



## Health and Wellbeing Grant Fact Sheet

**Funding Amount:** Up to \$3000

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### Who can apply?

The Health and Wellbeing Grant is open to the following applicants:

- Not-for-profit and incorporated organisations, clubs and groups.
- An auspice of an appropriate organisation including a not-for-profit and incorporated organisation.
- An organisation delivering a service that is the responsibility of State or Federal Government whereby the initiative is outside of their core business.

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### What is the Health and Wellbeing Grant?

The Health and Wellbeing Grant focuses on initiatives that aim to improve mental wellbeing, physical activity, social connection and social inclusion (including digital inclusion), in line with the priorities of the Whitehorse Health and Wellbeing Plan 2021-2025. For more information, please view the [Health and Wellbeing Plan](#).

The funding can support a variety of programs, initiatives and experiences that improve the overall health of the community and enhance their quality of their life. Collaborative initiatives are encouraged.

Health and Wellbeing means different things to each of us. It may involve being able to go cycling or walking in our neighbourhood, or it could be having supportive and nurturing relationships. When there are challenges in life, such as those experienced during the COVID-19 pandemic, it could mean our own or collective resilience in the face of difficulties.

The Whitehorse Health and Wellbeing Plan 2021-2025 recognises that our health and wellbeing is influenced by the interaction of our individual characteristics, lifestyle and the physical, social and economic environment in which we live.

Council and the community together can influence these various factors for the health and wellbeing of everyone in Whitehorse, while at the same time helping individuals and families to access healthy lifestyles of their choice.

- Examples:** This grant will support initiatives and projects that demonstrate health and wellbeing benefits. These include but are not limited to:
- Active participation programs.
  - Mental wellbeing promotion initiatives.
  - Inclusive participation programs e.g. Culturally and Linguistically Diverse Community Sporting programs.
  - Recreation come and try days.
  - Nature-based programs.
  - Supporting volunteering and participation in community life.
  - Supporting vulnerable groups to access health enhancing information, programs, services and activities e.g. Walking football/ basketball.

**Please note: All equipment must be applied for under the Small Equipment Grant**

**Assessment Criteria:**

Applications must address the following criteria:

Criteria	Weighting
<p><b>Alignment to one or more strategic directions outlined in the Whitehorse Council Plan or the 2040 Community Vision</b></p> <ul style="list-style-type: none"> <li>▪ Application clearly articulates how their proposed project is aligned to the Council Plan strategic directions.</li> </ul>	30%
<p><b>Clear project plan and budget.</b></p> <ul style="list-style-type: none"> <li>▪ Application clearly outlines the project plan and timeline.</li> <li>▪ Application clearly demonstrates how the requested funding from Council will be allocated.</li> <li>▪ Application demonstrates in-kind and financial support from other sources.</li> </ul>	25%
<p><b>Evidence of community need or emerging priority.</b></p> <ul style="list-style-type: none"> <li>▪ Application is supported by provision of data, case studies, local knowledge etc., which demonstrates the community need for the proposed project/activity.</li> </ul>	20%
<p><b>Project is clearly short term/one-off or sustainable into the future.</b></p> <ul style="list-style-type: none"> <li>▪ Application demonstrates that the success of the project/activity/purchase will not rely on ongoing funding from Council.</li> </ul>	15%
<p><b>Experience/capacity to deliver.</b></p> <ul style="list-style-type: none"> <li>▪ Application demonstrates that the organisation has relevant experience and genuine capacity to deliver the project/activity.</li> </ul>	10%

Applications which can demonstrate partnerships and collaboration, benefits towards addressing climate change, as well as an equity approach, are strongly encouraged. Council supports applications that demonstrate consideration of **gender equality and environmental sustainability**. All applicants are encouraged to:

- Increase community awareness and understanding of environmental sustainability
- Help ensure our natural environment is healthy and sustainable for future generations
- Build community capacity to live sustainably through efficient use of water and energy, including use of renewable energy, resource recovery and/or reuse of materials, and increasing biodiversity
- Reduce waste litter, and eliminate the use of single-use plastics.

For more information visit:

[www.vic.gov.au/single-use-plastics](http://www.vic.gov.au/single-use-plastics)

For further enquiries regarding this grant, contact Council's Community Development Officer – Health and Wellbeing: [Bronwyn.Upston@Whitehorse.vic.gov.au](mailto:Bronwyn.Upston@Whitehorse.vic.gov.au)