COURSE	DAY	TIME	DURATION	VENUE
2nd Wed/month Book Circle	Wed	7/8/21/8 4/9 18/9, 11.00am - 12	1 hr	Kerrimuir
A.C.E. Progam	Tuesdays	10.00am - 3.00pm	ongoing	Avenue
Abbey Girls of Victoria	Sat	11.00am - 5.00pm	6/7, 3/8 & 5/10	Bennettswood
Active and Fit	Tuesdays	2.00pm -3.00pm	10 weeks	Avenue
Activity Group for 3-4 year olds	Mon	9.15am -12.15pm	Ongoing	Box Hill South
Adult Chess Club	Thurs	10.00am-11.30am		Burwood
Adult Literacy - Basic Reading & Writing	Thursdays	6.15pm - 8.45pm	ongoing	Avenue
Afternoon Talks	Tuesday	1.30 to 3.00pm	Monthly	Mitcham
Air Dry Clay Flower Making	Tues	12.30pm - 2.30pm	31/7 & 13/8	Louise MCC
Alcoholics Anonymous	Wed	7.30 - 8.30pm	weekly	Koonung
Apple Mac - Individual lessons (BYO laptop)			Booking Essenital	Burwood
Armchair Exercise & Strength Training	Thurs	12.00-1.00pm	Each term	Clota Cottage
Art - Watercolour	Tues	9.30am - 11.30am	TERM 3	Kerrimuir
Art - Watercolour	Thurs	9.30am - 11.30am	TERM 3	Kerrimuir
Art - Watercolour	Fri	9.30am - 11.30am	TERM 3	Kerrimuir
Art (for people with a disability)	londays, Wednesday	Contact the House	9808 2000	Avenue
Art as Therapy-Release the Stress	Wed	7.00pm-9.00pm	10 weeks	Vermont South
Art Classes	Thurs	10.00am-12.00pm	10 weeks	Vermont South
Art Classes	Thurs	1.00pm-3.00pm	10 weeks	Vermont South
Art Classes - Drawing & Watercolour Painting	Wed	1.30pm - 3.30pm	Term	Bennettswood
Art Classes for children	Wed	4:00pm - 6:00pm	Contact us	Box Hill South
Art Your Style	Wednesday	1.00 to 3.00 pm	10 weeks	Mitcham
Art Your Style- Self-directed group	Thursday	9.30 am to 11.30 am	9 weeks	Mitcham
Asian Cooking	Fri	11.30am - 1.30pm	26/7 & 30/8	Bennettswood
Auslan Beginners	Thursday	7.00 to 9.00 pm	10 weeks	Mitcham
Auslan Conversation	Thursday	7.00 to 8.30 pm	8 weeks	Mitcham
Australian Culture Course	Fri	12.30pm - 2.30pm	TBA	Louise MCC
Avenue Writers' Group	Fridays	10.00am - 12.00 noon	ongoing	Avenue
Balance for Body Strength & Falls Prevention	Friday	1.00 to 2.00 pm	7 weeks	Mitcham
Balloon Art	By arrangement	Various	Bookings by arrangement	Bennettswood
Balloonology - Advanced	By arrangement	Phone to book		Bennettswood
Balloonology - Beginners	By arrangement	Phone to book		Bennettswood
Basic Digital Photography	Wed	9.30am-12.00pm	6 weeks	Vermont South
BeConnected Internet Café	Various	Phone for information	Ongoing	Bennettswood
Beeswax Wraps	Saturday	12.30 to 3.30 pm	Single workshop	Mitcham
Beijing Opera	Sat and Sun	12noon -6pm	On going	Louise MCC
Bingo	Thursdays	1.00pm - 2.30pm	ongoing	Avenue
Bollywood Dancing	Thurs	6:00pm to 7:00pm	18/7 x 4 wks	Box Hill South
Bollywood Indian Dancing	By arrangement	5.30 - 6.30pm	Ongoing	Bennettswood
Book Club	Tues	7.30pm - 9.15pm	monthly	Box Hill South

Book Club	Book Club	Monday	10.00 to 11.30 am	Monthly	Mitcham
Book Group					
Book Group Fri-1st Month 1.00 - 3.00pm Ongoing Koonung		,	10.00	,	
Book Group - Evening Thurs -1st Month 7.30-9.00pm Ongoing Monung Books - Read & Borrow Mon-Fr 9.15am - 2.15pm Term Bennettswood Boroondara Toastmasters 1st & 3rd Thurs 7.30pm Ongoing Burwood Botanical Art for Beginners Monday 1.30-3.00 Ongoing Monung Botanical Art for Beginners Monday 1.30-3.00 Ongoing Monung Botanical Art for Beginners Monday 1.30-3.00 Ongoing Monung Botanical Drawing Wed 10.00am - 12.00pm 24/7 x 8 wks Box Hill South Botanicals workshop Sat 31-Aug 9.45-3.30 Mortinuity Monday Monung Monung Hill South Botanicals workshop Sat 31-Aug 9.45-3.30 Mortinuity Monung Hill South Boxing for Fliness Register your Interest Burwood Breadmaking Introduction Saturday 1.00 to 3.30 pm Single workshop Bird South Broadband for Seniors Various Phone the House for details Box Hill South Broadband for Seniors Various Phone the House for details Box Hill South Broadband for Seniors Various Phone the House for details Box Hill South Broadband for Seniors Various Phone the House for details Box Hill South Broadband for Seniors Box Hill South Hill South Broadband for Seniors Box Hill South Broadband for Seniors Box Hill South Hill South Broadband for Seniors Box Hill South Hill South Broadband for Seniors Box Hill South Broadband for Seniors			1.00 - 3.00pm		
Books - Read & Borrow Bennettswood Borroman	•	Thurs -1st Month			
Botanical Art for Beginners		Mon-Fri			Bennettswood
Botanical Art for Beginners	Boroondara Toastmasters	1st & 3rd Thurs	7.30pm	Ongoing	Burwood
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	Childcare- Occasional or Regular Bookings	Thursday	9.30 am to 12.30 pm	All term	Mitcham

Children's Writers' Group	Mondays	7.30pm - 9.30pm	monthly	Avenue
Chinese Meditation Group	Wednesday	7.00pm - 9.00pm	ongoing	Clota Cottage
Chinese Senior Dance Group	Fri	1pm - 4pm	On going	Louise MCC
Chinese: Intro to Digital Devices	Friday	9.30am - 12.30pm	Each term	Clota Cottage
Chooks in the Garden	Saturday	12.30 to 3.30 pm	Single workshop	Mitcham
Choosing the Right NBN Plan	Tue	1.30pm-3.30pm	1 session	Vermont South
Christmas Party			Dec	Burwood
Colour, Chat & Chew		11.30am - 1.00pm	Booking Essential	Burwood
Come & Try - Social Scrabble	Wed	10.00am - 1.00pm	17-Jul	Burwood
Come & Try - Falls Prevention	Tues	2.00pm- 3.00pm	16-Jul	Burwood
Come & Try - Open Playgroup	Fri	10.00am - 12.00pm	19-Jul	Burwood
Come & Try - Strength Training	Thurs	10.00am - 11.00am	18-Jul	Burwood
Come & Try - Tai Chi	Thurs	11.30am - 12.30pm	18-Jul	Burwood
Come & Try - Zumba over 40's	Fri	9.30am - 10:30am	19-Jul	Burwood
Come & Try Meditation	Mon	10:15am-11:15am	15-Jul	Burwood
Come & Try Yoga	Mon	9.05am-10.05am	15-Jul	Burwood
Community Bus Trip -	3rd Thurs of the Month	10.00am - approx. 3.00pm	Ongoing Booking Essenital	Burwood
Community Café	Mon-Fri	10.00am-3.00pm	Term	Vermont South
Community Craft Group	Tues	10.00am - 12 noon	Term	Bennettswood
Community Lunch - Soup and Sandwiches	Mon	12:30pm - 1:30pm	5/8 & 2/9	Box Hill South
Community Lunches	Fri	12.30pm - 2.00pm	Term	Bennettswood
community lunches	thursdays	12noon-1	5/7,8/8, 22/8, 5/9, 19/9, KERRIMU	Kerrimuir
Community Shed	Fri	10.30am - 2.30pm	TERM 2	Kerrimuir
Computer - Internet & Email (Intermediate in English)	Thurs	10pm - 12noon	On going	Louise MCC
Computer - Internet & Email (Intermediate in English)	Thurs	12.30pm - 2.30pm	On going	Louise MCC
Computer & Internet One-on-one (individual) Tuition	Various	Phone to book	Term	Bennettswood
Computer Basics-An Introduction to Computers	Thur	9.30pm-12.00pm	8 weeks	Vermont South
Computer Courses - Intermediate	Fridays	1.00pm - 3.30pm	9 weeks	Avenue
Computer Courses - Programming for Young Makers	Saturdays	Contact the House	9808 2000	Avenue
Computer Courses - The Next Step	Thursdays	3.00pm - 5.30pm	9 weeks	Avenue
Computer in Bilingual (English/Chinese)	Tues	10pm - 12noon	On going	Louise MCC
Computer in Cantonese	Wed	10pm - 12noon	On going	Louise MCC
Computer Lessons - iPads, Smartphones, Tablets &	ivate individual lesso	Contact the House	9808 2000	Avenue
Computer-Intermediate	Wed	6.30pm-9.00pm	8 weeks	Vermont South
Computers - Apple MacBook	Wed	Phone to book	Term	Bennettswood
Computers - Beginners	Mon	10.00am - 12.00pm	Ring for time and dates?	Burwood
Computers - Computer & Internet	Wed	Phone to book	Term	Bennettswood
Computers - Individual Lessons	Various	Phone the House for details		Box Hill South
Computers - Individual Tuition	Wed	Phone to book	Term	Bennettswood
Computers - Intermediate MYOB	pointments minimum 2h	Individual sessions	Booking Essenital	Burwood
Computers - Intro to Computers			Booking Essenital	Burwood

Computers - Intro to Excel	Fri	10.00am - 12.00pm	Ring for time and dates?	Burwood
Computers - Intro to Internet / Email		. — . — . — . — . — . — . — . — . — . —	Booking Essential	Burwood
Computers - Intro to MYOB		7.00pm - 9.00pm	ndividual sessions by appointmen	
Computers - Intro to Word		10.00am - 12.00pm	ndividual sessions by appointmen	Burwood
Computers - iPad & Mobile Devices	Wed	Phone to book	Term	Bennettswood
Computers - Microsoft Office	Wed	Phone to book	Term	Bennettswood
Computers - QuickBooks		7.00pm - 9.00pm	ndividual sessions by appointment	Burwood
Computers - WordPress (website development)	Wed	Phone to book	Term	Bennettswood
Computers- Android Phones and Tablets	Tuesday	10.30 am to 12.30 pm	5 weeks	Mitcham
Computers- Apple iPhones and iPads	Tuesday	10.30 am to 12.30 pm	4 weeks	Mitcham
Computers- Laptops(Windows 7,8 and 10)	Tuesday	10.30 am to 12.30 pm	5 weeks	Mitcham
Computers- MS Excel	Tuesday	7.00 to 9.00 pm	3 weeks	Mitcham
Computers- MS Word	Tuesday	7.00 to 9.00 pm	3 weeks	Mitcham
Computers-Event Savvy	Tuesday	10.00 am to 12.30 pm	1 week	Mitcham
Continuation Italian	Tues	6pm-7.30pm	on request	Box Hill South
Conversation Buddies Program	Mon - Fri	10am - 3pm	On going	Louise MCC
Cooking - Asian Cooking Demonstration	Fri	11.30am - 1.30pm	26/7 & 30/8	Bennettswood
Cooking for yourself	Thursdays	10.30am - 1.00pm	9808 2000	Avenue
Cooking-Japanese Style	Saturday	10.00 am to 1.00 pm	1 session	Mitcham
Cooking-Thai Style	Satruday	10.00 a to 1.00 pm	1 session	Mitcham
Craft	Tues	10.00-12.00	Ongoing	Koonung
Craft - Community Craft (Knitting for the Needy)	Tues	10.00am - 12 noon	Term	Bennettswood
Craft- Knitting for Charity	Monday	1.00 to 3.00 pm	Weekly during the term	Mitcham
Craft- Soap Making	Saturday	12.30 to 3.30 pm	Single workshop	Mitcham
Craftworkers Social Club / Craft Social Group	Mon	11.30am - 2.00pm	1st & 3rd Thursday of Month	Burwood
Creative Drawing	Thurs	9.45 - 11.45am	Ongoing	Koonung
Creative Minds Art (for people with a disability)	Iondays, Wednesday	Contact the House	9808 2000	Avenue
Crochet	Wednesdays	1-2.30pm		Koonung
Crochet (Community Craft)	Tues	10.00am - 12pm	Term	Bennettswood
Crochet, Knitting & Fancy Work	Tuesdays	9.45am - 11.45am	10 weeks	Avenue
Cross Stitch Workshop	Wed	1:30pm-3:00pm	?	Burwood
Cultural Exchange Program	Mon - Fri	10am - 12noon	On going	Louise MCC
Dad's Group	By arrangement	Phone for information	Term	Bennettswood
Dance for people 50+	Thursdays, Fridays	Afternoons	10 weeks	Avenue
Dancing - English Country	Tues	8.00pm - 10.30pm	Ongoing	Bennettswood
Dancing - Indian (Classical & Bollywood)	By arrangement	5.30 - 6.30pm	Ongoing	Bennettswood
Digital Media	Thurs	1.00pm-3.30pm	8 weeks	Vermont South
Digital Photography	Mondays	7.00pm - 8.30pm	6 weeks	Avenue
Drawing & Painting	Thurs	7.30pm-9.30pm	10 weeks	Vermont South
Drawing & Watercolour Painting	Wed	1.30pm - 3.30pm	Term	Bennettswood
Drawing and Painting- mixed media	Thursday	9.30 to 11.30 am	10 weeks	Mitcham

Drawing and Painting- mixed media	Wednesday	1.00 to 3.00 pm	10 weeks	Mitcham
Drawing and Sketching	Thurs	12.30pm - 2.30pm	from 1 August	Louise MCC
Dressmaking & Sewing	Tues	1:00 pm - 4:00 pm	Term	Bennettswood
eBay & Gum Tree Workshop	Thurs		Ring for time and dates?	Burwood
eBay & Gumtree Workshop	Fri	9.30am-3.30pm	1 session	Vermont South
Edit your digital photos with FOTOR	Wed	10.00am-12.00pm	1 & 8 August	Burwood
Eley Park Artists	Wednesdays	9.30am - 12.30pm	10 weeks	Warrawong
Eley Park Café - Hospitality skills for people with a d	Fridays	10.00am - 1.30pm	10 weeks	Avenue
Employment and Study Pathways for EAL Learners	Thursday	12.30 to 3.30 pm	10 weeks	Mitcham
Empower Yourself	Fridays	12.00noon - 2.30pm	4 weeks	Avenue
English as a Second language - Advanced	Mon - Fri	10am - 12noon	On going	Louise MCC
English as a Second language - Beginners	Mon - Fri	10am - 12noon	On going	Louise MCC
English as a Second language - Intermediate	Mon - Fri	10am - 12noon	On going	Louise MCC
English as an Additional Language -Intermediate	Thursday	9.00 am to 12.00pm	10 weeks	Mitcham
English as an Additional Language -Intermediate	Friday	9.00 am to 2.30 pm	10 weeks	Mitcham
English Conversation Café	Mon - Fri	10am - 3pm	On going	Louise MCC
English Conversation Class	Fri	1.00pm-2.30pm	TERM 3	Kerrimuir
English Conversation Group (AM)	Mon - Fri	9 - 10am	On going	Louise MCC
English Conversation Group (PM)	Thurs	12.30pm - 2.30pm	On going	Louise MCC
English Country Dancing	Tues	8.00pm - 10.30pm	Ongoing	Bennettswood
English One on One Program	Mon - Fri	10am - 3pm	On going	Louise MCC
ESL			Phone for Details	Burwood
ESL Absolute Beginners	Tue	10.00am-12.00pm	10 weeks	Vermont South
ESL Beginners	Mon	9.30am-12.30pm	10 weeks	Vermont South
ESL Conversation	Mon	1.00pm-4.00pm	10 weeks	Vermont South
ESL Conversation	Wed	1.00pm-4.00pm	10 weeks	Vermont South
Excel - Introduction	Tues	10.00am - 12.00pm	Phone for Details	Burwood
Excel Basics for the Workplace	Fri	9.30am-12.00pm	8 weeks	Vermont South
Exercise - Strength Training (Weights)	Mon	9.00am - 10.15am	Ongoing	Box Hill South
Exercise - Strength Training (Weights)	Thurs	9.00am - 10.15am	Ongoing	Box Hill South
Exercise - Strength Training (Weights)	Thurs	10.30am - 11.45pm	Ongoing	Box Hill South
Exercise to Music	Thurs	9.30 - 10.30am	Ongoing	Koonung
Exercise to Music (for Older Adults)	Thurs	1 - 2pm	Term	Bennettswood
Exercise, Strength & Fitness	Wed & Thurs	9.15 - 9.55 & 10.05 -10.45	TERM 3	Kerrimuir
Face Painting for Fun Part 1	Tue	10.00am-1.00pm	1 session	Vermont South
Face Painting for Fun Part 2	Tue	10.00am-1.00pm	1 session	Vermont South
Facebook			Booking Essenital	Burwood
Facebook Ads	Wed	Phone to book	Term	Bennettswood
Facebook for Beginners	Wed	Phone to book	Term	Bennettswood
Falls Prevention	Tues	2.00pm- 3.00pm	Phone for Details	Burwood
Father's day card (&more)	Saturday	1.00pm - 3.00pm	one session	Clota Cottage

Fathers Group	By arrangement	Phone for information	Term	Bennettswood
Felting - Felted Scarf or Shawl/Wrap	Sat	9.30am - 4.30pm	17-Aug	Bennettswood
French - beginners	Thurs	6.00pm - 7.30pm	18/7 x 8 wks	Box Hill South
French Advanced	Friday	10.00 am to 12.00 pm	8 weeks	Mitcham
French Advanced Beginners	Thurs	1.00pm-3.00pm	9 weeks	Vermont South
French Beginners	Saturday	10.00 am to 12 noon	8 weeks	Mitcham
French Beyond Beginners	Wednesday	6.30 to 8.30 pm	8 weeks	Mitcham
French Continuation	Thurs	7.45pm - 9.15pm	18/7 x 8 wks	Box Hill South
French Intermediate Level 1	Tuesday	6.30 to 8.30 pm	8 weeks	Mitcham
French Intermediate	Fri	10.00am-12.00pm	9 weeks	Vermont South
French Intermediate Level 2	Tuesday	9.30 am to 11.30 am	7 weeks	Mitcham
Friday Craft group	Fri	12.30pm - 3.00pm	Starts 19th July	Box Hill South
Function Room Hire	Any day	Any time	Term	Vermont South
Fundamentals of Digital Photography	Mondays	7.00pm - 8.30pm	6 weeks	Avenue
Furniture Restoration Self-directed Group	Monday	7.30 to 9.30 pm	8 weeks	Mitcham
Games Afternoon	Tuesday	1.30 to 3.00 pm	Monthly	Mitcham
Garden Group Outings	Various	Phone the House for details	j	Box Hill South
Gardening group	Thursdays	1.00pm - 3.00pm	Each Term 1	Clota Cottage
Gardening- Propagating at Home	Saturday	12.30 to 3.30 pm	Single workshop	Mitcham
Gentle Chair Exercise	Tuesdays	3.30pm - 4.30pm	6 weeks	Avenue
Gentle Dance for people 50+	Thursdays, Fridays	Afternoons	10 weeks	Avenue
Gentle Exercise	Fri	10.15am -11.15am	Ongoing	Box Hill South
Gentle Exercise	Thursday	12.00 - 1.00pm	School Terms	Clota Cottage
Gentle exercise for seniors	Thurs	09.15am-09.55am	TERM 2	Kerrimuir
Gentle Exercises to Music for Older Adults	Thurs	1 - 2pm	Term	Bennettswood
German Playgroup	Mon	10:30am - 12:00pm	Ongoing	Box Hill South
Getting the best from Gmail	Fri	10.00am-12.00pm	Phone for Details	Burwood
Guitar for Grown Ups (0ver 19)	By arrangement	Phone for information	Term	Bennettswood
Guitar for Tweens (8 - 12 year olds)	Thurs	4 - 5pm	Term	Bennettswood
Gunna Club (Senior Citizens Social Group)	Wednesdays	1.00pm - 3.00pm	10 weeks	Avenue
Harmony Tai Chi Centre classes	Mondays	1.00pm - 2.00pm	10 weeks	Avenue
Harp Group	2nd Wednesday	7.30-9.30pm	Ongoing	Bennettswood
Health Talk- Advance Care Planning	Tuesday	10.00 am to 11.30 am	1 session	Mitcham
Health Talks- Exercise- The New Wonder Drug	Tuesday	1.30 to 3.00 pm	1 session	Mitcham
Hip Hops for 9 to 14 year olds	Tuesday	4.00 to 5.00 pm	8 weeks	Mitcham
Hospitality-Basic Work Skills	Wed	9.30am-12.00pm	6 weeks	Vermont South
How to grow vegetables workshop	Tues	12.30pm - 2.30pm	from August	uise Peace Gard
Indian Dancing (Classical & Bollywood)	By arrangement	5.30 - 6.30pm	Ongoing	Bennettswood
Indian Vegetarian Cooking	Fri		Register your interest	Burwood
Indoor Bowls	Mondays	12.30pm - 3.30pm	ongoing	Avenue
Instrumental Music Session	1st Wed	7.30 - 9.30pm	1st Wed in month (not January)	Bennettswood

Internet Access - Free for Seniors	Weekdays	by appointment	Ongoing	Clota Cottage
Internet Access - Free for Seniors	Weekdays	by appointment	Ongoing	Burwood
Introduction to card making	Saturday	1.00pm - 3.00pm	one session	Clota Cottage
Introduction to Smartdevices Workshop	Tue	12.30pm-3.00pm	2 sessions	Vermont South
Introduction to Word	Tues	10:00am - 12:00pm	Ring for time and dates?	Burwood
iPad / Tablet Basics - one-on-one tuition	Wed	Phone to book	Term	Bennettswood
iPad class	Wednesdays	10.30am - 12 noon	6 weeks	Avenue
iPad Skills (for people with a disability)	Tuesdays	Contact the House	9808 2000	Avenue
iPads and iPhones	Tuesday	10.30 am to 12.30 pm	4 weeks	Mitcham
iPod/ipad/ Android Training	Weekdays	Min 2hr sessions	Ring for appointment	Burwood
Italian (Ongoing)	Tuesdays	1.00pm - 3.00pm	10 weeks	Avenue
Italian Beginners	Tues	7:45pm - 9:15pm	on request	Box Hill South
Italian Beginners Plus	Wednesday	7.00 to 9.00 pm	8 weeks	Mitcham
Italian- Essentials for Travellers	Saturday	12.30 to 4.30 pm	2 weeks	Mitcham
Jigsaws Galore	Tuesdays	9.30am - 3.00pm	ongoing	Avenue
Job skills course	Friday	9.30 am to 2.30 pm	4 weeks	Mitcham
Kangatraining - Post Natal Exercise class	Mon	10:45am - 11:45am	Starts 15th July	Box Hill South
Keyboard & Piano for Adults	Fridays	7.00pm - 8.00pm	10 weeks	Avenue
Kids Chess	Thurs	5.30pm-7.30pm	Phone for Details	Burwood
Kids Face Painting Workshop	Tue/Wed/Thurs	10.00am-1.00pm	1 session	Vermont South
Knit and Chat			Ring for Details	Burwood
Knitted Knockers Australia			Ring for Details	Burwood
Knitted Knockers Australia - craft group	Mon	11.30am - 2.00pm	1st, 3rd & 5th Mon of Month	Burwood
Knitting - beginners	Thurs		Ring for time and dates?	Burwood
Knitting (Community Craft)	Tues	10.00am - 12pm	Term	Bennettswood
Knitting for Charity	Monday	1.00 to 3.00 pm	Weekly during the term	Mitcham
Knitting for the Needy (Community Craft)	Tues	10am - 12pm	Term	Bennettswood
Knitting Group - Social Group	Mon	1.00pm-3.00pm	Term	Vermont South
Korean Drumming	Sat	5pm - 8pm	On going	Louise MCC
Ladies Social Group	Mon	12.30pm 2.00pm	1st Monday of every Month	Burwood
Language - Chinese (Children)	Thu	4 - 6pm	Term	Bennettswood
Language Exchange Program	Mon - Sun	between 9am - 4pm	On going	Louise MCC
Laptops/Notebooks *Bookings required	Day or Night	Min 2hr session	Ring for Details	Burwood
Laughter Yoga	Tues	10.30-11.30am	On going	Louise MCC
learn Finnish		.30pm- 8.00pm/ 7.00pm- 9.00pr	Each Term	Clota Cottage
Learn on your own Laptop	Day & Even.	Individual sessions	Ongoing by appointment	Burwood
Learn to Knit and Crochet	Mon	1:00pm - 2:30pm	Starts 15th July	Box Hill South
Learn to Turn	Saturdays	1.00-3.00pm		Koonung
Let's Cook (Monday Lunch Cooking Group)	Mondays	10.30am - 1.00pm	8 weeks	Avenue
Let's Cook (Wednesday Lunch Cooking Group)	Wednesdays	10.30am - 1.00pm	9 weeks	Avenue
Life Skills Program	ys, Wednesdays, Thu	10.00am - 2.30pm	ongoing	Avenue

Line Dancing (Beginners & Intermediate)	Thursday Evenings	7.00pm - 9.00pm	ongoing	Avenue
Line-dancing Class	Tues	12.30pm - 2pm	On going	Louise MCC
Living with Cancer Support Group	1st Fri	11.00am - 1.00pm	Monthly	Burwood
Lone Parents Social Group	4th Wed in Month	10.00am -12.00pm	Ongoing	Burwood
Low Impact Exercise	Tues	·	Register your Interest	Burwood
Lunch - Community Lunch	Fri	12.30pm - 2.00pm	Term	Bennettswood
Lunch Club - Community Lunch	Fri	12.30pm - 2.00pm	Term	Bennettswood
Mahjong	Thurs	1.00 - 3.30pm	Ongoing	Koonung
Mahjong			Register your Interest	Burwood
Mah-jong	Wed	1 - 3.30pm	Onqoing	Bennettswood
Mahjong - Western Style	Tuesdays	12.30pm -3.30pm	10 weeks	Avenue
Make the right impression workshop	Wednesdays	9.30am - 2.30pm	one session	Clota Cottage
Make your own Kokedama	Sat, 15th June	12pm-2pm	half-day workshop	Kerrimuir
Managing your Photos on your smart phone, tablet	Wednesdays	10.30am - 12noon	5 weeks	Avenue
Mandarin Beginners class For Locals	Mon	10.30am - 12.30pm	Ongoing	Louise MCC
Mandarin class - Advanced	Wed	12.30pm - 2.30pm	On going	Louise MCC
Mandarin class - Intermediate	Tues	12.30pm - 2.30pm	On going	Louise MCC
Mandarin Conversation Group	Mon & Thurs	10-11am, 12-1pm	On going	Louise MCC
Master your smart phone, iPad and Android tablet	Wednesdays	10.30am - 12 noon	6 weeks	Avenue
Meditation	Mon	1.00pm - 2.30pm	Ongoing	Box Hill South
Meditation	Saturday	9.30-11.00am	10 Aug, 14 Sept	Koonung
Meditation	Mon	10:15am-11:15am	15 July - 16 Sept	Burwood
Meditation	Tues	7.30pm - 8.30pm	15 July - 16 Sept	Burwood
Meditation	Tuesday	12.15 to 1.15 pm	10 weeks	Mitcham
Meditation - A Way of Peace	Thursdays	6.30pm - 7.30pm	9808 2000	Avenue
Meditation - Don't Worry be Happy	Fridays	12.45pm - 1.45 pm	10 weeks	Avenue
Meditation and Relaxation	Monday	8.15 to 9.15 pm	8 weeks	Mitcham
Meditation Mini-retreat	Saturday	1.00 to 3.00 pm	1 session	Mitcham
Meditative Dance	Wed	7:30pm - 8:30pm	Starts 24th July	Box Hill South
Mediterranean Cooking	xpressions of Interes	Contact the House	9808 2000	Avenue
Meeting rooms	Wed	info@bennettswoodnh.org.au	Term	Bennettswood
Men's Social Group (card games, chess etc)	Thurs		Register your Interest	Burwood
Merry Melodies (Sing-A-Long)	Thursdays	10.30am - 11.30am	fortnightly	Avenue
Metoring and leadership program	Mon - Fri	10am - 12noon	On going	Louise MCC
Mindfulness Meditation	Tues	12.45-1.45pm	Ongoing	Koonung
Mini Maestros	Thurs	Mornings	Term	Vermont South
Mixed Social Group	Thurs	12.30pm - 1.30pm	Register your Interest	Burwood
Mobile Computing - IOS & Android devices	Wed	Phone to book	Term	Bennettswood
Mobile Phone Basics	Wed	Phone to book	Term	Bennettswood
Mosaics	TBA	TBA	ongoing	Avenue
Mosaics-Self Directed Group	Fri	9.00am-2.00pm	10 weeks	Vermont South

Mothers Groups	Mother's Group	Mon-Fri	2 Hour sessions	Ongoing	Burwood
Moving Club Mon 12.00am-2.30pm 24 July - 28 August Burwood Moving on by Kara House Thursday 10.00am - 12 0pon 13 July - 22 August Clota Cotta Mulsic - BAMS (Bennettswood Acoustic Music Session) Mon - Fri 10am - 12 noon 1 st Wed in month finor January) Louise MC Music - BAMS (Bennettswood Acoustic Music Session) By arrangement Info@bennettswoodh org.au Term Bennettswo Music - Harp lessons Mon 11.30am - 12.45pm Term Bennettswoodh org.au Music - Wilder Tues 7 - 8pm Term Bennettswoodh org.au Music - Wilder Tues 7 - 8pm Term Bennettswoodh org.au Music - Wilder Wed 7 .00pm - 9.00pm Ring for Details Burwood MYOB Intro Wed 7 .00pm - 9.00pm Ring for Details Burwood NOIS and NDIA Suitable Programs - Various Monday to Friday Contact the House 9808 2000 Avenue Needle felting Thurs 12 .30pm 1st Aug x 3 wks Box Hill So. Needle felting Thurs 12 .30	Mothers' Groups	By arrangement	info@bennettswoodnh.org.au	<u> </u>	Bennettswood
Multicurral Friendship Group Mon - Fri 10am - 12noon On going Louise MC Music - BAMS (Bennettswood Acoustic Music Session) 1st Wed 7.30 - 9.30pm 1st Wed in month (not January) Bennettswo Music - BAMS (Bennettswood Acoustic Music Session) By arrangement inlo@bennettswoodonh.org.au Term Bennettswo Music - Singing & Ukulele Mon 11.30am 12.45pm Term Bennettswo MYOB Into Wed 7.0ppm - 9.00pm Ring for Details Burwood MYOB Payroll Thurs 6.30pm-9.00pm 8 weeks Vermont So Nelsde Retiree Saturday 1.00pm - 2.30pm on essession Clota Cotta NBLS and NDIA Suitable Programs - Various Monday to Friday Contact the House 9808 2000 Avenue Neighbourhood Watch Thurs Every 3 to 6 Months Ring for Details Burwood Occasional Child Care Mcdnesday and Friday 9.30 am to 2.30 pm Ongoing School terms Mitcham Office Administration-Short Course Tue 1.00pm-3.30pm 8 weeks Vermont So Office Administratio	Movie Club	Mon	12.00am-2.30pm	24 July - 28 August	Burwood
Multicutural Friendship Group Mon - Fri 10am - 12noon On going Louise MC Music - BAMS (Bennettswood Acoustic Music Session) 1st Wed 7.30 - 9.30pm 1st Wed in month (not January) Bennettswo Music - Harp Jessons By arrangement Info@bennettswoodnh.org.au Term Bennettswo Music - Singing & Ukulele Mon 11.30am 12.45pm Term Bennettswo MYOB Intro Wed 7.09pm Ring for Details Burwood MYOB Payroll Thurs 6.30pm-9.00pm Ring for Details Burwood Naked Retiree Saturday 1.00pm - 2.30pm one session Ciota Cotta NOE All Suitable Programs - Various Monday to Friday Contact the House 9808 2000 Avenue Needle felting Thurs 12:30pm - 3.30pm 1st Aug x 3 wks Box Hill Sox Neighbourhood Watch Thurs Every 3 to 6 Months Ring for Details Burwood Occasional Child Care Wednesday and Friday 9.30 am to 2.30 pm During school terms Mitcham Office Administration-Short Course Tue	Moving on by Kara House	Thursday	10.00am - 12.00pm	18 July- 22 August	Clota Cottage
Music - Harp lessons By arrangement Info@bennettswoodnh.org.au Term Bennettswo Music - Singing & Ukulele Mon 11.30am - 12.45pm Term Bennettswo Music - Singing & Ukulele Tues 7 - 8pm Term Bennettswo MYOB Intro Wed 7.00pm - 9.00pm Ring for Details Burwood MYOB Payroll Thurs 6.30pm-9.00pm 8 weeks Vermont Soo Naked Retiree Saturday 1.00pm - 2.30pm one session Clota Cotta NDIS and NDIA Suitable Programs - Various Monday to Friday Contact the House 9808 2000 Avenue Needle felting Thurs 12:30pm - 3:30pm 1st Aug x 3 wks Box Hill Sot Neighbourhood Watch Thurs Every 3 to 6 Months Ring for Details Burwood Occasional Child Care Mednesday and Friday 9.30am + 2.30pm During school terms Mitcham Occasional Child Care Wednesdays 9.30am + 2.30pm During school terms Mitcham Office Administration-Short Course Tue 1.00pm-3.30pm B weeks<	Multicutural Friendship Group	Mon - Fri		On going	Louise MCC
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Music Ukulele	Music - Harp lessons	By arrangement	info@bennettswoodnh.org.au	Term	Bennettswood
MYOB Intro Wed 7.00pm - 9.00pm Ring for Details Burwood MYOB Payroll Thurs 6.30pm-9.00pm 8 weeks Vermont Sor Naked Retiree Saturday 1.00pm - 2.30pm one session Clota Cotta NDIS and NDIA Suitable Programs - Various Monday to Friday Contact the House 9808 2000 Avenue Needle felting Thurs 12:30pm - 3:30pm 1st Aug x 3 wks Box Hill Sor Needle felting Thurs 12:30pm - 3:30pm ongoing Stat Hug x 3 wks Box Hill Sor Neighbourhood Watch Mon, Tues, Wed 9:30am - 2:30pm ongoing Clota Cotta Occasional Child Care Wednesday and Friday 9:30 am to 2:30 pm During school terms Mitcham Occasional Child Care Tue 1.00pm-3:30pm Buryood Buryood Office Skills Course Tue 1.00pm-3:30pm Buryood Buryood Office Skills Course Wednesdays 9:30am - 12:30pm Term 3 Clota Cotta Office Skills Course Wednesdays 9:30am - 12:30pm Term 3	Music - Singing & Ukulele	Mon	11.30am - 12.45pm	Term	Bennettswood
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Naked Retiree Saturday 1.00pm - 2.30pm one session Clota Cotta NDIS and NDIA Suitable Programs - Various Monday to Friday Thurs 12:30pm - 3:30pm 1st Aug x 3 wks Box Hill Sou Occasional Child Care Monday to Friday Occasional Child Care Monday to Friday Occasional Child Care Mednesday and Friday Occasional Child Care Mednesday and Friday Occasional Child Care Mednesday and Friday Occasional Child Care Mednesday 9.30 am to 2.30 pm Occasional Child Care Mednesday 9.30 am to 2.30 pm Occasional Child Care Mednesday 9.30 am to 2.30 pm Occasional Child Care Mednesdays	MYOB Intro	Wed	7.00pm - 9.00pm	Ring for Details	Burwood
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Occasional Child Care	Needle felting	Thurs	12:30pm - 3:30pm	1st Aug x 3 wks	Box Hill South
Occasional Child Care Wednesday and Friday 9.30 am to 2.30 pm During school terms Mitcham Thursday 9.30 to 12.30 During school terms Mitcham 9.30 to 12.30 During school terms Mitcham 1.00 pm. 3.00 pm.	Neighbourhood Watch	Thurs		Ring for Details	Burwood
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Party Hire / Room or House Hire Patchwork Patchwork Patchwork Patchwork & Applique Patchwork & Applique Patchwork Self-Help Group Patcholic Self-Help Group Patchwork Self-Help Group Patchwork Self-Hel	Park Rambles	Monday		Weekly during the term	Mitcham
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Pet Selection and the First Weeks at Home Photos - managing on your smart phone, tablet or c Piano & Keyboard for Adults Piano and Keyboard for Adults Piano and Keyboard for Adults Pilates P			9.30am-12.00pm		Vermont South
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Pilates (Evening Class) Wednesdays 6.45pm - 7.45pm 10 weeks Avenue	Pilates				
Playgroup Mon - Fri 2 Hour sessions Ring for Details Burwood	, , ,		·		Avenue
	Playgroup	Mon - Fri	2 Hour sessions	Ring for Details	Burwood

Playgroup - Grandparents	Wednesday	10.00-12.00am	school term	Koonung
Playgroup - Open	Mon & Wed	10.00am - 12.00pm	Booking Essential	Burwood
Playgroup - parent run	By arrangement	info@bennettswoodnh.org.au	Term	Bennettswood
Playgroup Facilitated	Mon.Tues and Wed	9.30 am to 11.30 am	Weekly during the term	Mitcham
Playgroup- non-Facilitated	Monday	9.30 am to 11.30 am	Weekly during the term	Mitcham
Playgroups- Private rental	Monday to Fiday	Varies according to day	Weekly during the term	Mitcham
Playgroups-Chinese Playgroup	Thurs	10.00am-12.00pm	Term	Vermont South
Playgroups-Japanese Learning Program for Pre-Schoolers	Tue	10.00am-1.00pm	Term	Vermont South
Playgroups-St Andrews Greek Playgroup	Thurs	9.30am-11.30am	Term	Vermont South
Poets Corner	Thursdays	11.30am - 1.30pm	8 weeks	Avenue
Pot-Luck Friday	Friday	11.30am - 1.00pm	16 August/ 20 September	Clota Cottage
Powerpoint & Publisher	Fri	1.00pm-3.30pm	8 weeks	Vermont South
Preschooler Party Room Hire	Weekends	12.30 to 4.30 pm	Bookings required	Mitcham
Programming for Young Makers	Saturdays	Contact the House	9808 2000	Avenue
Propagating at Home	Saturday	12.30 to 4.30 pm	Single workshop	Mitcham
Public Internet Acess	Mon - Fri	10.00 am - 3.00 pm	Booking Essential	Burwood
Qi Gong - Wild Goose (Part 1)	Monday	11.45 am to 12.45 pm	10 weeks	Mitcham
Qi Gong- Short Forms	Monday	2.15 to 3.15 pm	10 weeks	Mitcham
Quick Books - Computer Accounting Package			Booking Essential	Burwood
Reflexology workshops	Tues	1.00pm - 2.30pm	Booking Essential	Burwood
Refresh - Youth Learning	Mondays to Thursdays	9.30am - 2.30pm	ongoing	Avenue
Refresh your computer skills	Tues, Wednes, Fri	-17 Sep/17 July-18 Sep/19 July-	Term 3	Clota Cottage
Relaxation and Meditation	Monday	8.15 to 9.15 pm	10 weeks	Mitcham
ReNew - Youth Re-engagement program	lays, Wednesdays, Fr	9.30am -12.30pm	ongoing	Mitcham
Ribbon Embroidery Workshop	Wed	11:30am-1:00pm	?	Burwood
Room and Venue Hire	by appointment	by appointment	by appointment	Kerrimuir
Room hire	By arrangement	info@bennettswoodnh.org.au	Ongoing	Bennettswood
Room Hire - Adults / Children's Parties	Evenings/Weekends		All year	Clota Cottage
Scarf/Shawl/Wrap Making - Felting	Sat	9.30am - 4.30pm	17-Aug	Bennettswood
Scrabble	Fridays	12.30pm - 3.30pm	10 weeks	Avenue
Scrabble Social	Wed	10.00am - 1.00pm	17 July - 18 Sept	Burwood
Seated Zumba	Fri	10.45am-11.45am	Phone for Details	Burwood
Seniors Internet Kiosk-	Mon - Fri	10.00am - 3pm	Booking Essential	Burwood
Sewing - Teddy Bear Making (3 sessions)	By arrangement	info@bennettswoodnh.org.au	Monday	Bennettswood
Sewing & Dressmaking	Tues	1 - 4pm	Term	Bennettswood
Singing Group	Mon	11.30am - 12.45pm	Term	Bennettswood
Sketching for Children (8-12 year olds)	Thurs	4.00pm-5.30pm	10 weeks	Vermont South
Sketching With Realism	Fridays	9.30am - 12.00 noon	10 weeks	Warrawong
Small Steps Recovery Rehab Program	Mon - Fri		Register your Interest	Burwood
Smartphone Tips and Tricks	Thurs		Ring for dates and time?	Burwood
Soap Making Cold Process	Saturday	12.30 to 3.30 pm	Single workshop	Mitcham

Social Aftternoon- travel talks or games	Monday	1.30 to 3.00 pm	Fortnightly	Mitcham
Social Group / Daytrips	Tuesday	All day	1 per term	Clota Cottage
Social Group / Movie & Lunch	Wednesday	12.00noon	May 22, June 26	Clota Cottage
Social Group / Tai Chi	Thurs	10.30-11.30am	Each term	Clota Cottage
Social Group for Chinese Speakers	Fridays	9.30am - 11.30am	Each Term	Clota Cottage
Social Group/ Card Games	Mon	1.00pm - 3.00pm	Each term	Clota Cottage
Social Sewing	Tuesdays	1.00-3.00pm	Ongoing	Koonung
Social Walking	Wed	10.30am - 11.30am	17 July - 18 Sept	Burwood
Solar Panels & Battery Storage for your Home	Tue	1.00pm-3.00pm	1 session	Vermont South
Spanish	Thurs	11:45am - 1:15pm	on request	Box Hill South
Spinning	Thurs	10.00am-12noon	Ongoing	Koonung
Stekching and drawing	Thurs	12.30pm - 2.30pm	from 1 August	Louise MCC
Street Library - books for borrowing	anytime	anytime	Ongoing	Koonung
Strenghthening and Conditioning exercise class	Friday	10.00am - 11.00am	Each Term	Clota Cottage
Strength - Senior Adults	Wed	09.15am-09.55am	TERM 2	Kerrimuir
Strength - Young & Young at Heart	Wed	10.05am-10.45am	TERM 2	Kerrimuir
Strength Training	Mon	9.00am - 10.00am	Term	Bennettswood
Strength Training	Tue	4.30 - 5.30pm	Term	Bennettswood
Strength Training	Monday	9.00 to 10.15 am	10 weeks	Mitcham
Strength Training	Monday	5.15 to 6.30 pm	9 weeks	Mitcham
Strength Training	Tuesday	10.15 to 11.30 am	10 weeks	Mitcham
Strength Training	Wednesday	12.45 to 2.00 pm	10 weeks	Mitcham
Strength Training	Friday	9.30 to 10.45 am	10 weeks	Mitcham
Strength Training	Friday	11 am to 12.15 pm	10 weeks	Mitcham
Strength Training	Mon	1.00pm-2.00pm	10 weeks	Vermont South
Strength Training	Mon	2.00pm-3.00pm	10 weeks	Vermont South
Strength Training	Wed	12.00pm-1.00pm	10 weeks	Vermont South
Strength Training	Wed	1.00pm-2.00pm	10 weeks	Vermont South
Strength Training	Mon	10.15 - 11.10am	Ongoing	Koonung
Strength Training	Mon	9.15 - 10.10am	Ongoing	Koonung
Strength Training	Wed	10.15 - 11.10am	Ongoing	Koonung
Strength Training	Wed	9.15 - 10.10am	Ongoing	Koonung
Strength Training	Fri	10.15 - 11.10am	Ongoing	Koonung
Strength Training	Fri	9.15 - 10.10am	Ongoing	Koonung
Strength Training	Thurs	10.00am - 11.00am	18 July-19 Sept	Burwood
Strength Training	Tues		Register your interest	Burwood
Stretch class	Tues	6:15 - 7:15pm	Term	Bennettswood
Strong People Stay Young	Fridays	9.15am -10.15am	10 weeks	Avenue
Strong People Stay Young	Fridays	10.30am - 11.30am	10 weeks	Avenue
Strong People Stay Young	Mondays	3.00pm - 4.00pm	8 weeks	Avenue
Structured Playgroup	Fri	10;00am-12:00pm	19 July -20 Sept	Burwood

Support Group - Women starting again 1st Sat in month 10:00am 0ngoing Burwood Tabata Thurs Register your Interest Burwood Tabata Thurs Ring for dates and times? Burwood Tabata Thurs Thur	Support Group - LEAP	1st Fri in month	11.00am - 1.00pm	Ongoing	Burwood
Swap, Shuffle & Share (gardening)					
Register your Interest Burwood Tablet Tips and Tricks Thurs Ring for dates and times? Burwood Tai Chi Mondays 1.00pm - 2.00pm 10 weeks Avenue Tai Chi Thurs 11.30pm - 12.30pm 13 July-19 Sept Burwood Tai Chi - Yang-style Expression of interest Phone for information Term Bennettswood Tai Chi - Yang-style Expression of interest Phone for information Term Bennettswood Tai Chi - Yang-style Monday 1.00 to 2.00 pm 10 weeks Mitcham Mitch		1st Sat in month	10:00am		
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Vocational Journeys Fridays 9.30 am to 2.30 pm 4 weeks Mitcham	Vegetarian Cooking Workshop				
					Bennettswood
Vocational Workplace Training Thurs 12 - 3pm On going Louise MCC		·			
	Vocational Workplace Training	Thurs	12 - 3pm	On going	Louise MCC

Walk and Talk	Wed	2:00pm - 3:00pm	Ongoing	Box Hill South
Walk 'n' Talk	Wednesday	9.30 to 10.30 am	Weekly during the term	Mitcham
Walk, Talk & Cuppa	Mon	AM	Check website	Kerrimuir
Walking Group	Wed	9am - 9.30am	TBA	Louise MCC
Walking group	Thursdays	9.30-10.30am	Ongoing	Koonung
Watercolour Art Show	Sat/Sun	10am - 4pm	24th & 25th August	Box Hill South
Watercolour Painting	Wed	1.30 - 3.30pm	Term	Bennettswood
Watercolour Painting	Mon	10:00am - 12:00pm	15/7 x 9 wks	Box Hill South
Watercolour Painting	Mon	7:30 pm - 9:30 pm	15/7 x 9 wks	Box Hill South
Watercolour Painting	Tues	7.30pm - 9.30pm	16/7 x 9 wks	Box Hill South
Watercolour Painting	Fri	12.30 - 2.30pm	Ongoing	Koonung
Weaving	Sat, 29th June	12pm-3pm	half-day workshop	Kerrimuir
Website Training (WordPress)	By arrangement	info@bennettswoodnh.org.au	Term	Bennettswood
Welcome Dinner Project	Last Fri of the Month	7.00pm-9.00pm	Booking Essential	Burwood
What google can do for you	Fri	10.00am-12.00pm	16-Aug	Burwood
Whitehorse School of Physical Culture	Mon	5.00pm-5.45pm	Term	Vermont South
Windows 10-Files & Folders Workshop	Thurs	9.30am-3.30pm	1 sessions	Vermont South
Wiser Driver Course - Free	Monday	1.00 to 3.00 pm	4 weeks	Mitcham
Women group/ love and connection	Saturday	12.30pm - 4.00pm	one session	Clota Cottage
Women Group/ Positivity	Saturday	12.30pm - 4.00pm	one session	Clota Cottage
Women Group/ Strength	Saturday	12.30pm - 4.00pm	one session	Clota Cottage
Womens' Support Group	Vednesday and Thursda	Contact the office	Weekly during the term	Mitcham
Woodturning	Sat	9.00 - 1.00pm	4th monthly	Koonung
Woodturning - beginners	Thurs	1.00 - 3.00pm	Ongoing	Koonung
Woodturning - experienced	Wed	1.00 - 3.00pm	Ongoing	Koonung
Woodwork and carpentry workshop	Wed	12.30pm - 2.30pm	from August	uise Peace Gard
WordPress (website development)	By arrangement	info@bennettswoodnh.org.au	Term	Bennettswood
Work Experience Program	Mon - Fri	10am - 3pm	On going	Louise MCC
Workshop - Digital Cameras/Photos	Thurs		Register your Interest	Burwood
Workshop - Mosaics		10.30am - 12.30pm	Register your Interest	Burwood
Writers Group	Sun	2:00pm - 4:30pm	Monthly (3rd Sunday)	Box Hill South
XERO for Beginners	Tue	9.30am-12.00pm	8 weeks	Vermont South
Yoga	Wed	6:15pm - 7:15pm	7/8 x 7 wks	Box Hill South
Yoga	Mon	7.00 - 8.00pm	Ongoing	Koonung
Yoga	Mon	7:20pm - 8:20pm	5/8 x 8 wks	Box Hill South
Yoga	Mon	9.30 - 10.30am	Ongoing	Koonung
Yoga	Mon	9.05am - 10.05am	15 July - 16 Sept	Burwood
Yoga - Day class	Thurs	10:30am - 11:30am	8/8 x 8 wks	Box Hill South
Yoga - Gentle Yoga	Mon	6:15pm - 7:15pm	5/8 x8 wks	Box Hill South
Yoga and Relaxation	Mon	6.30pm-7.45pm	10 weeks	Vermont South
Yoga and Relaxation	Mon	8.00pm-9.15pm	10 weeks	Vermont South

Yoga and Relaxation	Wed	8.00pm-9.15pm	10 weeks	Vermont South
Yoga and Relaxation	Wed	5.30pm-6.45pm	10 weeks	Vermont South
Yoga for Children	Tuesdays or Fridays	4.15pm - 5.30pm	10 weeks	Avenue
Yoga Friday Morning	Fridays	9.30am - 10.30am	10 weeks	Avenue
Yoga Friday Morning	Fridays	11.00am - 12.00 noon	10 weeks	Avenue
Yoga Hatha	Monday	7.00 to 8.00 pm	etails Semester Two 2019.xls]She	Mitcham
Yoga Hatha	Tuesday	9.00 to 10.00 am	10 weeks	Mitcham
Yoga Hatha	Tuesday	7.00 to 8.00 pm	10 weeks	Mitcham
Yoga Hatha	Tuesday	8.15 to 9.15 pm	10 weeks	Mitcham
Yoga Hatha	Wednesday	5.50 to 6.50 pm	10 weeks	Mitcham
Yoga Hatha	Wednesday	7.00 to 8.00 pm	10 weeks	Mitcham
Yoga Hatha	Wednesday	8.15 to 9.15 pm	10 weeks	Mitcham
Yoga Hatha	Thursday	1.00 to 2.00 pm	10 weeks	Mitcham
Yoga Hatha	Thursday	2.10 to 3.10 pm	10 weeks	Mitcham
Yoga in a chair	Monday	10.30 am to 11.30 am	10 weeks	Mitcham
Yoga in a chair	Wednesday	2.10 to 3.10 pm	10 weeks	Mitcham
Yoga Saturday Morning	Saturdays	9.30am - 10.30am	10 weeks	Avenue
Yoga Tuesday Evening	Tuesdays	6.45pm - 7.45pm	10 weeks	Avenue
Youth Program (17-24 year olds)-Art as Therapy	Wed	12.30pm-2.30pm	10 weeks	Vermont South
Youth Program (17-24 year olds)-Hospitality Basics	Tue	9.30am-12.30pm	7 weeks	Vermont South
Youth Program (17-24 year olds)-Office Administration	Wed	9.30am-11.30am	10 weeks	Vermont South
Zumba	Thursdays	6.30pm - 7.30pm	10 weeks	Avenue
Zumba for Over 40s	Fri	9:30am - 10:30am	19 July -20 Sept	Burwood
Zumba Gold	Saturday	9.00 to 10.00 am	10 weeks	Mitcham
Zumba Gold	Mon	9.30-10.30am	Ongoing	Koonung