managerial roles.

9285 4801 info@boxhillcis.org.au www.boxhillcis.org.au Suite 1/27 Bank Street, Box Hill

# **Box Hill RSL**

The Box Hill RSL provides a range of welfare services and support for veterans, ex-servicemen, ex-servicewomen, their families, widows and widowers. The Welfare Department provides information, advocacy and support with service, war widow and disability pensions, aged care issues, community and government organisations.

It also provides counselling, visitation, support groups, special interest groups and other services that help maintain the health, independence and dignity of our members.

#### **How You Can Help**

Volunteers can help by visiting the sick in hospital or the isolated in aged care facilities or private homes. Other opportunities are available at various times.

Contact: Faye Clark 9898 2044 welfmgr@boxhillrsl.com.au www.boxhillrsl.com.au 26 Nelson Road, Box Hill

# **Chinese Community Social Services Centre Inc.**

The Chinese Community Social Services Centre has represented the interests of the Chinese-Australian community in Victoria since 1992, through the delivery of quality social services, education and advocacy.

Services include: social support day centre, home and community care, home care packages, NDIS, and On Luck Chinese Nursing Home, plus migrant settlement services, community visitor scheme, carer support for families with children of special needs, mental health education and support groups.

#### How You Can Help

Volunteers can assist in the Social Support Day Centre and lifestyle and leisure activities, teaching classes such as: handcrafts, English, Tai-chi, gentle exercise and cooking demonstrations. Volunteers provide regular community visits to older people at their homes and nursing homes; assist with events, centre reception, administrative tasks and transport elderly people to organised activities.

Contact: Peter Chen or Brigitta Lee 9898 1965 peter.chen@ccssci.org.au or brigitta.lee@ccssci.org.au www.ccssci.org.au Suite 9A, Professional Suites, Box Hill Central, 17 Market Street, Box Hill

# Doncare Opportunity Shop

Doncare is a not-for-profit, community services organisation which provides services to the aged, youth and disadvantaged in the City of Manningham and surrounds.

Programs include information and emergency relief, social support for seniors, family services and counselling, domestic violence advocacy and support.

Doncare's various opportunity shops provide a substantial proportion of the funding for the day-to-day operation of these programs.

#### How You Can Help

Volunteer duties include assisting customers, selling merchandise, tidying clothes racks and shelves, sorting donations, store presentation and displays.

#### Skills and abilities:

- Punctuality and reliability
- Good communication
- Self-motivated
- Friendly manner
- Enjoy being part of a team

Contact: Manager, Opportunity Shops 9856 1500 opshops@doncare.org.au www.doncare.org.au Shop 38, 66-104 Springfield Road, North Blackburn

# EACH

EACH provides a range of community health programs across the eastern region of Melbourne including mental health, counselling, disability, clinical, and aged care services.

EACH also supports families and carers but above all wants to inspire each person to live their life to the fullest.

#### How You Can Help

EACH's volunteers provide support to staff and clients and can assist with activities that enable them to develop a range of skills.

Volunteer support includes:

- Reception/administration
- Assisting people with arts, crafts, woodwork and recreational activities;
- Child care/youth programs;
- Assisting in our Opportunity Shop;
- Driving people to appointments, shopping or activities.

1300 003 224 info@each.com.au www.each.com.au 26-28 Prospect Street, Box Hill 10 Silver Grove, Nunawading

# Eastern Emergency Relief Network Inc.

Eastern Emergency Relief Network sources, collects and holds furniture and other essential household items ready for distribution to people experiencing disadvantage in the Eastern suburbs.

Items are distributed through a network of member welfare agencies. Eastern Emergency Relief Network is a volunteer-run organisation, operating from 9am-1pm on weekdays.

#### How You Can Help

Volunteers can help in the warehouse by sorting bedding and other donated items or helping clients choose items.

Other opportunities include helping in the office by responding to enquiries, driving the collection van/truck (no special licence required) or assisting with the collection of goods.

Contact: Kevin Thomas - Secretary 9874 8433 info@easternemergency.org.au www.easternemergency.org.au Factory 1, 10-12 Thornton Crescent, Mitcham

# Australian Red Cross – Community Visitors Scheme

The Australian Red Cross has been providing social support for isolated and elderly Victorians for over 20 years via the Community Visitors Scheme, which helps connect people back to their communities by pairing them with a volunteer to visit them in their home, providing friendship, companionship and confidence.

#### How You Can Help

Volunteers visit regularly, come from all walks of life and are warm, friendly, and emotionally mature, wanting to make a difference to improve someone's life and their broader communities.

Red Cross will ensure you have training and ongoing support within the world's largest humanitarian network.

Contact: Zoe Carter 8327 7987 / 0419 690 036 vicsocialconnections@redcross.org.au www.redcross.org.au 23-47 Villiers St, North Melbourne

# **LinC Whitehorse**

Operating since 2001, LinC Whitehorse is a group of volunteers from various local Christian churches who assist Whitehorse residents with practical short or mediumterm needs.

LinC aims to meet some of the needs not met by community welfare agencies, and offers assistance regardless of a person's beliefs or background.

#### **How You Can Help**

Opportunities are available to help in any of these areas; friendship visits, home help, transport, garden maintenance, shopping assistance, childcare and tutoring. A police check is required and training will be provided.

Contact: Referral Centre 9873 2293 lincwhitehorse@bigpond.com www.lincnational.org.au 81 Doncaster East Road, Mitcham

# St Vincent de Paul Society

The St Vincent de Paul Society or 'Vinnies' is one of the most recognised charitable organisations and has been offering 'a hand up' to vulnerable Victorians for over 160 years by providing practical support, advocacy and friendship.

#### How You Can Help

Retail – engaging with people from all walks of life, categorising and pricing unique donated goods and creating store displays full of the 'Vinnies Vibe'.

Soup vans – preparing or distributing delicious meals and providing companionship to those experiencing disadvantage.

Young volunteers welcome. People aged 15+ can volunteer at our retail stores.

Contact: People Engagement Team 1300 736 933 volunteer@svdp-vic.org.au www.vinnies.org.au Vinnies Burnt Bridge 434 Maroondah Hwy, Mitcham

# The Salvation Army Box Hill

The Salvation Army is one of the world's largest Christian social welfare organisations working in more than 124 countries. Operating in Australia for more than 130 years, The Salvation Army helps more than one million Australians each year.

The Box Hill Corps is the local presence of The Salvation Army and provides a range of services locally while being an open door to many others.

#### How You Can Help

Volunteer opportunities include:

- Wait staff at Café Salvo
- Ground maintenance at Salvation Army site
- Fundraising for the annual Red Shield Appeal in May
- Fundraising at Christmas time

Contact: Tania Griffiths 9890 2993 tania.griffiths@aus.salvationarmy.org http://boxhill.salvationarmy.org.au 17 – 23 Nelson Road, Box Hill

### Uniting East Burwood (formally Uniting Care East Burwood Centre)

Uniting East Burwood (part of Uniting Victoria Tasmania Inc) provides services to the most vulnerable individuals and families in the local community. This includes providing financial assistance, food, clothing, counselling and other support services. A number of Positive Living Groups are also run through the weeks which aim to enhance independence and quality of life for older people, people with a mild disability or those living in a socially isolated setting.

#### How You Can Help

Volunteers can help in a number of ways. Following training, you could become a community worker who assists clients directly. Volunteers can also assist staff running the Positive Living Groups. Other opportunities include collecting food, data entry and general fundraising activities such as Bunnings BBQs or at Uniting East Burwood's op shop.

Contact: Pamela Young 9803 3400 ebcentre@bigpond.net.au www.ucebc.org 220 Burwood Highway, Burwood East

# UnitingCare Harrison – Vermont

UnitingCare Harrison is a leading provider of Homelessness Services, Youth and Family Services, Disability Services and Housing Services in the Eastern Metropolitan area of Melbourne.

UnitingCare's agency programs aim to ensure that not only are people's basic needs met, but that they feel valued and respected so that they can live in dignity and be an active member of their community.

#### How You Can Help

With the help of 60 volunteers and 80 paid staff, UnitingCare Harrison assists more than 450 people at any one time.

Volunteers work in the areas of Retail Sales Assistant in the Op Shop, Material Aid in the Knox Office, community meals Christmas Appeal, as well as corporate volunteering projects.

Contact: Jane Davoren 9871 8700 jane.davoren@vt.uniting.org www.vt.uniting.org 1012 Little Burwood Highway, Wantirna South. PO Box 4503, Knox City

# Villa Maria Catholic Homes

Villa Maria Catholic Homes is a not-forprofit organisation providing residential aged care, affordable housing options, retirement living, community and homebased senior support, disability, carer and education services to more than 7,000 people across Victoria and southern New South Wales.

#### How You Can Help

Volunteers are a diverse group of people of all ages and cultural and spiritual backgrounds.

Whether it's social visits, arts and crafts, music, education, transport, administration, op shop customer service or support with one-off events – the possibilities to make a positive difference to the lives of others are endless.

Volunteers come from diverse backgrounds and are aged between 15 and 100! They include students, retirees, part-time workers, school students and people from local parishes.

Contact: Molly O'Shannassy 9926 2008 molly.o'shannassy@vmch.com.au www.vmch.com.au 486 Albert Street, East Melbourne

# Whitehorse Community Support Register

The register is a free program run by volunteers at the Box Hill Police Station.

It is designed to help seniors feel safe by having their details plus other important information on a confidential database that can be accessed by emergency services.

Registrants are offered regular phone calls to check on their welfare, as well as home visits.

#### How You Can Help

English and Chinese speaking volunteers contribute two hours of their time on a weekly, fortnightly or monthly basis to provide regular phone calls and home visits to registrants, making a connection with often isolated members of the community.

Volunteers also assist with office administration.

Contact: Rebecca Millin (Leading Senior Constable) 8892 3385 communityregister@gmail.com Box Hill Police Station 1 Kangerong Road, Box Hill

# Cancer Council Victoria Whitehorse Relay For Life

Relay For Life is an incredible overnight event that provides an opportunity for all to get together with the community and celebrate cancer survivors, remember loved ones lost, and fight back against a disease that takes too much.

It is a unique event where teams challenge themselves to take turns to keep a baton moving in a relay style walk or run overnight.

#### How You Can Help

All Relay For Life events are organised by a volunteer committee – both in the lead up to, and on the day of the event.

Committees comprise people from a broad cross section of the local community including business, health, media, tertiary students, parents, and more.

Contact: Rowan Hatty 0487 700 509 whitehorserfl@cancervic.org.au www.relayforlife.org.au Burwood Highway, East Burwood

# Multiple Sclerosis (MS) Limited

MS supports people, their families and carers living with multiple sclerosis. As an organisation Multiple Sclerosis Limited provide services, education, community groups and online and group peer support programs.

MS also has a community visitors scheme that visits isolated elderly people in their homes or supported accommodation.

#### How You Can Help

Volunteers can undertake a variety of roles, including visiting isolated people and people with MS, or gain retail experience in nearby Kew, Malvern or Waverley at a MS Community Shop.

Other roles may include administration or support at our many fundraising events.

Contact: Kerry Reiter-Lynch 9845 2907 kerry.reiterlynch@ms.org.au www.ms.org.au 54 Railway Road, Blackburn

### St Vincent de Paul Society – Compeer Program

St Vincent de Paul Society, Compeer Program aims to improve the quality of life of people living with mental illness by matching them with a friendly volunteer.

Compeer volunteers are supported by experienced mental health workers in the program and in the service supporting the companion.

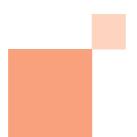
Compeer provides regular information sessions throughout the year for people to learn about the volunteer role.

#### How You Can Help

Volunteers form a friendship through engaging in social and recreational activities once a week for an hour.

The program needs resilient, friendly, reliable, non-judgmental adults to support the inclusion of a person living with the effects of a mental illness.

Contact: Elizabeth Cromb 9895 5886 compeer@svdp-vic.org.au www.compeer.org.au 43 Prospect Street, Box Hill



# Uniting Victoria & Tasmania

Uniting Victoria & Tasmania social support programs provide opportunities for older people, and adults with disability, to enjoy social interaction in the comfort of their own homes or local community. Support can be provided in a group or on an individual basis.

#### How You Can Help

Volunteers support older people and adults with a disability to engage in social activities in the client's home or in the community. Support provided can be individual or in a group.

Roles include drivers, group facilitation, phone support, and individual support.

Contact: Jennie Holdom 9794 3628 jennie.holdom@wesley.org.au www.wesley.org.au/aged-care 280 Thomas Street, Dandenong

# Alkira

Alkira supports adults with an intellectual disability to live with dignity, purpose and fulfilment. It operates five learning and activity campuses along with six residential facilities all located in Mont Albert, Box Hill, Nunawading and Mitcham, servicing a clientele of about 220 people.

#### How You Can Help

Volunteering includes assisting instructors in group activities, being a companion to clients pursuing community-based interests, assisting in after-hours leisure activities, garden maintenance or helping in the op shop. Volunteers have an initial interview, receive induction, training and on-job orientation. Working with Children Check, Police Check and probation period are mandatory.

Alkira welcomes people who are under 18, people who have low English fluency, and people with disabilities as volunteers.

Contact: Simon Nette 9890 1365 s.nette@alkira.org.au www.alkira.org.au 3 Thurston St, Box Hill

# **Burke and Beyond**

Burke and Beyond is an organisation that supports people with intellectual and physical disabilities. Burke and Beyond strives for people to be independent, confident, socialise, learn, achieve their chosen goals and participate in the community.

Burke and Beyond's vision is "Inclusion that Counts" and it's at the core all services provided by the organisation

#### How You Can Help

Opportunities range from supporting staff in undertaking programs in the community, assisting or facilitating with site-based activities, providing one-toone assistance to younger adults learning new skills and independence, and interaction with people who may require additional support.

Students who are undertaking a Structured Learning Placement through their schools are welcome to volunteer

Contact: Liz Logan 9886 1111 lizl@burkeandbeyond.org.au www.burkeandbeyond.org.au Locations: 114 Fulton Road, Blackburn South Suite 1, 14- 16 Blackburn Road, Blackburn B9, 19- 23 Macauley Place, Bayswater 2 Kendall Street, Canterbury

# CBM

CBM is a Christian development organisation with 110 years' experience working to end poverty for people with disabilities in some of the poorest communities around the globe.

CBM provides medical care and rehabilitation for people with disabilities, create inclusive education opportunities, empower people with disabilities to earn an income and raise awareness for people with disabilities.

#### How You Can Help

Volunteers at CBM have the opportunity to assist with administration in the form of mailings, hospitality, data entry, transcription, translation, gardening, and helping with community education events.

Contact: Sue Reid or Elizabeth Churchward 1800 678 069 volunteering@cbm.org.au www.cbm.org.au 56 Rutland Road, Box Hill

# Deafness Foundation

Deafness Foundation is an organisation focused on the equality and wellbeing of people who are deaf and hard of hearing. The organisational priorities are minimising preventable hearing loss, enhancing awareness of issues and supporting people with hearing loss through partnerships and collaboration, research, grants, educational awards and hearing awareness activities.

#### How You Can Help

Opportunities for volunteers include:

- Butterfly program packing of butterfly badges and keyrings, preparing boxes
- Placing of collection boxes
- Database development and management
- Bookshop sorting and pricing books
- Fundraising coordinating schools and organisations orders – packing and shipping collateral
- Assist with fundraising events and programs

Contact: Executive Officer 9738 2909 management@deafness.org.au Suite 3, 653 Mountain Highway, Bayswater

# **Inclusion Melbourne**

Inclusion Melbourne provides personalised, person-centered support to adults with an intellectual disability.

Inclusion Melbourne also provides a community visitor program where volunteers interact with older people who are at risk of social isolation.

Volunteering with Inclusion Melbourne is an opportunity to play a role in building better lives and an inclusive society.

#### How You Can Help

Inclusion Melbourne volunteers play a key role ensuring people with disabilities and elderly citizens have personalised and flexible lifestyles.

The organisation welcomes a wide range of people to become involved as community connectors, leisure buddies, art mentors, friendly visitors, tutors and counsellors. All volunteers are fully screened, trained and supported.

Young volunteers are welcome, however there are only limited opportunities for young people aged 16-18.

Contact: The Volunteer Management Team 9509 4266 volunteer@inclusion.melbourne www.inclusion.melbourne 67 Sutherland Road, Armadale

### Interchange Inner East

Interchange Inner East provides families of a child with a disability choices and options for recreation and community activities, respite and support.

#### **How You Can Help**

#### Host Program Volunteering

As a host volunteer you will be matched to a child with a disability and provide care for the child on a regular basis.

#### **Recreation Program Volunteering**

Recreation volunteers attend camps and activities with groups of young people with disabilities to support their participation within the community. Volunteers are supported by trained staff.

Contact: Volunteer Coordinator 9836 9811 volunteering@iie.org.au interchangeie.org.au 2 Kendall Street, Canterbury



## Melbourne East Disability Advocacy – MEDA

MEDA provides individual and volunteer citizen advocacy, information and support to people with an intellectual disability.

#### How You Can Help

People are encouraged to become a volunteer citizen advocate.

A volunteer citizen advocate provides spokesmanship, practical advocacy, community inclusion and friendship to a person with an intellectual disability.

Volunteer citizen advocates enter a relationship with a person with an intellectual disability to represent their interests and offer new experiences and opportunities.

Contact: Jan Mattrow 9877 7990 office@meda.org.au www.meda.org.au 79 Mahoneys Rd, Forest Hill

# Solve Disability Solutions

Solve Disability Solutions are a volunteerbased organisation dedicated to people with disabilities.

The organisation designs and construct equipment otherwise commercially unavailable, modify equipment, provide advice and assist people to increase their independence and improve their quality of life.

#### How You Can Help

There are a number of volunteer opportunities with Solve Disability Solutions including:

- Technical Volunteering design, make or modify equipment using skills such as trades, engineering or expert handyman. Volunteers need access to a workshop and tools and to enjoy problem solving.
- Textiles Volunteering
- Freedom Wheels Volunteering Assemble a bike with specialised components or adjust bikes and add on various components under direction from Occupational Therapists

#### 9853 8655

info@solve.org.au www.solve.org.au Royal Talbot Rehab. Centre, 1 Yarra Blvd, Kew

# Special Olympics Melbourne Inner East

Special Olympics provides year-round sports training and opportunities for children and adults with an intellectual disability, enabling them to reach their personal best.

Sports include aquatics, athletics, basketball, bocce, tennis, ten-pin bowling and winter sports.

#### How You Can Help

Volunteers can contribute to a weekly program in one of the above sports, coordinate events, participate in committee work within a local region, or coach sport (accreditation required).

melbourneie@specialolympics.com.au www.specialolympics.com.au/vic PO Box 181, Surrey Hills

# Taralye – The Oral Language Centre for Deaf Children

Taralye is a not-for-profit organisation that provides oral language services to deaf children and their families in Victoria.

Taralye aids more than 650 Victorian families each year through services such as audiology testing, early intervention programs and school support programs such as school transition help and early learning and kindergarten facilities.

#### How You Can Help

A variety of opportunities are available for volunteers. These roles include administrative support, event support, fundraising, marketing and social media roles, envelope stuffing and small change box collectors.

Positions in some areas may be subject to availability. Volunteer hours are generally between 8.30am – 5pm on days of opening.

Contact: Fundraising Coordinator 9877 1300 events@taralye.org.au www.taralye.org.au 137 Blackburn Road, Blackburn



# Vision Australia

Vision Australia provides services for people who have low vision or blindness to live the life they choose.

#### How You Can Help

Vision Australia offers volunteer opportunities in administration support, client support, driving, and recreation support.

Young volunteers welcome.

Contact: Coordinator of Volunteers 9760 0000 rebecca.hobson@visionaustralia.org www.visionaustralia.org 252 Dorset Road, Boronia



# Yooralla

Yooralla is a disability specialist that has been providing disability supports since 1918. We are a not-for-profit organisation that has a complete range of quality services, tailored to suit individuals of all ages and needs.

Yoralla provides specialist supports for people with high and complex needs, and are specialists in children's early intervention supports.

#### How You Can Help

Yooralla provides volunteer opportunities that suit the individual, their skill set, interests and what they hope to achieve.

From exciting recreational activities such as camps, or providing companionship for people in the community, your time and effort will be valued, recognised and appreciated.

Yooralla provides volunteering positions for people between 16-18, however this is on a case by case basis and the opportunities and locations are limited and carefully considered for the safety of all involved.

Contact: Manager, Volunteer Engagement 9633 6960 volunteers@yooralla.com.au www.yooralla.com.au Head Office, 595 Collins St, CBD

# YourDNA Creative Arts

YourDNA Creative Arts is a communitybased arts organisation committed to developing the lives of people of all abilities through arts- based programs including drama, TV, film, animation, musical theatre, creative writing, music, photography, painting and drawing.

YourDNA Creative Arts provide accessibility to the arts and the skills for students to go on and find meaningful employment within the arts industry within the student's chosen specialisations.

#### How You Can Help

Volunteering opportunities exist in all programs in a number of locations around Melbourne.

Following on from your training, your volunteering opportunities would include: assisting in programs, digital media tasks, constructing props, creating costumes and assisting with recreational activities.

Young volunteers welcome.

Contact: Assistant Business Operations Manager 9847 0489 info@yourdna.com.au www.yourdna.com.au 38 Charter Street, Ringwood



# RoadSafe Eastern Metro Inc.

RoadSafe Eastern Metro Inc. is a community based organisation consisting of local community members, officers from Victoria Police, and local government representatives.

RoadSafe Eastern Metro work in conjunction with VicRoads to engage with the community in addressing and minimising road safety issues in our region.

#### How You Can Help

Volunteers assist with developing and implementing community road safety programs.

Programs include child restraint checking, Bike Education Instructor Training and Bike Education Challenge, Fit2Drive, Looking After Our Mates, Young Drivers and Inexperienced Learners, Motorised Mobility Scooters, Wiser Driver, Safer Scooter Wiser Wheelchair, Wiser Walker Wiser Traveller, and Motorcycle Intervention.

Contact: Annette Blackwell (RoadSafe Eastern Metro Public Officer) 0410 002 825 remroadsafe@gmail.com roadsafeeasternmetro.org.au P0 Box 5213, Cranbourne

# U3A Box Hill Inc.

U3A Box Hill is part of a larger state-wide, national and international organisation offering affordable education and leisure courses to seniors in the local community.

Courses are offered in Languages, Arts and Literature and the sciences, as well as activity based leisure programs such as Zumba, Nordic walking and Exercise to Music.

No qualifications are needed to join classes which are run by volunteers.

#### How You Can Help

U3A Box Hill offers many opportunities for constructive volunteering. Assisting with clerical tasks, helping out at working bees, becoming a tutor or joining the Committee of Management are all ways volunteers can enable this self-help group to continue.

9898 3336 info@u3aboxhill.com.au www.u3aboxhill.com.au Strabane Hall, 29 Strabane Avenue, Mont Albert North

# U3A Nunawading Inc.

U3A Nunawading is a not-for-profit organisation for retirees and semiretirees, run entirely by volunteers for the benefit of its almost 2,000 members.

It offers around 200 different classes ranging from academic subjects such as languages, philosophy and current affairs, to computer training, music, dance, exercise, arts and crafts.

U3A Nunawading also has a social program and runs a summer school.

#### How You Can Help

You can volunteer by sharing your specialist knowledge with other members as a Class Leader.

Volunteers do not have to be a trained teacher; just have a passion for a particular area of interest.

All administrative roles within U3A Nunawading are also carried out by volunteers.

Contact: The Secretary 9878 3898 admin@u3anunawading.org.au www.u3anunawading.com.au 16–20 Silver Grove, Nunawading



# Whitehorse Community Indigenous Plant Project – Bungalook Nursery

Whitehorse Community Indigenous Plant Project (Bungalook Nursery) is a community nursery run by a volunteer committee. Volunteers propagate indigenous plants for distribution to local bushland parks and schools, or for sale to the public. As well as the many opportunities at the nursery, volunteers participate in guided walks and excursions.

#### How You Can Help

Volunteers serve on the committee, collect seeds and vegetative material and propagate plants indigenous to the Whitehorse region. Skills learned include: plant identification and propagation; maintaining production records, and general nursery maintenance and upgrading.

Contact: Secretary 9878 5998 wcipp@yahoo.com.au www.wcipp.org.au 63-107 Fulton Road, Blackburn South

# **Greenlink Nursery**

Greenlink Nursery is a community nursery which works in conjunction with Whitehorse City Council's ParksWide staff to restore and manage local flora.

The nursery propagates thousands of indigenous plants for planting by domestic and professional gardeners, landscapers and for re-vegetation by local schools, Landcare, and other groups.

#### How You Can Help

Volunteers can help with nursery tasks such as: propagating plants from cuttings, pricking out seedlings, collecting and sowing seeds, weeding and doing general maintenance tasks and field work.

Full training is provided, so no prior gardening experience is required. Open for volunteering on Tuesday and Wednesday, 9am to 12pm.

Contact: Suzette Hosken (President) or Nicky Mayer (Secretary) 0479 121 653 greenlinkboxhill@gmail.com www.greenlinkboxhill.org 41 Wimmera Street, Box Hill North

# The Field Naturalists Club of Victoria Inc.

The Field Naturalists Club of Victoria aims to stimulate interest in our natural environment and to preserve and protect Australian flora and fauna.

Special interest groups focus on botany, fauna, fungi, geology, marine research, microscopy, terrestrial invertebrates and a group especially for juniors.

Membership is open to any person interested in natural history.

#### How You Can Help

Volunteers can meet with others who have a passion for our natural environment and attend weekly meetings with leading speakers in all areas of natural history.

Volunteers are able to attend training, workshops, regular excursions and field surveys and access to our extensive natural history library.

Contact: Administration Officer 9877 9860 admin@fncv.org.au www.fncv.org.au 1 Gardenia Street, PO Box 13, Blackburn



### Anglicare Victoria's Eastern Foster Care Program

Anglicare Victoria's Eastern Foster Care program provides temporary care for children and young people who are currently unable to live with their families. Various placement options are available including planned respite, emergency, short-term and longterm care. The Friends program links volunteers to children, young people and/or the foster families.

#### How You Can Help

Volunteers contribute a few hours of their time on a weekly, fortnightly or monthly basis. Opportunities include occasional child-minding, mentoring, tutoring, and/or transport assistance. These opportunities are highly flexible and determined by the volunteer's skills, experiences, availability and preferences. Additional foster care families are also needed to provide overnight care.

Contact: Volunteer Recruitment, Training and Retention Team 1300 889 335 fostercare.eastern@anglicarevic.org.au www.anglicarevic.org.au

# Bestchance Child Family Care

Bestchance is an independent, not-forprofit, community organisation providing integrated, family-centered programs for young children and families. Programs include Early Years Kindergarten, Childcare, Family Day Care, Parent and Community Support, Early Intervention services, and training.

#### How You Can Help

Bestchance provides varied opportunities for volunteers, ranging from short term to ongoing roles in the following areas:

Administration support, childcare, gardening and maintenance, in-home support, kindergarten assistant, supported playgroups and women's support groups.

We support volunteers through activities such as recognition events, regular supervision in your role and participation in professional development and training.

Young volunteers welcome

Contact: info@bestchance.org.au 1300 224 644 volunteers@bestchance.org.au www.bestchance.org.au 583 Ferntree Gully Road, Glen Waverley

# Box Hill Area Toy Library

The Box Hill Area Toy Library is a parent initiated, volunteer operated, not-forprofit organisation specialising in a wide variety of educational toys, costumes, puzzles and games for children aged six months to six years. This library is open to all parents and carers.

#### How You Can Help

Volunteers can help process toy returns, assist with borrowing, general upkeep of the toy library and other miscellaneous tasks.

Good communication skills are required and experience with children would be helpful.

Assistance is required during borrowing sessions (Monday morning/evening and Saturday morning).

Young volunteers are welcome. Students who have a volunteer component to their studies e.g. Duke of Edinburgh, are also welcome

Contact: President of Toy Library 0479 152 419 connect@boxhillareatoylibrary.org.au www.boxhillareatoylibrary.org.au 1228A Riversdale Road, Box Hill South,

### Eastern Area Multiple Birth Association

Eastern Area Multiple Birth Association supports families of multiple births living in Maroondah, Whitehorse, Manningham and the Shire of Yarra Ranges. Members include families of twins, triplets and quads – from expectant parents to families with school-aged multiples.

The organisation provides events, playgroup, support, education, discounts and information on multiples.

Eastern Area Multiple Births Association is a self-help group that aims to increase awareness of the special needs of multiple birth families and improve resources available.

#### How You Can Help

Volunteers facilitate playgroups, cook meals for new parents, and assist families with triplets (or more) around the home as part of a roster.

They can also educate members on topics that families with multiple birth are at high risk of experiencing; complicated pregnancies, premature birth, antenatal and postnatal depression, children with disabilities, social isolation, financial hardship and relationship breakdown.

There are also committee roles available for volunteers.

Contact: President 0432 220 796 president@eamba.amba.org.au www.eamba.amba.org.au PO Box 348, Nunawading

# **Extended Families**

Extended Families provides support, respite, significant social relationships and community participation for children with disabilities and their families.

Extended Families seeks to widen social networks, empower individuals, promote inclusion and strengthen the bonds people have within their local area.

#### How You Can Help

Volunteers provide long-term companionship and flexible respite support to a child/young person and their family through regular visits and/or community outings.

Volunteers may spend regular time with a child and sometimes the family, either at the family's home, a community setting or the volunteer's home.

Contact: Volunteer Program 9275 6953 eastern@extendedfamilies.org.au www.extendedfamilies.org.au Suite 15, 27 Bank Street, Box Hill,

# Nunawading Toy Library

A place where parents and carers can borrow a large variety of educational toys, puzzles and games on a regular basis.

Nunawading Toy Library provides affordable access to age-appropriate toys /equipment, assisting in the education and development of children from (not limited to) six months to six years of age.

#### How You Can Help

Volunteers are needed to assist during the two hour borrowing sessions with counting toys on return, checking for damage and missing pieces and helping maintain our inventory.

Cleaning of toys, repairs, placing items in appropriate display bags for borrowing and assisting with stock-take are all part of the opportunities.

Young volunteers are more than welcome. Nunawading Toy Library is a family/kid friendly space.

Contact: Toy Library Coordinator 0449 123 889 info@nunawadingtoylibrary.org.au www.nunawadingtoylibrary.org.au 19 Norma Rd, Forest Hill

# Box Hill Hospital, Eastern Health

Established in 1956, Box Hill Hospital is the largest of Eastern Health's acute hospitals admitting more than 48,000 patients each year. Box Hill Hospital provides a wide range of healthcare services including: emergency care, general and specialist medicine, intensive care, mental health services for children, adolescents and adults, maternity services, post-acute care programs, surgery, teaching and research.

#### How You Can Help

Volunteers can become involved in many areas of the organisation.

Roles include kiosk, patient library, spiritual care, falls prevention and client wellbeing, meals assistant, emergency department, transport driver or transport coordinator.

Contact: Eastern Health Volunteer Services 9895 4658 volunteers@easternhealth.org.au www.easternhealth.org.au PO Box 94, Box Hill Hospital, Box Hill

# **Carrington Health**

Carrington Health (CH) works within a social model of health framework and promotes the Active Service Model and Commonwealth Home Support Program.

Carrington Health's principles include promoting client independence and selfmanagement through person-centred and restorative care, in delivering a range of services and programs in response to identified population health needs within the Whitehorse community.

#### How You Can Help

Carrington Health offers a variety of volunteer opportunities in the areas of Food Security, Reception, Paediatric Occupational Therapy, Health Access Team, Service Coordinator Support and Meet and Great Reception Support.

Contact: Volunteer Manager (Lilly Kitson) 9890 2220 info@carringtonhealth.org.au www.carringtonhealth.org.au 43 Carrington Road, Box Hill

# The Chinese Cancer and Chronic Illness Society of Victoria

The Chinese Cancer and Chronic Illness Society of Victoria is a registered charity providing support for people from the Chinese community whose lives have been affected by cancer. Services include community education, one-onone support, support group meetings, multimedia resources, exercise classes, recreational activities and practical assistance (e.g. loans for wheelchairs, new wigs, etc.)

#### How You Can Help

Volunteer opportunities include driver, administration assistant, home visit volunteers (own car), website designer and fundraising coordinator. Volunteers must be able to read and converse in Chinese. (Cantonese and/or Mandarin)

Contact: Mandy Lee 9898 9575 mandy.lee@cccis.org.au www.cccis.org.au 784 Station Street, Box Hill North

### Chinese Health Foundation of Australia

The Chinese Health Foundation of Australia promotes health amongst the Chinese-Australian community. The organisation identifies community health problems and aims to empower individuals with knowledge so that they can make informed decisions about their own health.

The organisation also coordinates activities to improve mental, social and physical well-being of participants and provides assistance to other health organisations to produce health messages relevant to Chinese speaking Australians and develop and conduct community interventions.

#### How You Can Help

Volunteers are trained to support our activities, such as the Elderly Club, clerical duties or taking part in activities related to health promotion. Volunteers are also referred and encouraged to get involved and assist other organisations.

Young volunteers are welcome to assist in the office and help out in the youth group.

Contact: Mei Yu 9285 4812 info.chfa@gmail.com chinesehealthfoundation.com Suite 12, 27 Bank Street, Town Hall Hub, Box Hill Town Hall, Box Hill, 3128.

# **Epilepsy Foundation**

"No one should go it alone" ...

The Epilepsy Foundation works to ensure children get a good education, help people get /keep jobs, help people feel safe and connected and stop avoidable deaths.

People living with epilepsy, educators and health professionals receive help to understand epilepsy and its impact on individuals and families.

#### How You Can Help

The Epilepsy Foundation recognises and celebrates volunteers as vital in delivering services to the community.

Opportunities include supporting roles at the op shops, in administration, fundraising finance, and epilepsy awareness events.

Training is provided and the rewards are endless.

8809 0600

epilepsy@epilepsyfoundation.org.au www.epilepsyfoundation.org.au 587 Canterbury Road, Surrey Hills

# St John Ambulance Australia (VIC) Inc.

St John Ambulance Australia (Vic) is a self-funded volunteer-based charity.

The organisation's vision is to aim for "At least one person educated, equipped and prepared to provide First Aid in every home, workplace and public gathering".

#### How You Can Help

St John offers opportunities for members of the public to volunteer at a range of fantastic events.

All members are trained, prepared and equipped to provide first aid to the community at local and major events.

More volunteers are always welcome.

1300 360 455 info@stjohnvic.com.au www.stjohnvic.com.au/volunteers Cnr Elgar and Belmore Roads, Box Hill North



# Victorian AIDS Council

Victorian AIDS Council has a long, rich and diverse history, working with and for LGBTI communities and people living with or affected by HIV. This is reflected in the principles that govern and underpin the way we work. Victorian AIDS Council offers a range of health services and programs aimed at various LGBTI communities.

#### How You Can Help

Offering so many services to our clients means that there is great diversity in volunteer roles. One of the most important services is medical transport for our clients. Volunteer drivers take HIVpositive clients to medical appointments, usually at major hospitals and HIV clinics. Transport expenses are reimbursed.

Contact: Daniel Bryen 9865 6700 volunteers@vac.org.au vac.org.au or vac.org.au/volunteer 615 St Kilda Rd Melbourne 51 Commercial Rd South Yarra

## Box Hill Historical Society Inc.

The Box Hill Historical Society was established in 1963 with the aim of collecting, cataloguing and conserving documents and photographs from the suburbs of Box Hill, Mont Albert, Burwood and part of Surrey Hills. It is run entirely by volunteers and has produced a number of publications of local interest.

#### How You Can Help

Volunteers are needed every Tuesday between 11am and 4pm to assist with cataloguing, data entry work, historical queries and the occasional cemetery and street tours at other times.

Experience with any of the above tasks is preferred, but training is available.

Contact: Helen Harris OAM, Hon Secretary 9285 4808 boxhillhistory@gmail.com www.boxhillhistoricalsociety.com.au Suite 7, Town Hall Hub, 27 Bank Street, Box Hill, rear of Town Hall.

## Mullum Mullum Festival

The Festival celebrates the Aboriginal cultural heritage and ecological values of the Mullum Mullum Creek Valley. The festival, now in its 22nd year, provides an opportunity for the community to learn about the biodiversity and cultural heritage of the Mullum Mullum Valley, through walks, talks, presentations and activities.

## How You Can Help

Local people with all kinds of skills and abilities and from all ages, cultures and backgrounds are welcome to assist with both the organisation and running of the festival.

Contact: Monique Decortis or David De Angelis 9719 7661 (Monique) or 409 519 829 (David) mmf.committee@gmail.com https://mullummullumfestival.org.au PO Box 173, Mitcham



## **Puffing Billy**

Puffing Billy is a Victorian tourist icon. Did you know Puffing Billy was a tourist railway back in 1900, taking tourists into the Dandenong Ranges and produce to Melbourne? Volunteers act as driver, fireman, stationmaster, guard, conductor, refreshment staff, environmental restoration and gardening. The scale of volunteerism needed to keep the train going is enormous!

## How You Can Help

Volunteer roles contribute to the smooth and safe running of the railway. In-house training teaches you skills to give you a comfortable experience. The Pathways Program introduces you to the Puffing Billy family. Then consider what role would be most personally fulfilling. Puffing Billy has many roles to choose from, with 'entry level' roles so you can begin with minimal training and no prerequisites other than a great attitude and a smile.

Contact: Sharon Corbier or Susan Ham 9757 0715 volunteering@pbr.org.au http://puffingbilly.com.au/en/ http://puffingbilly.com.au/en/volunteer/ Old Monbulk Road Belgrave 3160

# Whitehorse Historical Society Inc.

The Whitehorse Historical Society provides museum displays and research assistance to the local community, schools and other visitors, focusing on the history of the Whitehorse area.

The Complex is accredited by Museums Australia (Vic). The society runs Wednesday working groups (10am – 3pm) and working bees (four Saturdays a year) in addition to scheduled open days and festivals. Training is provided. Computer skills and a passion for history are desirable.

#### How You Can Help

Volunteers can help the working groups maintain and research the collection and assist with displays, or provide cataloguing, administration, website and digital media project assistance.

Volunteers can come along to a working bee to help maintain the cottage and museum, or assist at an event or festival.

Contact: Secretary 9873 4946 whitehorsehistory@hotmail.com Local History Room Schwerkolt Cottage & Museum Complex, Deep Creek Road, Mitcham

## Amnesty International Nunawading Group

Amnesty International are a group of volunteers who meet once a month to help raise awareness of increasing refugee rights, education among Aboriginal children and saving human rights activists from death row in their respective countries.

## **How You Can Help**

Volunteering opportunities include writing letters, raising monies and communicating with government officials, plus volunteering at the Blackburn Market and the Whitehorse Spring Festival.

Young volunteers welcome.

Contact: Grace Corcoran 0424 144 024 grace.corcoran@gmail.com www.facebook.com/ NunawadingAmnestyInternationalGroup

## Eastern Community Legal Centre

Eastern Community Legal Centre (ECLC) has been working with individuals and communities for more than 40 years to resolve legal problems and to improve laws and legal processes.

Legal help is available to all in the community who would otherwise not have access to a lawyer, whilst prioritising services and targeting programs to those who experience acute disadvantage.

## How You Can Help

Expressions of interest are welcomed from prospective volunteers to ensure vacancies within the many programs are quickly filled and services are continuously available to members of the Whitehorse community.

Volunteers contribute in many ways, including reception, project and legal support and legal advice. Information on volunteering and the application process is available at www.eclc.org.au/volunteering

Contact: Kelsey Smith 9285 4822 volunteers@eclc.org.au www.eclc.org.au Suite 3, Box Hill Town Hall Hub, 27 Bank Street, Box Hill

## Migrant Information Centre – MIC

The MIC supports migrants and refugees in the Eastern Region of Melbourne. Assistance is provided through a range of programs including case work, family support, migration advice, information sessions, homework support, playgroups, and recreational programs.

Programs also support older people access services and better understand aged care service options.

## How You Can Help

Volunteer opportunities include assisting primary or secondary school students with homework, driving mentor programs, refugee settlement programs, children's holiday programs, playgroups, community events, and travel assistance to appointments.

Volunteers also help socially isolated older people from a culturally and linguistically diverse background by offering friendship and companionship through regular visits.

Volunteering opportunities are also available for younger people aged between 14 to 17 years of age.

Contact: Mervat Dahdoule 9285 4888 mdahdoule@miceastmelb.com.au www.miceastmelb.com.au Suite 2, Town Hall Hub, 27 Bank Street, Box Hill

## joiningthedots – The Welcome Dinner Project

The Welcome Dinner Project connects newly arrived people with established Australians over a pot-luck meal in a local host's home.

Welcome Dinners are free and provide a much-needed space for inclusion, welcome and acceptance to foster meaningful connections in communities.

#### How You Can Help

Every home dinner runs smoothly with the help of two trained facilitators from the local area. All facilitators receive a full day's training before they can participate in events.

Hosts are needed in all suburbs to register their willingness to open their home up for dinners.

Young people are always welcome to assist their parents as hosts in making guests feel welcome at home dinners. There are a number of administrative roles that young people could also help with.

Contact: Jo McCoy 0438 825 125 whitehorse@joiningthedots.org www.joiningthedots.org 1A Malvern Road, Mont Albert

## Box Hill/Mitcham Day View Club

The Box Hill/Mitcham Day View Club brings people together to socialise and raise money for the Smith Family projects and Our Learning for Life Students program. The club meets on the 4th Monday of each month at the Bucatini Restaurant, 454 Whitehorse Road, Mitcham, with an activity or guest speaker planned for each meeting.

## How You Can Help

Volunteers can help with the organisation and running of social events and activities that raise money for projects and programs.

Contact: Elaine Hennessey 9878 3211 hennej@optusnet.com.au P 0 Box 429, Blackburn (meetings held at Bucatini Restaurant)



## Burwood Bulletin Inc.

The Burwood Bulletin is a free community magazine, staffed entirely by volunteers who provide a range of talents freely for the benefit of the community. It features local news in the community by promoting:

- Current news in the Boroondara, Monash and Whitehorse community
- Historical articles and photographs
- Local community notices
- Advertising by local traders and via a small business directory

## How You Can Help

Volunteers can assist the Burwood Bulletin by distributing magazines in the local area (a commitment of 3-4 hours per quarter).

A vehicle is essential to transport the magazines to libraries and neighbourhood centres.

Contact: Alan MacGavin 0408 325 325 info@burwoodbulletin.org www.burwoodbulletin.org 1 Church Street, Burwood

## Life Activities Club Whitehorse

The Life Activities Club runs 60 different activities to stimulate and challenge its members in body and mind.

Activities include cards, tennis and badminton, indoor bowls and four types of dance and many more. All events are run by volunteers.

#### How You Can Help

Volunteers can help by attending and helping to run activities for the benefit of your fellow volunteers.

Contact: Shirley Jones (Secretary) 9894 5084 or 0417 169 167 whitehorse@life.org.au www.life.org.au/whitehorse P.O. Box 245, Nunawading

## Neighbourhood Watch Whitehorse

Neighbourhood Watch is a proven Police and community partnership against crime. It is a community-based crime prevention program which aims to improve the quality of life within a neighbourhood by minimising preventable crime and promoting close community ties.

#### How You Can Help

Volunteers can become involved as Zone Representatives and deliver newsletters, assist in setting up new areas, attend crime prevention activities, and/or join a local committee.

Volunteers work with the local police on some crime prevention activities which target local priorities, such as reducing the incidence of thefts from parked cars, re-fixing number plates with anti-theft screws and identifying and reporting safety issues.

Contact: Ray Summers 0418 596 831 whitehorse@nhw.com.au www.nhw.com.au/whitehorse Laburnum LPO, PO Box 5005, Laburnum



## Whitehorse Community Houses

Neighbourhood and Community Houses are not-for-profit, community run organisations.

They are welcoming and friendly places that provide a wide range of social, educational and recreational activities for all members of the community. They offer places where people can meet, talk, make new friends, develop and share ideas, skills and knowledge and learn something new.

#### How You Can Help

Volunteers are a vital resource for Neighbourhood and Community Houses.

Opportunities vary from house to house, but include tasks in administration and reception, gardening, computer work, tutoring and assisting with group activities, fundraising, community lunches, childcare and committee of governance. Support and training is provided. The rewards are endless. Contact the individual houses for further details.

Bennettswood Neighbourhood House 7 Greenwood Street, Burwood 9888 0234 info@bennettswoodnh.org.au www.bennettswoodnh.org.au

Box Hill South Neighbourhood House 47 Kitchener Street, Box Hill South 9898 8270 bhsnh@netspace.net.au www.bhsnh.org.au Burwood Neighbourhood House 1 Church Street, Burwood 9808 6292 burwoodn@bigpond.net.au www.burwoodneighbourhoodhouse.org.au

Clota Cottage Neighbourhood House 31 Clota Avenue, Box Hill 9899 0062 admin@clotacottage.org.au www.clotacottage.org.au

Kerrimuir Neighbourhood House 57 Linda Avenue, Box Hill North 9899 7660 info@kerrimuirhouse.com.au www.kerrimuirhouse.org.au

Koonung Cottage Community House 109 Koonung Road, Blackburn North 9878 6632 info@koonungcottage.org.au www.koonungcottage.org.au

Louise Multicultural Community Centre Suite 8, Town Hall Hub, 27 Bank Street, Box Hill 9285 4850 Iouisemcc@aanet.com.au www.louise.org.au

Mitcham Community House 19 Brunswick Road, Mitcham 9873 4587 info@mitchamcommunityhouse.org www.mitchamcommunityhouse.org

Avenue Neighbourhood House @Eley 87 Eley Road,Blackburn South 3130 9808 2000 info@theavenue.org.au www.theavenue.org.au

Vermont South Community House 1 Karobran Drive, Vermont South 9803 2335 info@vsch.org.au www.vsch.org.au

## Whitehorse -Boroondara FM Community Radio Inc (94.1FM 3WBC)

Whitehorse-Boroondara Community Radio Inc. (94.1FM 3WBC) is a not-forprofit community organisation operated and staffed by volunteers which broadcasts 24/7.

Programs are streamed via the website (www.3wbc.org.au), so they can be heard around the world at any time.

#### How You Can Help

94.1FM 3WBC welcomes anyone who has an interest in radio and volunteering. Becoming a member of the station enables you to participate in the Committee of Management, working groups, special events and fundraisers and producing/presenting programs.

Young volunteers are welcome. Anyone under the age of 18 years is very welcome to volunteer with 94.1FM 3WBC.

Contact: Catherine Chadwick 0418 516 693 catherine.chadwick@3wbc.org.au www.3wbc.org.au Box Hill Town Hall, Suite 6, 1022 Whitehorse Rd, Box Hill Studios located at the rear of the Town Hall: 27 Bank Street

## Whitehorse Community Chest

Whitehorse Community Chest aims to raise and distribute funds to charitable organisations supporting disadvantaged people in the City of Whitehorse.

Funds raised each year are allocated through a grants program to charitable organisations that provide health, wellbeing, education, recreation and support services to needy individuals in our local area.

## How You Can Help

Whitehorse Community Chest is managed by local volunteers for local residents.

Each year volunteers assist in administration, delivering pamphlets, tin shake, wrapping Christmas presents and assist at BBQs and information stalls on behalf of Whitehorse Community Chest throughout the City of Whitehorse.

Contact: Anna Gordon 9285 4890 info@whitehorsecommunitychest.org.au whitehorsecommunitychest.org.au Box Hill Town Hall Hub 10/27 Bank Street, Box Hill

## Whitehorse Manningham Libraries

Whitehorse Manningham Libraries continues to operate as one of the most actively used public library services in Victoria.

Services are available to the whole community through eight physical locations, outreach, home library services and the library website.

#### How You Can Help

Whitehorse Manningham Libraries has a range of volunteer positions throughout the organisation.

Please consult the website. www.wml.vic.gov.au/ under 'Jobs & Volunteering' for current vacancies.

9896 4333

www.wml.vic.gov.au PO Box 3083, Nunawading, 3131 Library branches are at eight locations within the municipalities of Whitehorse and Manningham (See Website)



## **Lions Clubs**

Lions are members of the largest service organisation in the world, with nearly 1.35 million members.

Lions Club members strive to make a difference in their local community as well as in communities worldwide by providing hands-on assistance to enhance their communities.

#### How You Can Help

Opportunities vary from club to club, and range from organising and running fund raising activities, programs aimed at youth (Youth of the Year, Peace Posters), assistance to the aged or disadvantaged and projects for community and the environment.

There are also state and national initiatives that harness the collective resources of clubs.

Young Volunteers are welcomed. There is a Leos Club associated with the Vermont Secondary College. Lions Club of Blackburn North 0468 780 039 blackburnnorth@lionsclubs201v5.org blackburnnorth.vic.lions.org.au/

Lions Club of Box Hill 0412 035 848 boxhill@lionsclubs201v5.org http://boxhill.vic.lions.org.au/

Lions Club of Forest Hill 0412 178 282 secretary@lionsclubofforesthill.org.au www.lionsclubofforesthill.org.au

Lions Club of Mitcham 9729 5705 mitcham@lionsclubs201v5.org http://mitcham.vic.lions.org.au

Lions Club of Nunawading 9874 4446 nunawading@lionsclubs201v5.org http://nunawading.vic.lions.org.au

Lions Club of Vermont 0413 874 987 vermont@lionsclubs201v5.org www.vermont.vic.lions.org.au

Lions Club of South Vermont 0487 840 734 southvermont@lionsclubs201v5.org southvermont.vic.lions.org.au



## **Rotary Clubs**

The main objective of Rotary is service – in the community, in the workplace, and throughout the world.

Rotarians develop community service projects that address many of today's most critical issues, such as children at risk, poverty and hunger, the environment, illiteracy, and violence. They also support programs for youth, international exchanges for students and vocational and career development.

The six Rotary Clubs and one Rotaract Club in the City of Whitehorse are not only about community service and making a difference in the world; they are also about personal development, friendship and fun for the members.

#### How You Can Help

Opportunities vary from club to club, but include. Running markets, community service (visitation, soup kitchen), conservation, assist club meetings, mentoring and mock job interviewing secondary students, fundraising and community events, op shop, picking up furniture for Eastern Emergency Relief, assisting in a variety of community events, learning about other vocations, conferences and international projects. Rotary Club of Box Hill Contact: Tim Lynn 0439 741 892 secretary@boxhillrotary.com.au www.boxhillrotary.com.au

Rotary Club of Box Hill Central Contact: Jenny Coburn 0407 689 777 info@boxhillcentralrotary.org.au www.boxhillcentralrotary.org.au

Rotary Club of Forest Hill Contact: Bill Marsh 0417 369 343 foresthillrotary1975@gmail.com www.foresthillrotary.com

Rotary Club of Mitcham Website: www.rotarymitcham.com Contact: John Richard 0412 844 792 john@bttm.com.au

Rotary Club of Mont Albert and Surrey Hills Contact: Jan Cook 0447 623 577 info@rotarymash.org.au www.rotarymash.org.au

Rotary Club of Nunawading Contact: Sue Warmington 9874 8006 nunawadingrotary@gmail.com www.rotarynunawading.com.au

Whitehorse Rotaract Club info@whitehorserotaract.org.au www.whitehorserotaract.org.au

## Junior Chamber International – JCI – Eastern

Junior Chamber International Eastern provides strong career development opportunities that empower young people (18-40) and make a positive impact on the local community.

Join a vibrant and exciting team to hone your professional skills in a safe environment providing experience to build your resume and improve the community in which you live.

## How You Can Help

A range of volunteer opportunities are available in delivering community impact projects including executive committee leadership positions, project leads, marketing, project officers and coordinators. JCI will endeavor to match skills, passions and aspirations to a position to make a genuine impact to members and the community.

Contact: David Watters 0407 068 343 jcieastern@gmail.com jciaustralia.org.au/eastern/ P0 Box 193, Nunawading

## Manningham Whitehorse L2P Learner Driver Mentor Program

The Manningham Whitehorse L2P Learner Driver Mentor Program is a community based volunteer program to help learner drivers from Manningham and Whitehorse Council areas who face significant barriers to gaining their mandatory 120 hours.

#### How You Can Help

Volunteer mentors undertake a selection and training process to become a supervising driver. Mentors develop an ongoing supportive relationship with the learner driver by meeting with them for one hour a week.

Contact: L2P Project Officer 9846 0537 L2P@manningham.vic.au www.manningham.vic.gov.au Manningham City Council, 699 Doncaster Road, Doncaster



## Scouts Australia – Whitehorse District

Part of a worldwide organisation involving 30 million young people, Scouts Australia has 66,000 members aged 6 to 25 who develop confidence through fun and challenging adventures.

There are 14 separate scout groups across the City of Whitehorse.

## How You Can Help

There are a number of volunteer opportunities with Scouts Victoria, Whitehorse District including leadership roles, maintenance, governance (through committees supporting the leaders) and expertise to support the badge system of Scouts Victoria.

Leadership volunteers receive appropriate training. All adults in scouting require a Working with Children Card.

Contact: Bill Henley 0408 373 438 dc.whitehorse@scoutsvictoria.com.au www.scoutsvictoria.com.au P0 Box 48, Blackburn South

## Whitehorse District Girl Guides

Girl Guides is a global movement with more than 10 million members in 145 countries. In Australia they include girls and young women from all cultures, faiths and traditions, aged from 5 to 17.

They are encouraged to practise leadership, teamwork, healthy living, caring for the environment and service to their community.

#### How You Can Help

Leaders may choose to work with a particular age group or to be a leader of adults handling administration.

There are also opportunities for short term volunteering which may include marketing, hall maintenance, catering for large scale events, auditing and clerical work.

Contact: Jill Livingston 0409 583 847 whitehorse@guidesvic.org.au or jlivingston@guidesvic.org.au www.guidesvic.org.au Locations: Meetings are held throughout Bennettswood, Blackburn South, Box Hill, Laburnum, Mitcham, Nunawading and Vermont.

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#### Acknowledgement of Country

In the spirit of reconciliation, Whitehorse City Council acknowledges the Wurundjeri people as the traditional custodians of the land. We pay our respects to their Elders past and present.

#### **Contacting Council**

Telet. 9262 6333 Fax: 9262 6490 Email: customer.service@whitehorse.vic.gov.au NRS: 133 677 then quote 9262 6333 (Service for deaf or hearing impaired people) Telephone Interpreter Service: 131 450

#### Service Centres

Whitehorse Civic Centre (main Service Centre) 379-397 Whitehorse Road Nunawading 3131

#### Box Hill Service Centre Box Hill Town Hall

1022 Whitehorse Road Box Hill 3128

#### Forest Hill Service Centre Shop 275 Forest Hill Chase Shopping Centre Canterbury Road Forest Hill 3131

## Sustainable and Proud of It

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