

3Rs of Family Violence

Recognise, Respond & Refer

3Rs of Family Violence is a training program by Eastern Domestic Violence Service (EDVOS) which aims to broaden community understanding and awareness of family violence.

A 3Rs of Family Violence training session builds the capacity of individuals and organisations to recognise signs of family violence, respond appropriately to disclosures and make appropriate referrals to specialist family violence services. Participants also learn about the gendered nature of family violence and how to engage in conversations which challenge the community attitudes that reinforce gender inequality.

Target groups

- Parents
- Caregivers
- Teachers
- Early childhood educators
- Maternal & child health nurses
- People working in community, health or welfare services
- Workers in local council, aged care services or corporate organisations

Topic guide

- Understanding family violence
- Commonly held beliefs
- Community attitudes towards violence against women
- Gender inequality
- Recognising family violence
- Barriers to disclosure
- Responding to family violence
- Referring & EDVOS services
- Self care and safety

Our training package includes:

- A three hour interactive workshop for up to 20 participants
- Delivery of workshop face-to-face or online via ZOOM
- Delivery of training by qualified and experienced trainers
- Links to relevant resources and information
- Dedicated Support Person throughout the training
- Pre/post-training evaluation analysis

If you're interested in learning more about 3Rs of Family Violence or booking a session, please contact the EDVOS Education & Training team:

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About EDVOS

Our vision is a community free from family violence, where everyone feels safe.

EDVOS is the specialist family violence service in Melbourne's eastern metropolitan region (EMR) and covers around 1.03 million people in the municipalities of Boroondara, Manningham, Whitehorse, Knox, Monash, Maroondah and Yarra Ranges. Our aim is to prioritise the voices, experiences and safety of women and children and that the response for perpetrators is just, consistent and ensures accountability.

EDVOS empowers women to make informed choices through our broad range of programs and services which are individualised and sensitive. Our highly trained staff provide support, advice, information, case management, safety planning, community education, programs for pet safety and a strong network of referral pathways to other services that can assist.



Supported by



FREE training available for people living in City of Whitehorse and surrounding areas



www.edvos.org.au