

Whitehorse Community Houses  
Courses and Activities Term 3, 2019

<b>COURSE</b>	<b>DAY</b>	<b>TIME</b>	<b>DURATION</b>	<b>VENUE</b>
2nd Wed/month Book Circle	Wed	7/8/21/8 4/9 18/9, 11.00am - 12	1 hr	Kerrimuir
A.C.E. Progam	Tuesdays	10.00am - 3.00pm	ongoing	Avenue
Abbey Girls of Victoria	Sat	11.00am - 5.00pm	6/7, 3/8 & 5/10	Bennettswood
Active and Fit	Tuesdays	2.00pm -3.00pm	10 weeks	Avenue
Activity Group for 3-4 year olds	Mon	9.15am -12.15pm	Ongoing	Box Hill South
Adult Chess Club	Thurs	10.00am-11.30am		Burwood
Adult Literacy - Basic Reading & Writing	Thursdays	6.15pm - 8.45pm	ongoing	Avenue
Afternoon Talks	Tuesday	1.30 to 3.00pm	Monthly	Mitcham
Air Dry Clay Flower Making	Tues	12.30pm - 2.30pm	31/7 & 13/8	Louise MCC
Alcoholics Anonymous	Wed	7.30 - 8.30pm	weekly	Koonung
Apple Mac - Individual lessons ( BYO laptop )			Booking Essential	Burwood
Armchair Exercise & Strength Training	Thurs	12.00-1.00pm	Each term	Clota Cottage
Art - Watercolour	Tues	9.30am - 11.30am	TERM 3	Kerrimuir
Art - Watercolour	Thurs	9.30am - 11.30am	TERM 3	Kerrimuir
Art - Watercolour	Fri	9.30am - 11.30am	TERM 3	Kerrimuir
Art (for people with a disability)	Monday, Wednesday	Contact the House	9808 2000	Avenue
Art as Therapy-Release the Stress	Wed	7.00pm-9.00pm	10 weeks	Vermont South
Art Classes	Thurs	10.00am-12.00pm	10 weeks	Vermont South
Art Classes	Thurs	1.00pm-3.00pm	10 weeks	Vermont South
Art Classes - Drawing & Watercolour Painting	Wed	1.30pm - 3.30pm	Term	Bennettswood
Art Classes for children	Wed	4:00pm - 6:00pm	Contact us	Box Hill South
Art Your Style	Wednesday	1.00 to 3.00 pm	10 weeks	Mitcham
Art Your Style- Self-directed group	Thursday	9.30 am to 11.30 am	9 weeks	Mitcham
Asian Cooking	Fri	11.30am - 1.30pm	26/7 & 30/8	Bennettswood
Auslan Beginners	Thursday	7.00 to 9.00 pm	10 weeks	Mitcham
Auslan Conversation	Thursday	7.00 to 8.30 pm	8 weeks	Mitcham
Australian Culture Course	Fri	12.30pm - 2.30pm	TBA	Louise MCC
Avenue Writers' Group	Fridays	10.00am - 12.00 noon	ongoing	Avenue
Balance for Body Strength & Falls Prevention	Friday	1.00 to 2.00 pm	7 weeks	Mitcham
Balloon Art	By arrangement	Various	Bookings by arrangement	Bennettswood
Balloonology - Advanced	By arrangement	Phone to book		Bennettswood
Balloonology - Beginners	By arrangement	Phone to book		Bennettswood
Basic Digital Photography	Wed	9.30am-12.00pm	6 weeks	Vermont South
BeConnected Internet Café	Various	Phone for information	Ongoing	Bennettswood
Beeswax Wraps	Saturday	12.30 to 3.30 pm	Single workshop	Mitcham
Beijing Opera	Sat and Sun	12noon -6pm	On going	Louise MCC
Bingo	Thursdays	1.00pm - 2.30pm	ongoing	Avenue
Bollywood Dancing	Thurs	6:00pm to 7:00pm	18/7 x 4 wks	Box Hill South
Bollywood Indian Dancing	By arrangement	5.30 - 6.30pm	Ongoing	Bennettswood
Book Club	Tues	7.30pm - 9.15pm	monthly	Box Hill South

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Book Club	Monday	10.00 to 11.30 am	Monthly	Mitcham
Book Club	Monday	7.30 to 9.00 pm	Monthly	Mitcham
Book club	1st Mon		Register your Interest	Burwood
Book Group	Fri-1st Month	1.00 - 3.00pm	Ongoing	Koonung
Book Group - Evening	Thurs -1st Month	7.30-9.00pm	Ongoing	Koonung
Books - Read & Borrow	Mon-Fri	9.15am - 2.15pm	Term	Bennettswood
Boroondara Toastmasters	1st & 3rd Thurs	7.30pm	Ongoing	Burwood
Botanical Art for Beginners	Monday	1.30-3.00	Ongoing	Koonung
Botanical Drawing	Wed	10.00am - 12.00pm	24/7 x 8 wks	Box Hill South
Botanicals workshop	Sat	31-Aug	9.45-3.30	Kerrimuir
Boxing for Fitness			Register your Interest	Burwood
Breadmaking Introduction	Saturday	1.00 to 3.30 pm	Single workshop	Mitcham
Broadband for Seniors	Various	Phone the House for details		Box Hill South
Broadband for Seniors	by appointment	by appointment	ongoing	Clota Cottage
Burwood Bulletin Group	ts at the House twice a term		Ongoing	Burwood
Café Capers - out for lunch	Fri	12 - 2pm	16-Aug	Bennettswood
Cake Decorating	Tuesday	7.00 to 9.30 pm	6 weeks	Mitcham
Cake Decorating Toppers	Saturday	12.30 to 4.30 pm	Single workshop	Mitcham
Calligraphy Self-directed Group	Wednesday	10.00 am to 12 noon	Weekly during the term	Mitcham
Cantonese Karaoke Opera Group	Mon - Fri	12 - 5pm	On going	Louise MCC
Card Games - 500	Fridays	10.00am - 12noon	10 weeks	Avenue
Card Games - Hand & Foot	Fridays	12.30pm - 3.00pm	10 weeks	Avenue
Card Making			Register your Interest	Burwood
Card Making for Special and Other Occasions	Tuesday	9.30 am to 12.30 pm	Monthly workshops	Mitcham
Cards Social Group	Fri (fortnightly)	1.00pm - 3.00pm	Register your Interest	Burwood
Certificates in General Education	Monday to Thursday	Contact the House	9808 2000	Avenue
Certificates in Transition Education	Monday to Thursday	Contact the House	9808 2000	Avenue
Chair Yoga	Monday	10.30 to 11.30 am	8 weeks	Mitcham
Chair Yoga	Wednesday	2.10 to 3.10 pm	10 weeks	Mitcham
Chair-based Exercises	Wednesday	1.00 to 2.00 pm	10 weeks	Mitcham
Chat & Chew	Tuesdays	9.30am - 12.30pm	ongoing	Avenue
Child Care	Mon, Tues, Wed	9.30am - 2.30pm	school term	Clota Cottage
Child Care	Tues	9.00am - 12noon	school term	Koonung
Child Care	Thurs	9.00am - 2pm	school term	Koonung
Child Care	Fri	9.00am - 12noon	school term	Koonung
Childcare (Early Learning - Pre Kinder Group)	Monday	Contact the House	9808 2000	Avenue
Childcare (Occasional)	Tuesday to Friday	9.00am - 3.00pm	ongoing	Avenue
Childcare for 2 to 5 year olds	Tues & Wed	9.15 - 12.15pm	starts 16th & 17th July	Box Hill South
Childcare for 2 to 5 year olds	Mon	9:15 - 12:15	TBA	Box Hill South
Childcare- Occasional or Regular Bookings	Wednesday and Friday	9.30 am to 2.30 pm	All term	Mitcham
Childcare- Occasional or Regular Bookings	Thursday	9.30 am to 12.30 pm	All term	Mitcham

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Children's Writers' Group	Mondays	7.30pm - 9.30pm	monthly	<b>Avenue</b>
Chinese Meditation Group	Wednesday	7.00pm - 9.00pm	ongoing	<b>Clota Cottage</b>
Chinese Senior Dance Group	Fri	1pm - 4pm	On going	<b>Louise MCC</b>
Chinese: Intro to Digital Devices	Friday	9.30am - 12.30pm	Each term	<b>Clota Cottage</b>
Chooks in the Garden	Saturday	12.30 to 3.30 pm	Single workshop	<b>Mitcham</b>
Choosing the Right NBN Plan	Tue	1.30pm-3.30pm	1 session	<b>Vermont South</b>
Christmas Party			Dec	<b>Burwood</b>
Colour, Chat & Chew		11.30am - 1.00pm	Booking Essential	<b>Burwood</b>
Come & Try - Social Scrabble	Wed	10.00am - 1.00pm	17-Jul	<b>Burwood</b>
Come & Try - Falls Prevention	Tues	2.00pm- 3.00pm	16-Jul	<b>Burwood</b>
Come & Try - Open Playgroup	Fri	10.00am - 12.00pm	19-Jul	<b>Burwood</b>
Come & Try - Strength Training	Thurs	10.00am - 11.00am	18-Jul	<b>Burwood</b>
Come & Try - Tai Chi	Thurs	11.30am - 12.30pm	18-Jul	<b>Burwood</b>
Come & Try - Zumba over 40's	Fri	9.30am - 10:30am	19-Jul	<b>Burwood</b>
Come & Try Meditation	Mon	10:15am-11:15am	15-Jul	<b>Burwood</b>
Come & Try Yoga	Mon	9.05am-10.05am	15-Jul	<b>Burwood</b>
Community Bus Trip -	3rd Thurs of the Month	10.00am - approx. 3.00pm	Ongoing Booking Essenital	<b>Burwood</b>
Community Café	Mon-Fri	10.00am-3.00pm	Term	<b>Vermont South</b>
Community Craft Group	Tues	10.00am - 12 noon	Term	<b>Bennettswood</b>
Community Lunch - Soup and Sandwiches	Mon	12:30pm - 1:30pm	5/8 & 2/9	<b>Box Hill South</b>
Community Lunches	Fri	12.30pm - 2.00pm	Term	<b>Bennettswood</b>
community lunches	thursdays	12noon-1	5/7,8/8, 22/8, 5/9, 19/9, KERRIMU	<b>Kerrimuir</b>
Community Shed	Fri	10.30am - 2.30pm	TERM 2	<b>Kerrimuir</b>
Computer - Internet & Email (Intermediate in English)	Thurs	10pm - 12noon	On going	<b>Louise MCC</b>
Computer - Internet & Email (Intermediate in English)	Thurs	12.30pm - 2.30pm	On going	<b>Louise MCC</b>
Computer & Internet One-on-one (individual) Tuition	Various	Phone to book	Term	<b>Bennettswood</b>
Computer Basics-An Introduction to Computers	Thur	9.30pm-12.00pm	8 weeks	<b>Vermont South</b>
Computer Courses - Intermediate	Fridays	1.00pm - 3.30pm	9 weeks	<b>Avenue</b>
Computer Courses - Programming for Young Makers	Saturdays	Contact the House	9808 2000	<b>Avenue</b>
Computer Courses - The Next Step	Thursdays	3.00pm - 5.30pm	9 weeks	<b>Avenue</b>
Computer in Bilingual (English/Chinese)	Tues	10pm - 12noon	On going	<b>Louise MCC</b>
Computer in Cantonese	Wed	10pm - 12noon	On going	<b>Louise MCC</b>
Computer Lessons - iPads, Smartphones, Tablets &	Private individual lesso	Contact the House	9808 2000	<b>Avenue</b>
Computer-Intermediate	Wed	6.30pm-9.00pm	8 weeks	<b>Vermont South</b>
Computers - Apple MacBook	Wed	Phone to book	Term	<b>Bennettswood</b>
Computers - Beginners	Mon	10.00am - 12.00pm	Ring for time and dates?	<b>Burwood</b>
Computers - Computer & Internet	Wed	Phone to book	Term	<b>Bennettswood</b>
Computers - Individual Lessons	Various	Phone the House for details		<b>Box Hill South</b>
Computers - Individual Tuition	Wed	Phone to book	Term	<b>Bennettswood</b>
Computers - Intermediate MYOB	appointments minimum 2h	Individual sessions	Booking Essenital	<b>Burwood</b>
Computers - Intro to Computers			Booking Essenital	<b>Burwood</b>

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Computers - Intro to Excel	Fri	10.00am - 12.00pm	Ring for time and dates?	<b>Burwood</b>
Computers - Intro to Internet / Email			Booking Essential	<b>Burwood</b>
Computers - Intro to MYOB		7.00pm - 9.00pm	individual sessions by appointment	<b>Burwood</b>
Computers - Intro to Word		10.00am - 12.00pm	individual sessions by appointment	<b>Burwood</b>
Computers - iPad & Mobile Devices	Wed	Phone to book	Term	<b>Bennettswood</b>
Computers - Microsoft Office	Wed	Phone to book	Term	<b>Bennettswood</b>
Computers - QuickBooks		7.00pm - 9.00pm	individual sessions by appointment	<b>Burwood</b>
Computers - WordPress (website development)	Wed	Phone to book	Term	<b>Bennettswood</b>
Computers- Android Phones and Tablets	Tuesday	10.30 am to 12.30 pm	5 weeks	<b>Mitcham</b>
Computers- Apple iPhones and iPads	Tuesday	10.30 am to 12.30 pm	4 weeks	<b>Mitcham</b>
Computers- Laptops( Windows 7,8 and 10)	Tuesday	10.30 am to 12.30 pm	5 weeks	<b>Mitcham</b>
Computers- MS Excel	Tuesday	7.00 to 9.00 pm	3 weeks	<b>Mitcham</b>
Computers- MS Word	Tuesday	7.00 to 9.00 pm	3 weeks	<b>Mitcham</b>
Computers-Event Savvy	Tuesday	10.00 am to 12.30 pm	1 week	<b>Mitcham</b>
Continuation Italian	Tues	6pm-7.30pm	on request	<b>Box Hill South</b>
Conversation Buddies Program	Mon - Fri	10am - 3pm	On going	<b>Louise MCC</b>
Cooking - Asian Cooking Demonstration	Fri	11.30am - 1.30pm	26/7 & 30/8	<b>Bennettswood</b>
Cooking for yourself	Thursdays	10.30am - 1.00pm	9808 2000	<b>Avenue</b>
Cooking-Japanese Style	Saturday	10.00 am to 1.00 pm	1 session	<b>Mitcham</b>
Cooking-Thai Style	Saturday	10.00 a to 1.00 pm	1 session	<b>Mitcham</b>
Craft	Tues	10.00-12.00	Ongoing	<b>Koonung</b>
Craft - Community Craft (Knitting for the Needy)	Tues	10.00am - 12 noon	Term	<b>Bennettswood</b>
Craft- Knitting for Charity	Monday	1.00 to 3.00 pm	Weekly during the term	<b>Mitcham</b>
Craft- Soap Making	Saturday	12.30 to 3.30 pm	Single workshop	<b>Mitcham</b>
Craftworkers Social Club / Craft Social Group	Mon	11.30am - 2.00pm	1st & 3rd Thursday of Month	<b>Burwood</b>
Creative Drawing	Thurs	9.45 - 11.45am	Ongoing	<b>Koonung</b>
Creative Minds Art (for people with a disability)	Mondays, Wednesday	Contact the House	9808 2000	<b>Avenue</b>
Crochet	Wednesdays	1-2.30pm		<b>Koonung</b>
Crochet (Community Craft)	Tues	10.00am - 12pm	Term	<b>Bennettswood</b>
Crochet, Knitting & Fancy Work	Tuesdays	9.45am - 11.45am	10 weeks	<b>Avenue</b>
Cross Stitch Workshop	Wed	1:30pm-3:00pm	?	<b>Burwood</b>
Cultural Exchange Program	Mon - Fri	10am - 12noon	On going	<b>Louise MCC</b>
Dad's Group	By arrangement	Phone for information	Term	<b>Bennettswood</b>
Dance for people 50+	Thursdays, Fridays	Afternoons	10 weeks	<b>Avenue</b>
Dancing - English Country	Tues	8.00pm - 10.30pm	Ongoing	<b>Bennettswood</b>
Dancing - Indian (Classical & Bollywood)	By arrangement	5.30 - 6.30pm	Ongoing	<b>Bennettswood</b>
Digital Media	Thurs	1.00pm-3.30pm	8 weeks	<b>Vermont South</b>
Digital Photography	Mondays	7.00pm - 8.30pm	6 weeks	<b>Avenue</b>
Drawing & Painting	Thurs	7.30pm-9.30pm	10 weeks	<b>Vermont South</b>
Drawing & Watercolour Painting	Wed	1.30pm - 3.30pm	Term	<b>Bennettswood</b>
Drawing and Painting- mixed media	Thursday	9.30 to 11.30 am	10 weeks	<b>Mitcham</b>

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Drawing and Painting- mixed media	Wednesday	1.00 to 3.00 pm	10 weeks	Mitcham
Drawing and Sketching	Thurs	12.30pm - 2.30pm	from 1 August	Louise MCC
Dressmaking & Sewing	Tues	1:00 pm - 4:00 pm	Term	Bennettswood
eBay & Gum Tree Workshop	Thurs		Ring for time and dates?	Burwood
eBay & Gumtree Workshop	Fri	9.30am-3.30pm	1 session	Vermont South
Edit your digital photos with FOTOR	Wed	10.00am-12.00pm	1 & 8 August	Burwood
Eley Park Artists	Wednesdays	9.30am - 12.30pm	10 weeks	Warrawong
Eley Park Café - Hospitality skills for people with a d	Fridays	10.00am - 1.30pm	10 weeks	Avenue
Employment and Study Pathways for EAL Learners	Thursday	12.30 to 3.30 pm	10 weeks	Mitcham
Empower Yourself	Fridays	12.00noon - 2.30pm	4 weeks	Avenue
English as a Second language - Advanced	Mon - Fri	10am - 12noon	On going	Louise MCC
English as a Second language - Beginners	Mon - Fri	10am - 12noon	On going	Louise MCC
English as a Second language - Intermediate	Mon - Fri	10am - 12noon	On going	Louise MCC
English as an Additional Language -Intermediate	Thursday	9.00 am to 12.00pm	10 weeks	Mitcham
English as an Additional Language -Intermediate	Friday	9.00 am to 2.30 pm	10 weeks	Mitcham
English Conversation Café	Mon - Fri	10am - 3pm	On going	Louise MCC
English Conversation Class	Fri	1.00pm-2.30pm	TERM 3	Kerrimuir
English Conversation Group (AM)	Mon - Fri	9 - 10am	On going	Louise MCC
English Conversation Group (PM)	Thurs	12.30pm - 2.30pm	On going	Louise MCC
English Country Dancing	Tues	8.00pm - 10.30pm	Ongoing	Bennettswood
English One on One Program	Mon - Fri	10am - 3pm	On going	Louise MCC
ESL			Phone for Details	Burwood
ESL Absolute Beginners	Tue	10.00am-12.00pm	10 weeks	Vermont South
ESL Beginners	Mon	9.30am-12.30pm	10 weeks	Vermont South
ESL Conversation	Mon	1.00pm-4.00pm	10 weeks	Vermont South
ESL Conversation	Wed	1.00pm-4.00pm	10 weeks	Vermont South
Excel - Introduction	Tues	10.00am - 12.00pm	Phone for Details	Burwood
Excel Basics for the Workplace	Fri	9.30am-12.00pm	8 weeks	Vermont South
Exercise - Strength Training (Weights)	Mon	9.00am - 10.15am	Ongoing	Box Hill South
Exercise - Strength Training (Weights)	Thurs	9.00am - 10.15am	Ongoing	Box Hill South
Exercise - Strength Training (Weights)	Thurs	10.30am - 11.45pm	Ongoing	Box Hill South
Exercise to Music	Thurs	9.30 - 10.30am	Ongoing	Koonung
Exercise to Music (for Older Adults)	Thurs	1 - 2pm	Term	Bennettswood
Exercise, Strength & Fitness	Wed & Thurs	9.15 - 9.55 & 10.05 -10.45	TERM 3	Kerrimuir
Face Painting for Fun Part 1	Tue	10.00am-1.00pm	1 session	Vermont South
Face Painting for Fun Part 2	Tue	10.00am-1.00pm	1 session	Vermont South
Facebook			Booking Essenital	Burwood
Facebook Ads	Wed	Phone to book	Term	Bennettswood
Facebook for Beginners	Wed	Phone to book	Term	Bennettswood
Falls Prevention	Tues	2.00pm- 3.00pm	Phone for Details	Burwood
Father's day card (&more)	Saturday	1.00pm - 3.00pm	one session	Clota Cottage

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Fathers Group	By arrangement	Phone for information	Term	<b>Bennettswood</b>
Felting - Felted Scarf or Shawl/Wrap	Sat	9.30am - 4.30pm	17-Aug	<b>Bennettswood</b>
French - beginners	Thurs	6.00pm - 7.30pm	18/7 x 8 wks	<b>Box Hill South</b>
French Advanced	Friday	10.00 am to 12.00 pm	8 weeks	<b>Mitcham</b>
French Advanced Beginners	Thurs	1.00pm-3.00pm	9 weeks	<b>Vermont South</b>
French Beginners	Saturday	10.00 am to 12 noon	8 weeks	<b>Mitcham</b>
French Beyond Beginners	Wednesday	6.30 to 8.30 pm	8 weeks	<b>Mitcham</b>
French Continuation	Thurs	7.45pm - 9.15pm	18/7 x 8 wks	<b>Box Hill South</b>
French Intermediate Level 1	Tuesday	6.30 to 8.30 pm	8 weeks	<b>Mitcham</b>
French Intermediate	Fri	10.00am-12.00pm	9 weeks	<b>Vermont South</b>
French Intermediate Level 2	Tuesday	9.30 am to 11.30 am	7 weeks	<b>Mitcham</b>
Friday Craft group	Fri	12.30pm - 3.00pm	Starts 19th July	<b>Box Hill South</b>
Function Room Hire	Any day	Any time	Term	<b>Vermont South</b>
Fundamentals of Digital Photography	Mondays	7.00pm - 8.30pm	6 weeks	<b>Avenue</b>
Furniture Restoration Self-directed Group	Monday	7.30 to 9.30 pm	8 weeks	<b>Mitcham</b>
Games Afternoon	Tuesday	1.30 to 3.00 pm	Monthly	<b>Mitcham</b>
Garden Group Outings	Various	Phone the House for details		<b>Box Hill South</b>
Gardening group	Thursdays	1.00pm - 3.00pm	Each Term 1	<b>Clota Cottage</b>
Gardening- Propagating at Home	Saturday	12.30 to 3.30 pm	Single workshop	<b>Mitcham</b>
Gentle Chair Exercise	Tuesdays	3.30pm - 4.30pm	6 weeks	<b>Avenue</b>
Gentle Dance for people 50+	Thursdays, Fridays	Afternoons	10 weeks	<b>Avenue</b>
Gentle Exercise	Fri	10.15am -11.15am	Ongoing	<b>Box Hill South</b>
Gentle Exercise	Thursday	12.00 - 1.00pm	School Terms	<b>Clota Cottage</b>
Gentle exercise for seniors	Thurs	09.15am-09.55am	TERM 2	<b>Kerrimuir</b>
Gentle Exercises to Music for Older Adults	Thurs	1 - 2pm	Term	<b>Bennettswood</b>
German Playgroup	Mon	10:30am - 12:00pm	Ongoing	<b>Box Hill South</b>
Getting the best from Gmail	Fri	10.00am-12.00pm	Phone for Details	<b>Burwood</b>
Guitar for Grown Ups (Over 19)	By arrangement	Phone for information	Term	<b>Bennettswood</b>
Guitar for Tweens (8 - 12 year olds)	Thurs	4 - 5pm	Term	<b>Bennettswood</b>
Gunna Club (Senior Citizens Social Group)	Wednesdays	1.00pm - 3.00pm	10 weeks	<b>Avenue</b>
Harmony Tai Chi Centre classes	Mondays	1.00pm - 2.00pm	10 weeks	<b>Avenue</b>
Harp Group	2nd Wednesday	7.30-9.30pm	Ongoing	<b>Bennettswood</b>
Health Talk- Advance Care Planning	Tuesday	10.00 am to 11.30 am	1 session	<b>Mitcham</b>
Health Talks- Exercise- The New Wonder Drug	Tuesday	1.30 to 3.00 pm	1 session	<b>Mitcham</b>
Hip Hops for 9 to 14 year olds	Tuesday	4.00 to 5.00 pm	8 weeks	<b>Mitcham</b>
Hospitality-Basic Work Skills	Wed	9.30am-12.00pm	6 weeks	<b>Vermont South</b>
How to grow vegetables workshop	Tues	12.30pm - 2.30pm	from August	<b>Clota Cottage</b>
Indian Dancing (Classical & Bollywood)	By arrangement	5.30 - 6.30pm	Ongoing	<b>Bennettswood</b>
Indian Vegetarian Cooking	Fri		Register your interest	<b>Burwood</b>
Indoor Bowls	Mondays	12.30pm - 3.30pm	ongoing	<b>Avenue</b>
Instrumental Music Session	1st Wed	7.30 - 9.30pm	1st Wed in month (not January)	<b>Bennettswood</b>

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Internet Access - <i>Free for Seniors</i>	Weekdays	by appointment	Ongoing	<b>Clota Cottage</b>
Internet Access - <i>Free for Seniors</i>	Weekdays	by appointment	Ongoing	<b>Burwood</b>
Introduction to card making	Saturday	1.00pm - 3.00pm	one session	<b>Clota Cottage</b>
Introduction to Smartdevices Workshop	Tue	12.30pm-3.00pm	2 sessions	<b>Vermont South</b>
Introduction to Word	Tues	10:00am - 12:00pm	Ring for time and dates?	<b>Burwood</b>
iPad / Tablet Basics - one-on-one tuition	Wed	Phone to book	Term	<b>Bennettswood</b>
iPad class	Wednesdays	10.30am - 12 noon	6 weeks	<b>Avenue</b>
iPad Skills (for people with a disability)	Tuesdays	Contact the House	9808 2000	<b>Avenue</b>
iPads and iPhones	Tuesday	10.30 am to 12.30 pm	4 weeks	<b>Mitcham</b>
iPod/ipad/ Android Training	Weekdays	Min 2hr sessions	Ring for appointment	<b>Burwood</b>
Italian (Ongoing)	Tuesdays	1.00pm - 3.00pm	10 weeks	<b>Avenue</b>
Italian Beginners	Tues	7:45pm - 9:15pm	on request	<b>Box Hill South</b>
Italian Beginners Plus	Wednesday	7.00 to 9.00 pm	8 weeks	<b>Mitcham</b>
Italian- Essentials for Travellers	Saturday	12.30 to 4.30 pm	2 weeks	<b>Mitcham</b>
Jigsaws Galore	Tuesdays	9.30am - 3.00pm	ongoing	<b>Avenue</b>
Job skills course	Friday	9.30 am to 2.30 pm	4 weeks	<b>Mitcham</b>
Kangatraining - Post Natal Exercise class	Mon	10:45am - 11:45am	Starts 15th July	<b>Box Hill South</b>
Keyboard & Piano for Adults	Fridays	7.00pm - 8.00pm	10 weeks	<b>Avenue</b>
Kids Chess	Thurs	5.30pm-7.30pm	Phone for Details	<b>Burwood</b>
Kids Face Painting Workshop	Tue/Wed/Thurs	10.00am-1.00pm	1 session	<b>Vermont South</b>
Knit and Chat			Ring for Details	<b>Burwood</b>
Knitted Knockers Australia			Ring for Details	<b>Burwood</b>
Knitted Knockers Australia - craft group	Mon	11.30am - 2.00pm	1st, 3rd & 5th Mon of Month	<b>Burwood</b>
Knitting - beginners	Thurs		Ring for time and dates?	<b>Burwood</b>
Knitting (Community Craft)	Tues	10.00am - 12pm	Term	<b>Bennettswood</b>
Knitting for Charity	Monday	1.00 to 3.00 pm	Weekly during the term	<b>Mitcham</b>
Knitting for the Needy (Community Craft)	Tues	10am - 12pm	Term	<b>Bennettswood</b>
Knitting Group - Social Group	Mon	1.00pm-3.00pm	Term	<b>Vermont South</b>
Korean Drumming	Sat	5pm - 8pm	On going	<b>Louise MCC</b>
Ladies Social Group	Mon	12.30pm 2.00pm	1st Monday of every Month	<b>Burwood</b>
Language - Chinese (Children)	Thu	4 - 6pm	Term	<b>Bennettswood</b>
Language Exchange Program	Mon - Sun	between 9am - 4pm	On going	<b>Louise MCC</b>
Laptops/Notebooks *Bookings required	Day or Night	Min 2hr session	Ring for Details	<b>Burwood</b>
Laughter Yoga	Tues	10.30-11.30am	On going	<b>Louise MCC</b>
learn Finnish	Wednesdays/ Sundays	7.30pm- 8.00pm/ 7.00pm- 9.00pm	Each Term	<b>Clota Cottage</b>
Learn on your own Laptop	Day & Even.	Individual sessions	Ongoing by appointment	<b>Burwood</b>
Learn to Knit and Crochet	Mon	1:00pm - 2:30pm	Starts 15th July	<b>Box Hill South</b>
Learn to Turn	Saturdays	1.00-3.00pm		<b>Koonung</b>
Let's Cook (Monday Lunch Cooking Group)	Mondays	10.30am - 1.00pm	8 weeks	<b>Avenue</b>
Let's Cook (Wednesday Lunch Cooking Group)	Wednesdays	10.30am - 1.00pm	9 weeks	<b>Avenue</b>
Life Skills Program	ys, Wednesdays, Thu	10.00am - 2.30pm	ongoing	<b>Avenue</b>

Whitehorse Community Houses  
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Line Dancing (Beginners & Intermediate)	Thursday Evenings	7.00pm - 9.00pm	ongoing	<b>Avenue</b>
Line-dancing Class	Tues	12.30pm - 2pm	On going	<b>Louise MCC</b>
Living with Cancer Support Group	1st Fri	11.00am - 1.00pm	Monthly	<b>Burwood</b>
Lone Parents Social Group	4th Wed in Month	10.00am -12.00pm	Ongoing	<b>Burwood</b>
Low Impact Exercise	Tues		Register your Interest	<b>Burwood</b>
Lunch - Community Lunch	Fri	12.30pm - 2.00pm	Term	<b>Bennettswood</b>
Lunch Club - Community Lunch	Fri	12.30pm - 2.00pm	Term	<b>Bennettswood</b>
Mahjong	Thurs	1.00 - 3.30pm	Ongoing	<b>Koonung</b>
Mahjong			Register your Interest	<b>Burwood</b>
Mah-jong	Wed	1 - 3.30pm	Ongoing	<b>Bennettswood</b>
Mahjong - Western Style	Tuesdays	12.30pm -3.30pm	10 weeks	<b>Avenue</b>
Make the right impression workshop	Wednesdays	9.30am - 2.30pm	one session	<b>Clota Cottage</b>
Make your own Kokedama	Sat, 15th June	12pm-2pm	half-day workshop	<b>Kerrimuir</b>
Managing your Photos on your smart phone, tablet & camera	Wednesdays	10.30am - 12noon	5 weeks	<b>Avenue</b>
Mandarin Beginners class For Locals	Mon	10.30am - 12.30pm	Ongoing	<b>Louise MCC</b>
Mandarin class - Advanced	Wed	12.30pm - 2.30pm	On going	<b>Louise MCC</b>
Mandarin class - Intermediate	Tues	12.30pm - 2.30pm	On going	<b>Louise MCC</b>
Mandarin Conversation Group	Mon & Thurs	10-11am, 12-1pm	On going	<b>Louise MCC</b>
Master your smart phone, iPad and Android tablet	Wednesdays	10.30am - 12 noon	6 weeks	<b>Avenue</b>
Meditation	Mon	1.00pm - 2.30pm	Ongoing	<b>Box Hill South</b>
Meditation	Saturday	9.30-11.00am	10 Aug, 14 Sept	<b>Koonung</b>
Meditation	Mon	10:15am-11:15am	15 July - 16 Sept	<b>Burwood</b>
Meditation	Tues	7.30pm - 8.30pm	15 July - 16 Sept	<b>Burwood</b>
Meditation	Tuesday	12.15 to 1.15 pm	10 weeks	<b>Mitcham</b>
Meditation - A Way of Peace	Thursdays	6.30pm - 7.30pm	9808 2000	<b>Avenue</b>
Meditation - Don't Worry be Happy	Fridays	12.45pm - 1.45 pm	10 weeks	<b>Avenue</b>
Meditation and Relaxation	Monday	8.15 to 9.15 pm	8 weeks	<b>Mitcham</b>
Meditation Mini-retreat	Saturday	1.00 to 3.00 pm	1 session	<b>Mitcham</b>
Meditative Dance	Wed	7:30pm - 8:30pm	Starts 24th July	<b>Box Hill South</b>
Mediterranean Cooking	expressions of Interest	Contact the House	9808 2000	<b>Avenue</b>
Meeting rooms	Wed	<a href="mailto:info@bennettswoodnh.org.au">info@bennettswoodnh.org.au</a>	Term	<b>Bennettswood</b>
Men's Social Group (card games, chess etc)	Thurs		Register your Interest	<b>Burwood</b>
Merry Melodies (Sing-A-Long)	Thursdays	10.30am - 11.30am	fortnightly	<b>Avenue</b>
Metoring and leadership program	Mon - Fri	10am - 12noon	On going	<b>Louise MCC</b>
Mindfulness Meditation	Tues	12.45-1.45pm	Ongoing	<b>Koonung</b>
Mini Maestros	Thurs	Mornings	Term	<b>Vermont South</b>
Mixed Social Group	Thurs	12.30pm - 1.30pm	Register your Interest	<b>Burwood</b>
Mobile Computing - IOS & Android devices	Wed	Phone to book	Term	<b>Bennettswood</b>
Mobile Phone Basics	Wed	Phone to book	Term	<b>Bennettswood</b>
Mosaics	TBA	TBA	ongoing	<b>Avenue</b>
Mosaics-Self Directed Group	Fri	9.00am-2.00pm	10 weeks	<b>Vermont South</b>



Whitehorse Community Houses  
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Mother's Group	Mon-Fri	2 Hour sessions	Ongoing	Burwood
Mothers' Groups	By arrangement	<a href="mailto:info@bennettswoodnh.org.au">info@bennettswoodnh.org.au</a>	Term	Bennettswood
Movie Club	Mon	12.00am-2.30pm	24 July - 28 August	Burwood
Moving on by Kara House	Thursday	10.00am - 12.00pm	18 July- 22 August	Clota Cottage
Multicultural Friendship Group	Mon - Fri	10am - 12noon	On going	Louise MCC
Music - BAMS (Bennettswood Acoustic Music Session)	1st Wed	7.30 - 9.30pm	1st Wed in month (not January)	Bennettswood
Music - Harp lessons	By arrangement	<a href="mailto:info@bennettswoodnh.org.au">info@bennettswoodnh.org.au</a>	Term	Bennettswood
Music - Singing & Ukulele	Mon	11.30am - 12.45pm	Term	Bennettswood
Music- Ukulele	Tues	<a href="#">7 - 8pm</a>	Term	Bennettswood
MYOB Intro	Wed	7.00pm - 9.00pm	Ring for Details	Burwood
MYOB Payroll	Thurs	6.30pm-9.00pm	8 weeks	Vermont South
Naked Retiree	Saturday	1.00pm - 2.30pm	one session	Clota Cottage
NDIS and NDIA Suitable Programs - Various	Monday to Friday	Contact the House	9808 2000	Avenue
Needle felting	Thurs	12:30pm - 3:30pm	1st Aug x 3 wks	Box Hill South
Neighbourhood Watch	Thurs	Every 3 to 6 Months	Ring for Details	Burwood
Occasional Child Care	Mon, Tues, Wed	9.30am - 2.30pm	ongoing	Clota Cottage
Occasional Child Care	Wednesday and Friday	9.30 am to 2.30 pm	During school terms	Mitcham
Occasional Child Care	Thursday	9.30 to 12.30	During school terms	Mitcham
Office Administration-Short Course	Tue	1.00pm-3.30pm	8 weeks	Vermont South
Office Skills Course	Wednesdays	9.30am -12.30pm	Term 3	Clota Cottage
One-on Tuiton			Ring for Details	Burwood
Painting - Drawing & Watercolour Painting	Wed	<a href="#">1.30 - 3.30pm</a>	Term	Bennettswood
Painting - Oil/Acrylic	Tues	2.00-4.00pm	Ongoing	Koonung
Parent & Child Groups	By arrangement	<a href="mailto:info@bennettswoodnh.org.au">info@bennettswoodnh.org.au</a>	Term	Bennettswood
Park Rambles	Monday	10 am to 12.00 pm	Weekly during the term	Mitcham
Party Hire (rooms)	By arrangement	<a href="mailto:info@bennettswoodnh.org.au">info@bennettswoodnh.org.au</a>	Ongoing	Bennettswood
Party Hire / Room or House Hire	Sat, Sun, Wed-evenings		Booking Essential	Burwood
Patchwork	1st Wed	1.00 - 3.00pm	monthly	Koonung
Patchwork & Applique	Wed	9.30am-12.00pm	10 weeks	Vermont South
Patchwork Self-Help Group	Monday	10 am to 12 noon	Weekly during the term	Mitcham
Pet Selection and the First Weeks at Home	Saturday	10.00 am to 2.30 pm	Single workshop	Mitcham
Photos - managing on your smart phone, tablet or c	Wednesdays	10.30am - 12noon	5 weeks	Avenue
Piano & Keyboard for Adults	Fridays	7.00pm - 8.00pm	10 weeks	Avenue
Piano and Keyboard for Adults	Mon	10:30am - 11:30am	15th July	Box Hill South
Pilates	Tues	6:15pm - 7:30pm	16/8 x 10 wks	Box Hill South
Pilates	Sat	9:00am - 10:00am	20/7 x 9 wks	Box Hill South
Pilates	Monday	6.30 to 7.30 pm	10 weeks	Mitcham
Pilates	Thursday	6.15 to 7.15 pm	10 weeks	Mitcham
Pilates - All Levels (Mat)	Mon	6:30pm-7:30pm	Phone for Details	Burwood
Pilates (Evening Class)	Wednesdays	6.45pm - 7.45pm	10 weeks	Avenue
Playgroup	Mon - Fri	2 Hour sessions	Ring for Details	Burwood

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Playgroup - Grandparents	Wednesday	10.00-12.00am	school term	<b>Koonung</b>
Playgroup - Open	Mon & Wed	10.00am - 12.00pm	Booking Essential	<b>Burwood</b>
Playgroup - parent run	By arrangement	<a href="mailto:info@bennettswoodnh.org.au">info@bennettswoodnh.org.au</a>	Term	<b>Bennettswood</b>
Playgroup Facilitated	Mon.Tues and Wed	9.30 am to 11.30 am	Weekly during the term	<b>Mitcham</b>
Playgroup- non-Facilitated	Monday	9.30 am to 11.30 am	Weekly during the term	<b>Mitcham</b>
Playgroups- Private rental	Monday to Fiday	Varies according to day	Weekly during the term	<b>Mitcham</b>
Playgroups-Chinese Playgroup	Thurs	10.00am-12.00pm	Term	<b>Vermont South</b>
Playgroups-Japanese Learning Program for Pre-Schoolers	Tue	10.00am-1.00pm	Term	<b>Vermont South</b>
Playgroups-St Andrews Greek Playgroup	Thurs	9.30am-11.30am	Term	<b>Vermont South</b>
Poets Corner	Thursdays	11.30am - 1.30pm	8 weeks	<b>Avenue</b>
Pot-Luck Friday	Friday	11.30am - 1.00pm	16 August/ 20 September	<b>Clota Cottage</b>
Powerpoint & Publisher	Fri	1.00pm-3.30pm	8 weeks	<b>Vermont South</b>
Preschooler Party Room Hire	Weekends	12.30 to 4.30 pm	Bookings required	<b>Mitcham</b>
Programming for Young Makers	Saturdays	Contact the House	9808 2000	<b>Avenue</b>
Propagating at Home	Saturday	12.30 to 4.30 pm	Single workshop	<b>Mitcham</b>
Public Internet Acess	Mon - Fri	10.00 am - 3.00 pm	Booking Essential	<b>Burwood</b>
Qi Gong - Wild Goose (Part 1)	Monday	11.45 am to 12.45 pm	10 weeks	<b>Mitcham</b>
Qi Gong- Short Forms	Monday	2.15 to 3.15 pm	10 weeks	<b>Mitcham</b>
Quick Books - Computer Accounting Package			Booking Essential	<b>Burwood</b>
Reflexology workshops	Tues	1.00pm - 2.30pm	Booking Essential	<b>Burwood</b>
Refresh - Youth Learning	Monday to Thursday	9.30am - 2.30pm	ongoing	<b>Avenue</b>
Refresh your computer skills	Tues, Wednes, Fri	17 Sep/17 July-18 Sep/19 July	Term 3	<b>Clota Cottage</b>
Relaxation and Meditation	Monday	8.15 to 9.15 pm	10 weeks	<b>Mitcham</b>
ReNew - Youth Re-engagement program	ays, Wednesdays, Fri	9.30am -12.30pm	ongoing	<b>Mitcham</b>
Ribbon Embroidery Workshop	Wed	11:30am-1:00pm	?	<b>Burwood</b>
Room and Venue Hire	by appointment	by appointment	by appointment	<b>Kerrimuir</b>
Room hire	By arrangement	<a href="mailto:info@bennettswoodnh.org.au">info@bennettswoodnh.org.au</a>	Ongoing	<b>Bennettswood</b>
Room Hire - Adults / Children's Parties	Evenings/Weekends		All year	<b>Clota Cottage</b>
Scarf/Shawl/Wrap Making - Felting	Sat	9.30am - 4.30pm	17-Aug	<b>Bennettswood</b>
Scrabble	Fridays	12.30pm - 3.30pm	10 weeks	<b>Avenue</b>
Scrabble Social	Wed	10.00am - 1.00pm	17 July - 18 Sept	<b>Burwood</b>
Seated Zumba	Fri	10.45am-11.45am	Phone for Details	<b>Burwood</b>
Seniors Internet Kiosk-	Mon - Fri	10.00am - 3pm	Booking Essential	<b>Burwood</b>
Sewing - Teddy Bear Making (3 sessions)	By arrangement	<a href="mailto:info@bennettswoodnh.org.au">info@bennettswoodnh.org.au</a>	Monday	<b>Bennettswood</b>
Sewing & Dressmaking	Tues	1 - 4pm	Term	<b>Bennettswood</b>
Singing Group	Mon	11.30am - 12.45pm	Term	<b>Bennettswood</b>
Sketching for Children (8-12 year olds)	Thurs	4.00pm-5.30pm	10 weeks	<b>Vermont South</b>
Sketching With Realism	Fridays	9.30am - 12.00 noon	10 weeks	<b>Warrawong</b>
Small Steps Recovery Rehab Program	Mon - Fri		Register your Interest	<b>Burwood</b>
Smartphone Tips and Tricks	Thurs		Ring for dates and time?	<b>Burwood</b>
Soap Making Cold Process	Saturday	12.30 to 3.30 pm	Single workshop	<b>Mitcham</b>

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Social Afternoon- travel talks or games	Monday	1.30 to 3.00 pm	Fortnightly	<b>Mitcham</b>
Social Group / Daytrips	Tuesday	All day	1 per term	<b>Clota Cottage</b>
Social Group / Movie & Lunch	Wednesday	12.00noon	May 22, June 26	<b>Clota Cottage</b>
Social Group / Tai Chi	Thurs	10.30-11.30am	Each term	<b>Clota Cottage</b>
Social Group for Chinese Speakers	Fridays	9.30am - 11.30am	Each Term	<b>Clota Cottage</b>
Social Group/ Card Games	Mon	1.00pm - 3.00pm	Each term	<b>Clota Cottage</b>
Social Sewing	Tuesdays	1.00-3.00pm	Ongoing	<b>Koonung</b>
Social Walking	Wed	10.30am - 11.30am	17 July - 18 Sept	<b>Burwood</b>
Solar Panels & Battery Storage for your Home	Tue	1.00pm-3.00pm	1 session	<b>Vermont South</b>
Spanish	Thurs	11:45am - 1:15pm	on request	<b>Box Hill South</b>
Spinning	Thurs	10.00am-12noon	Ongoing	<b>Koonung</b>
Stekching and drawing	Thurs	12.30pm - 2.30pm	from 1 August	<b>Louise MCC</b>
Street Library - books for borrowing	anytime	anytime	Ongoing	<b>Koonung</b>
Strengthening and Conditioning exercise class	Friday	10.00am - 11.00am	Each Term	<b>Clota Cottage</b>
Strength - Senior Adults	Wed	09.15am-09.55am	TERM 2	<b>Kerrimuir</b>
Strength - Young & Young at Heart	Wed	10.05am-10.45am	TERM 2	<b>Kerrimuir</b>
Strength Training	Mon	9.00am - 10.00am	Term	<b>Bennettswood</b>
Strength Training	Tue	4.30 - 5.30pm	Term	<b>Bennettswood</b>
Strength Training	Monday	9.00 to 10.15 am	10 weeks	<b>Mitcham</b>
Strength Training	Monday	5.15 to 6.30 pm	9 weeks	<b>Mitcham</b>
Strength Training	Tuesday	10.15 to 11.30 am	10 weeks	<b>Mitcham</b>
Strength Training	Wednesday	12.45 to 2.00 pm	10 weeks	<b>Mitcham</b>
Strength Training	Friday	9.30 to 10.45 am	10 weeks	<b>Mitcham</b>
Strength Training	Friday	11 am to 12.15 pm	10 weeks	<b>Mitcham</b>
Strength Training	Mon	1.00pm-2.00pm	10 weeks	<b>Vermont South</b>
Strength Training	Mon	2.00pm-3.00pm	10 weeks	<b>Vermont South</b>
Strength Training	Wed	12.00pm-1.00pm	10 weeks	<b>Vermont South</b>
Strength Training	Wed	1.00pm-2.00pm	10 weeks	<b>Vermont South</b>
Strength Training	Mon	10.15 - 11.10am	Ongoing	<b>Koonung</b>
Strength Training	Mon	9.15 - 10.10am	Ongoing	<b>Koonung</b>
Strength Training	Wed	10.15 - 11.10am	Ongoing	<b>Koonung</b>
Strength Training	Wed	9.15 - 10.10am	Ongoing	<b>Koonung</b>
Strength Training	Fri	10.15 - 11.10am	Ongoing	<b>Koonung</b>
Strength Training	Fri	9.15 - 10.10am	Ongoing	<b>Koonung</b>
Strength Training	Thurs	10.00am - 11.00am	18 July-19 Sept	<b>Burwood</b>
Strength Training	Tues		Register your interest	<b>Burwood</b>
Stretch class	Tues	6:15 - 7:15pm	Term	<b>Bennettswood</b>
Strong People Stay Young	Fridays	9.15am -10.15am	10 weeks	<b>Avenue</b>
Strong People Stay Young	Fridays	10.30am - 11.30am	10 weeks	<b>Avenue</b>
Strong People Stay Young	Mondays	3.00pm - 4.00pm	8 weeks	<b>Avenue</b>
Structured Playgroup	Fri	10:00am-12:00pm	19 July -20 Sept	<b>Burwood</b>

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Support Group - LEAP	1st Fri in month	11.00am - 1.00pm	Ongoing	Burwood
Support Group - Women starting again			Ring for Details	Burwood
Swap, Shuffle & Share (gardening)	1st Sat in month	10:00am	Ongoing	Burwood
Tabata			Register your Interest	Burwood
Tablet Tips and Tricks	Thurs		Ring for dates and times?	Burwood
Tai Chi	Mondays	1.00pm - 2.00pm	10 weeks	Avenue
Tai Chi	Thurs	11.30am - 12.30pm	18 July-19 Sept	Burwood
Tai Chi - Yang-style	Expression of interest	Phone for information	Term	Bennettswood
Tai Chi Advanced	Monday	1.00 to 2.00 pm	10 weeks	Mitcham
Tai Chi for Arthritis	Wed	9.30am - 10.30am	Term	Bennettswood
Tai Chi for Arthritis (chair based)	Thurs		Register your Interest	Burwood
Tai Chi with Howard	Fridays	6.00pm - 7.00pm	10 weeks	Avenue
Tai Chi -Yang style	Fri	11.30 am-12.30 pm	19/7 x 10 wks	Box Hill South
Tai Chi -Yang style - beginners	Fri	12:45 - 1:45pm	19/7 x 7 wks	Box Hill South
Taking good photos with your smartphone	Wed	10.00am-12.00pm	4 & 11 September	Burwood
Tao Source Healing	Wed	7.00pm - 9.00pm	Booking Essential	Burwood
Tech Help - (ipad, tablet, smartphone)	Thurs	12.30pm - 2.30pm	On going	Louise MCC
Technology Training (One-on-one)	Wed	Phone to book	Term	Bennettswood
Teddy Bear Making (3 sessions)	By arrangement	info@bennettswoodnh.org.au	Monday	Bennettswood
Teen Art-Create your Story (13 Years +)	Wed	4.00pm-6.00pm	10 weeks	Vermont South
Time Out For Dinner	Monday	6.30 to 8.30 pm	Once per term	Mitcham
Toastmasters Group	Thurs	7.30pm - 9.30pm	1st & 3rd Thursday of Month	Burwood
Toy Library	Mon	9.30am-11.30am	Term	Vermont South
Toy Library	Sat	9.30am-11.30am	Term	Vermont South
Travel Talks	Tuesdays	1.30 to 3.00 pm	Monthly	Mitcham
Uke 'n' Groove Self-Directed Group	Wednesday	7.00 to 8.30 pm	8 weeks	Mitcham
Ukrainian Playgroup	Tues	10.30am -12.30pm	Ongoing	Box Hill South
Ukulele	Tues	7 - 8pm	Term	Bennettswood
Ukulele & Singing	Mon	11.30am - 12.45pm	Term	Bennettswood
Ukulele (Beginners)	Wed	11.30am - 12.30pm	Term	Bennettswood
Ukulele (Beginners)	Thursdays	2.45pm - 3.45pm	8 weeks	Avenue
Ukulele (Continuing)	Thursdays	1.30pm - 2.30pm	8 weeks	Avenue
Ukulele for Beginners	Wednesday	6.00 to 7.00 pm	8 weeks	Mitcham
Umbrella Dementia Café	Fri	12 - 2pm	20-Sep	Bennettswood
Umbrella Dementia Café	Wed	12:30pm - 2:30pm	Monthly (3rd Wed)	Box Hill South
Umbrella Dementia Café	Wednesdays	1.00-3.00pm	Third of month	Koonung
Urban Harvest	Sat	11:00am - 1:00pm	Monthly (3rd Saturday)	Box Hill South
Vegetarian Cooking Workshop			Register your interest	Burwood
Venue Hire	By arrangement	info@bennettswoodnh.org.au	Ongoing	Bennettswood
Vocational Journeys	Fridays	9.30 am to 2.30 pm	4 weeks	Mitcham
Vocational Workplace Training	Thurs	12 - 3pm	On going	Louise MCC

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Walk and Talk	Wed	2:00pm - 3:00pm	Ongoing	Box Hill South
Walk 'n' Talk	Wednesday	9.30 to 10.30 am	Weekly during the term	Mitcham
Walk, Talk & Cuppa	Mon	AM	Check website	Kerrimuir
Walking Group	Wed	9am - 9.30am	TBA	Louise MCC
Walking group	Thursdays	9.30-10.30am	Ongoing	Koonung
Watercolour Art Show	Sat/Sun	10am - 4pm	24th & 25th August	Box Hill South
Watercolour Painting	Wed	1.30 - 3.30pm	Term	Bennettswood
Watercolour Painting	Mon	10:00am - 12:00pm	15/7 x 9 wks	Box Hill South
Watercolour Painting	Mon	7:30 pm - 9:30 pm	15/7 x 9 wks	Box Hill South
Watercolour Painting	Tues	7.30pm - 9.30pm	16/7 x 9 wks	Box Hill South
Watercolour Painting	Fri	12.30 - 2.30pm	Ongoing	Koonung
Weaving	Sat, 29th June	12pm-3pm	half-day workshop	Kerrimuir
Website Training (WordPress)	By arrangement	<a href="mailto:info@bennettswoodnh.org.au">info@bennettswoodnh.org.au</a>	Term	Bennettswood
Welcome Dinner Project	Last Fri of the Month	7.00pm-9.00pm	Booking Essential	Burwood
What google can do for you	Fri	10.00am-12.00pm	16-Aug	Burwood
Whitehorse School of Physical Culture	Mon	5.00pm-5.45pm	Term	Vermont South
Windows 10-Files & Folders Workshop	Thurs	9.30am-3.30pm	1 sessions	Vermont South
Wiser Driver Course - Free	Monday	1.00 to 3.00 pm	4 weeks	Mitcham
Women group/ love and connection	Saturday	12.30pm - 4.00pm	one session	Clota Cottage
Women Group/ Positivity	Saturday	12.30pm - 4.00pm	one session	Clota Cottage
Women Group/ Strength	Saturday	12.30pm - 4.00pm	one session	Clota Cottage
Womens' Support Group	Wednesday and Thursda	Contact the office	Weekly during the term	Mitcham
Woodturning	Sat	9.00 - 1.00pm	4th monthly	Koonung
Woodturning - beginners	Thurs	1.00 - 3.00pm	Ongoing	Koonung
Woodturning - experienced	Wed	1.00 - 3.00pm	Ongoing	Koonung
Woodwork and carpentry workshop	Wed	12.30pm - 2.30pm	from August	uise Peace Gard
WordPress (website development)	By arrangement	<a href="mailto:info@bennettswoodnh.org.au">info@bennettswoodnh.org.au</a>	Term	Bennettswood
Work Experience Program	Mon - Fri	10am - 3pm	On going	Louise MCC
Workshop - Digital Cameras/Photos	Thurs		Register your Interest	Burwood
Workshop - Mosaics		10.30am - 12.30pm	Register your Interest	Burwood
Writers Group	Sun	2:00pm - 4:30pm	Monthly (3rd Sunday)	Box Hill South
XERO for Beginners	Tue	9.30am-12.00pm	8 weeks	Vermont South
Yoga	Wed	6:15pm - 7:15pm	7/8 x 7 wks	Box Hill South
Yoga	Mon	7.00 - 8.00pm	Ongoing	Koonung
Yoga	Mon	7:20pm - 8:20pm	5/8 x 8 wks	Box Hill South
Yoga	Mon	9.30 - 10.30am	Ongoing	Koonung
Yoga	Mon	9.05am - 10.05am	15 July - 16 Sept	Burwood
Yoga - Day class	Thurs	10:30am - 11:30am	8/8 x 8 wks	Box Hill South
Yoga - Gentle Yoga	Mon	6:15pm - 7:15pm	5/8 x8 wks	Box Hill South
Yoga and Relaxation	Mon	6.30pm-7.45pm	10 weeks	Vermont South
Yoga and Relaxation	Mon	8.00pm-9.15pm	10 weeks	Vermont South

Whitehorse Community Houses  
Courses and Activities Term 3, 2019

Yoga and Relaxation	Wed	8.00pm-9.15pm	10 weeks	Vermont South
Yoga and Relaxation	Wed	5.30pm-6.45pm	10 weeks	Vermont South
Yoga for Children	Tuesdays or Fridays	4.15pm - 5.30pm	10 weeks	Avenue
Yoga Friday Morning	Fridays	9.30am - 10.30am	10 weeks	Avenue
Yoga Friday Morning	Fridays	11.00am - 12.00 noon	10 weeks	Avenue
Yoga Hatha	Monday	7.00 to 8.00 pm	Details Semester Two 2019.xls]Sheet1	Mitcham
Yoga Hatha	Tuesday	9.00 to 10.00 am	10 weeks	Mitcham
Yoga Hatha	Tuesday	7.00 to 8.00 pm	10 weeks	Mitcham
Yoga Hatha	Tuesday	8.15 to 9.15 pm	10 weeks	Mitcham
Yoga Hatha	Wednesday	5.50 to 6.50 pm	10 weeks	Mitcham
Yoga Hatha	Wednesday	7.00 to 8.00 pm	10 weeks	Mitcham
Yoga Hatha	Wednesday	8.15 to 9.15 pm	10 weeks	Mitcham
Yoga Hatha	Thursday	1.00 to 2.00 pm	10 weeks	Mitcham
Yoga Hatha	Thursday	2.10 to 3.10 pm	10 weeks	Mitcham
Yoga in a chair	Monday	10.30 am to 11.30 am	10 weeks	Mitcham
Yoga in a chair	Wednesday	2.10 to 3.10 pm	10 weeks	Mitcham
Yoga Saturday Morning	Saturdays	9.30am - 10.30am	10 weeks	Avenue
Yoga Tuesday Evening	Tuesdays	6.45pm - 7.45pm	10 weeks	Avenue
Youth Program (17-24 year olds)-Art as Therapy	Wed	12.30pm-2.30pm	10 weeks	Vermont South
Youth Program (17-24 year olds)-Hospitality Basics	Tue	9.30am-12.30pm	7 weeks	Vermont South
Youth Program (17-24 year olds)-Office Administration	Wed	9.30am-11.30am	10 weeks	Vermont South
Zumba	Thursdays	6.30pm - 7.30pm	10 weeks	Avenue
Zumba for Over 40s	Fri	9:30am - 10:30am	19 July -20 Sept	Burwood
Zumba Gold	Saturday	9.00 to 10.00 am	10 weeks	Mitcham
Zumba Gold	Mon	9.30-10.30am	Ongoing	Koonung